



Vista Winds

Retirement Community

28783 N Vistancia Blvd • Peoria, AZ 85383 • Phone: (623) 253-6690

Staff Directory

| | |
|---------------|------------------------|
| Jae | Executive Director |
| Aggie | Compliance Manager |
| Mirek | Maintenance Director |
| Tina | MC Activities Director |
| Hailey | AL Activities Director |
| Julia | Marketing Director |
| Evelyn | Chef |
| Heather | Nurse |

Dining Room Hours

| | |
|-----------------|----------------|
| Breakfast | 7:30AM-9:30AM |
| Lunch | 11:30AM-2:30PM |
| Dinner | 4:00PM-6:30PM |

June Birthdays!

| | |
|---------------|-------|
| Mike A. | 06/05 |
| Jack T. | 06/07 |
| Adele C. | 06/08 |
| Ann W. | 06/10 |
| Pat L. | 06/28 |
| John A. | 06/28 |

HAPPY
FATHER'S
DAY

June 2025



Memorable Melody: 'Catch a Wave'

"Don't be afraid to try the greatest sport around," urge The Beach Boys in their 1963 ode to surfing, "Catch a Wave," written by bandmates Mike Love and Brian Wilson. The tune debuted on the 1963 album "Surfer Girl." The song didn't chart for The Beach Boys, but a re-written version—"Sidewalk Surfing"—hit No. 25 for Jan and Dean.

A Day for Dads

Father's Day is celebrated on the third Sunday in June. It is a time to honor fathers, celebrate fatherhood and appreciate the influence of fathers in society. Let all the fathers in your life know how special they are on this day just for them.

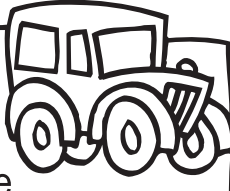
National Yo-Yo Day

This contraption goes around the world without ever leaving your hand—the yo-yo! June 6 is National Yo-Yo Day, in honor of the birthday of entrepreneur and yo-yo enthusiast Donald Duncan.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--|---|---|
| <div>1</div> <div>9:30 T Sunday Devotion</div> <div>10:00 AR Mexican Train</div> <div>2:00 AR Scrabble</div> <div>3:00 AR Kings in the Corner</div> <div>6:00 T Movie</div> | <div>2</div> <div>9:00 T Monday Morning Matinee</div> <div>9:30 AR Morning Yoga</div> <div>10:30 AR Monday Manicures</div> <div>1:00 AR Dime Bingo</div> <div>2:30 AR Physical Therapy Class with Kellan!</div> <div>3:00 AR Mexican Train</div> <div>6:00 T Movie</div> | <div>3</div> <div>9:00 AR Coffee and Paint</div> <div>10:30 AR Bingo</div> <div>11:30 LY Twisted Italian Lunch Outing</div> <div>1:00 L Book Nook Tuesdays</div> <div>2:00 AR Smart Phone Help with Hailey</div> <div>3:00 AR Dollar Horse Racing!</div> <div>6:00 T Movie</div> | <div>4</div> <div>9:00 AR Gardening Club</div> <div>10:30 SL Balloon Volleyball</div> <div>1:00 AR Kings in the Corner</div> <div>2:30 AR Mexican Train</div> <div>3:30 2A Puzzles in the Puzzle Room</div> <div>6:00 T Movie</div> | <div>5</div> <div>Happy Birthday Mike!</div> <div>9:00 AR TheraBand Therapy</div> <div>10:00 T Catholic Mass</div> <div>10:30 AR Bingo</div> <div>1:00 AR Fry's Shopping Outing (sign up)</div> <div>2:00 CY Courtyard Conversations</div> <div>3:00 AR Bridge</div> <div>6:00 T Movie</div> | <div>6</div> <div>9:00 AR Donuts and Coffee</div> <div>10:30 T Jeopardy!</div> <div>1:00 AR Happy Hour</div> <div>2:30 AR Activity Calendar Meeting with Hailey</div> <div>3:30 S2 Billiards Club - Resident Led</div> <div>6:00 T Movie</div> | <div>7</div> <div>Happy Birthday Jack!</div> <div>9:00 AR Saturday Morning Coffee and Catch Up</div> <div>9:30 AR Uno</div> <div>2:00 AR Kings in the Corner</div> <div>6:00 T Movie</div> |
| <div>8</div> <div>Happy Birthday Adele!</div> <div>9:30 T Sunday Devotion</div> <div>10:00 AR Mexican Train</div> <div>2:00 AR Scrabble</div> <div>3:00 AR Kings in the Corner</div> <div>6:00 T Movie</div> | <div>9</div> <div>9:00 T Monday Morning Matinee</div> <div>9:30 AR Morning Yoga</div> <div>10:30 AR Monday Manicures</div> <div>1:00 AR Dime Bingo</div> <div>2:00 AR Beaded Jewelry Making</div> <div>3:00 AR Mexican Train</div> <div>6:00 T Movie</div> | <div>10</div> <div>Happy Birthday Ann!</div> <div>9:00 AR Coffee and Paint</div> <div>10:30 AR Bingo</div> <div>11:30 LY Rio Mirage Lunch Outing</div> <div>1:00 L Book Nook Tuesdays</div> <div>2:00 AR Smart Phone Help with Hailey</div> <div>3:00 AR Dollar Horse Racing!</div> <div>6:00 T Movie</div> | <div>11</div> <div>9:00 AR Gardening Club</div> <div>10:30 SL Balloon Volleyball</div> <div>1:00 S2 Kings in the Corner</div> <div>2:30 AR Ladies' Monthly Tea</div> <div>3:30 2A Puzzles in the Puzzle Room</div> <div>6:00 T Movie</div> | <div>12</div> <div>9:00 AR TheraBand Therapy</div> <div>10:00 DR Chef Chat with Evelyn</div> <div>1:00 AR Walmart Shopping Outing (sign up)</div> <div>2:00 CY Courtyard Conversations</div> <div>3:00 AR Bingo</div> <div>6:00 T Movie</div> | <div>13</div> <div>9:00 AR Donuts and Coffee</div> <div>9:30 T Catholic Communion Service</div> <div>10:30 AR Jeopardy!</div> <div>2:00 AR Happy Hour</div> <div>3:30 S2 Billiards Club - Resident Led</div> <div>6:00 T Movie</div> | <div>14</div> <div>9:00 AR Saturday Morning Coffee and Catch Up</div> <div>9:30 AR Uno</div> <div>2:00 AR Kings in the Corner</div> <div>6:00 T Movie</div> |
| <div>15</div> <div>Happy Father's Day!</div> <div>9:30 T Sunday Devotion</div> <div>10:00 AR Mexican Train</div> <div>2:00 AR Scrabble</div> <div>3:00 AR Kings in the Corner</div> <div>6:00 T Movie</div> | <div>16</div> <div>9:00 T Monday Morning Matinee</div> <div>9:30 AR Morning Yoga</div> <div>10:30 AR Monday Manicures</div> <div>1:00 AR Dime Bingo</div> <div>2:30 AR Physical Therapy Class with Kellan!</div> <div>3:00 AR Mexican Train</div> <div>6:00 T Movie</div> | <div>17</div> <div>9:00 AR Coffee and Paint</div> <div>10:00 LY The Phoenix Police Museum</div> <div>10:30 AR Bingo</div> <div>1:00 L Book Nook Tuesdays</div> <div>2:00 AR Smart Phone Help with Hailey</div> <div>3:00 AR Dollar Horse Racing!</div> <div>6:00 T Movie</div> | <div>18</div> <div>9:00 AR Gardening Club</div> <div>10:30 SL Balloon Volleyball</div> <div>1:00 AR Kings in the Corner</div> <div>2:30 AR Mexican Train</div> <div>3:30 2A Puzzles in the Puzzle Room</div> <div>6:00 T Movie</div> | <div>19</div> <div>Juneteenth</div> <div>9:00 AR TheraBand Therapy</div> <div>10:30 AR Bingo</div> <div>1:00 AR Target Shopping Outing (sign up)</div> <div>2:00 CY Courtyard Conversations</div> <div>3:00 AR Bridge</div> <div>6:00 T Movie</div> | <div>20</div> <div>9:00 AR Donuts and Coffee</div> <div>9:30 T Catholic Communion Service</div> <div>10:30 T Jeopardy!</div> <div>1:00 AR Happy Hour</div> <div>2:30 AR Resident Council Meeting</div> <div>3:30 S2 Billiards Club - Resident Led</div> <div>6:00 T Movie</div> | <div>21</div> <div>9:00 AR Saturday Morning Coffee and Catch Up</div> <div>9:30 AR Uno</div> <div>2:00 AR Kings in the Corner</div> <div>6:00 T Movie</div> |
| <div>22</div> <div>9:30 T Sunday Devotion</div> <div>10:00 AR Mexican Train</div> <div>2:00 AR Scrabble</div> <div>3:00 AR Kings in the Corner</div> <div>6:00 T Movie</div> | <div>23</div> <div>9:00 T Monday Morning Matinee</div> <div>9:30 AR Morning Yoga</div> <div>10:30 AR Monday Manicures</div> <div>1:00 AR Dime Bingo</div> <div>2:30 AR Beaded Jewelry Making</div> <div>3:00 AR Mexican Train</div> <div>6:00 T Movie</div> | <div>24</div> <div>9:00 AR Coffee and Paint</div> <div>10:30 AR Bingo</div> <div>11:30 LY Cinegrill Outing (Movie and lunch)</div> <div>1:00 L Book Nook Tuesdays</div> <div>2:00 AR Smart Phone Help with Hailey</div> <div>3:00 AR Dollar Horse Racing!</div> <div>6:00 T Movie</div> | <div>25</div> <div>9:00 AR Gardening Club</div> <div>10:30 SL Balloon Volleyball</div> <div>1:00 AR Kings in the Corner</div> <div>2:30 AR Mexican Train</div> <div>3:30 2A Puzzles in the Puzzle Room</div> <div>6:00 T Movie</div> | <div>26</div> <div>9:00 AR TheraBand Therapy</div> <div>10:30 AR Bingo</div> <div>1:00 AR Safeway Shopping Outing (sign up)</div> <div>2:00 CY Courtyard Conversations</div> <div>3:00 DR Live Entertainment</div> <div>4:00 DR Family and Friends Night</div> <div>6:00 T Movie</div> | <div>27</div> <div>9:00 AR Donuts and Coffee</div> <div>9:30 T Catholic Communion Service</div> <div>10:30 T Jeopardy!</div> <div>1:00 AR Happy Hour</div> <div>2:30 AR Town Hall Meeting</div> <div>3:30 S2 Billiards Club - Resident Led</div> <div>6:00 T Movie</div> | <div>28</div> <div>Happy Birthday Pat & John!</div> <div>9:00 AR Saturday Morning Coffee and Catch Up</div> <div>9:30 AR Uno</div> <div>2:00 AR Kings in the Corner</div> <div>6:00 T Movie</div> |
| <div>29</div> <div>9:30 T Sunday Devotion</div> <div>10:00 AR Mexican Train</div> <div>2:00 AR Scrabble</div> <div>3:00 AR Kings in the Corner</div> <div>6:00 T Movie</div> | <div>30</div> <div>9:00 T Monday Morning Matinee</div> <div>9:30 AR Morning Yoga</div> <div>10:30 AR Monday Manicures</div> <div>1:00 AR Dime Bingo</div> <div>2:30 AR Physical Therapy Class with Kellan!</div> <div>3:00 AR Mexican Train</div> <div>6:00 T Movie</div> |  |  |  |  | <div>All Events Are Subject to change</div> |

JUNE

Sudoku Puzzle



Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 through 9.

Solution:

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | 1 | 5 | 4 | 9 | 6 | 7 | 3 | 8 |
| 1 | 9 | 2 | 3 | 8 | 5 | 7 | 1 | 4 |
| 4 | 5 | 8 | 7 | 1 | 3 | 2 | 5 | 6 |
| 7 | 8 | 6 | 3 | 2 | 1 | 4 | 5 | 9 |
| 5 | 2 | 3 | 7 | 6 | 8 | 1 | 4 | 9 |
| 6 | 1 | 4 | 5 | 8 | 7 | 2 | 3 | 9 |
| 4 | 7 | 8 | 3 | 2 | 1 | 5 | 6 | 9 |
| 2 | 8 | 4 | 6 | 7 | 9 | 1 | 3 | 5 |
| 7 | 1 | 9 | 5 | 3 | 8 | 4 | 2 | 6 |
| 3 | 5 | 6 | 1 | 4 | 2 | 7 | 9 | 8 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | 1 | 4 | 2 | | 9 | |
| | | | | | | | | |
| | 8 | 4 | | | | | 3 | 5 |
| | 7 | | | 2 | | 6 | | |
| 9 | | 1 | | 8 | | 2 | | 3 |
| | | 3 | | 9 | | | 4 | |
| 6 | 4 | | | | | 9 | 8 | |
| | | | | | | | | |
| | 3 | | 9 | 6 | 4 | | | |

JUNE

Word Search



- | | |
|-------------|-----------|
| Birds | Ice Cream |
| Birthdays | Lemonade |
| Camp | Park |
| Dad | Picnics |
| Fathers Day | Summer |
| Flag Day | Sunscreen |
| Graduation | Suntan |
| Grill | Vacation |

F A T H E R S D A Y B I R D S
 G R A D U A T I O N C V L A P
 S Y A D H T R I B E K Y B D H
 I A T R U K P D C E L Z I M A
 P D F E Q K S R S R M L V K X
 E G S M D C E V A C A T I O N
 X A O M P A R K G S I Q C R Y
 H L S U M M N S E N O N J V G
 R F Q S C P G O V U Y G C H R
 X P M Z N X A S M S E E O I D
 P Y N P Z S A I U E E Q O H P
 E J S A N Q C N N D L A C O B
 U F B W Z W T S N C L P G S N
 F R N Q D A K G L O X D S W I
 J R O S N Z E U E D J K V K O