



Ventana Winds

Retirement Community

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ASSISTED LIVING NEWSLETTER

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Beautiful Life

Make time to reflect on all that makes your life and the world beautiful. Surround yourself with art, family or friends, and celebrate National Making Life Beautiful Day on June 11.

June 2025



Memorable Melody: 'Catch a Wave'

"Don't be afraid to try the greatest sport around," urge The Beach Boys in their 1963 ode to surfing, "Catch a Wave," written by bandmates Mike Love and Brian Wilson. The tune debuted on the 1963 album "Surfer Girl." The song didn't chart for The Beach Boys, but a re-written version—"Sidewalk Surfing"—hit No. 25 for Jan and Dean.

A Day for Dads

Father's Day is celebrated on the third Sunday in June. It is a time to honor fathers, celebrate fatherhood and appreciate the influence of fathers in society. Let all the fathers in your life know how special they are on this day just for them.

National Yo-Yo Day

This contraption goes around the world without ever leaving your hand—the yo-yo! June 6 is National Yo-Yo Day, in honor of the birthday of entrepreneur and yo-yo enthusiast Donald Duncan.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Resident Choice (AR)† 6:00 Resident Choice	2 8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 Outing Trip to Walmart: Sign up 10:30 Exercise Table Games (AR) 1:00 Cooking Class-New Orleans Bread Pudding (AR) 2:30 Manicures Pamper Me! Nails (AR) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)	3 9:00 PT/OT in the Library 9:30 Walking Group (Meet in Courtyard) 10:30 Exercise Table Games (AR) Games 1:00 Exercise Bingo (AR) 2:00 Veterans' Chat (L) 2:30 Choir Practice (AR) 3:30 Charades (AR) 6:00 Self-Led Poker (L)	4 9:00 Outing Fry's Senior Discount Day: Sign Up with Denise 9:00 PT/OT in the Library 10:30 Table Games (AR) 1:00 Exercise Double Bingo (AR) 1:00 Exercise Original Double Bingo (L) 2:30 Wine Down & Horse Races (L) 6:30 Bible Study (AR)	5 9:00 PT/OT in the Library 9:30 Exercise Gardening Group (Meet in Courtyard) 10:00 Library Cart from Youngtown Library (L) 1:00 Exercise Original Bingo (L) 2:30 Planning Meeting (AR) 6:00 Advanced Art Class (AR)	6 9:00 Outing Dollar Tree Trip: Sign Up with Denise 9:00 PT/OT in the Library 10:00 Self-Led Resident Choice (AR) Fitness 1:00 Exercise Bingo (AR) 2:00 BIRTHDAY PARTY with Tom (DR) 6:00 Self-Led Resident Choice	7 10:00 Self-Led Games of Choice: Self-Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Self-Led Poker Night (L)
8 8:45 Shepherd of the Desert Church † 10:00 Resident Choice (AR)† 2:30 Church Service (AR) 6:00 Resident Choice	9 8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 Outing Trip to Walmart: Sign Up with Denise 10:30 Exercise Table Games (AR) 1:00 Arts & Crafts (AR) 2:30 Manicures Pamper Me! Nails (AR) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)	10 9:00 PT/OT in the Library 9:30 Walking Group (Meet in Courtyard) 10:30 Exercise Games of choice (AR) Games 1:00 Exercise Bingo (AR) 2:30 Choir Practice (AR) 3:30 Charades (AR) 6:00 Self-Led Poker (L)	11 9:00 PT/OT in the Library 10:30 Putter Par-Tee (Golf Course) 1:00 Exercise Double Bingo (AR) 1:00 Exercise Original Double Bingo (L) 2:30 Table Games (AR) 6:30 Bible Study (AR)	12 9:00 PT/OT in the Library 9:30 Exercise Gardening Group (Meet in Courtyard) 1:00 Exercise Original Bingo (L) 3:00 Resident Council Meeting (AR) 6:00 Advanced Art Class (AR)	13 9:00 PT/OT in the Library 9:00 Outing Shopping at Deseret Industries: Sign Up with Denise 10:00 Self-Led Resident Choice (AR) Fitness 1:00 Exercise Bingo (AR) 2:00 Father's Day Happy Hour & Beer & Snacks with Tom (DR) 6:00 Self-Led Resident Choice	14 10:00 Self-Led Games of Choice: Self-Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Self-Led Poker Night (L)
15 10:00 Resident Choice (AR)† 2:30 ART CLASS with Kevin (AR) 6:00 Resident Choice	16 8:40 Catholic Communion (ELS) 9:00 Fry's Shopping Trip: Sign up with Denise 9:00 PT/OT in the Library 10:30 Exercise Table Games (AR) 1:00 Cooking Class-Nutella Hand Pies (AR) 2:30 Manicures Pamper Me! Nails (AR) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)	17 9:00 PT/OT in the Library 9:30 Walking Group (Meet in Courtyard) 10:30 Exercise Games of choice (AR) Games 1:00 Exercise Bingo (AR) 2:30 Choir Practice (AR) 3:30 Charades (AR) 6:00 Self-Led Poker (L)	18 9:00 PT/OT in the Library 10:30 Table Games (AR) 1:00 Exercise Double Bingo (AR) 1:00 Exercise Original Double Bingo (L) 2:30 Corn Hole (AR) 6:30 Bible Study (AR)	19 Juneteenth 9:00 PT/OT in the Library 9:30 Exercise Gardening Group (Meet in Courtyard) 1:00 Exercise Original Bingo (L) 2:30 Trivia with Tom (AR) 6:00 Advanced Art Class (AR)	20 9:00 Breakfast Trip to Denny's: Sign up with Denise 9:00 PT/OT in the Library 10:00 Self-Led Resident Choice (AR) Fitness 1:00 Exercise Bingo (AR) 2:00 Pizza & Beer & Name that Tune with Tom 6:00 Self-Led Resident Choice	21 10:00 Self-Led Games of Choice: Self-Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Self-Led Poker Night (L)
22 8:45 Shepherd of the Desert Church † 10:00 Resident Choice (AR)† 2:30 Church Service (AR) 2:30 Church Service (DR) 6:00 Resident Choice	23 8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 Walmart Trip: sign up with Denise 10:30 Exercise Table Game Tournament (AR) 1:00 Arts & Crafts (AR) 2:30 Manicures Pamper Me! Nails (AR) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)	24 9:00 PT/OT in the Library 9:30 Walking Group (Meet in Courtyard) 10:30 Exercise Table Game Tournament (AR) Games 1:00 Exercise Bingo (AR) 2:30 Choir Practice (AR) 3:30 Charades (AR) 6:00 Self-Led Poker (L)	25 9:00 PT/OT in the Library 10:30 Table Game Tournament (AR) 1:00 Exercise Double Bingo (AR) 1:00 Exercise Original Double Bingo (L) 2:30 Culture Day (AR) 6:30 Bible Study (AR)	26 9:00 PT/OT in the Library 9:30 Exercise Gardening Group (Meet in Courtyard) 10:30 Table Game Tournament (AR) 1:00 Exercise Original Bingo (L) 2:30 Town Hall Meeting -Staff invited (AR) 6:00 Advanced Art Class (AR)	27 9:00 PT/OT in the Library 9:00 Trip to Goodwill: Sign up with Denise 10:00 Self-Led Table Game Championship (AR) Fitness 1:00 Exercise Bingo (AR) 2:00 Happy Hour with Live Music (DR) 6:00 Self-Led Resident Choice	28 10:00 Self-Led Games of Choice: Self-Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Self-Led Poker Night (L)
29 10:00 Resident Choice (AR)† 6:00 Resident Choice	30 8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 Trip to Fry's: Sign up with Denise 10:30 Exercise Table Games (AR) 1:00 Cooking Class-Banana Bread (AR) 2:30 Manicures Pamper Me! Nails (AR) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)	All Events Are Subject to Change. Changes Will Be Made on Daily Activity Schedule.	hello June		HAPPY FATHER'S DAY	



Popular Toys

School's still out for summer, but you don't have to be a kid to enjoy these entertaining toys. Check out when these classics first hit the market and the toy box.

Decade	Toys
1940s	Magic 8 Ball, Slinky, Silly Putty
1950s	Barbie, Play-Doh, Woolly Willy, Yahtzee, Mr. Potato Head, Chatty Cathy
1960s	Barrel of Monkeys, Easy-Bake Oven, Etch A Sketch, G.I. Joe, Hot Wheels, Lite-Brite, Rock 'Em Sock 'Em Robots, Big Wheel Tricycle
1970s	Connect Four, Uno, Stretch Armstrong, Strawberry Shortcake
1980s	Cabbage Patch Kids, American Girl Dolls, Jenga, Nintendo, Skip-It, Rubik's Cube
1990s	Beanie Babies, Betty Spaghetti, Furby, Littlest Pet Shop, Neopets, Pokemon, Super Soaker
2000s	Pillow Pets, Power Yahtzee, Silly Bandz, Webkinz

"This Month In History"

JUNE

1789: James Madison proposes the Bill of Rights, leading to the Constitution's first 10 amendments.

1865: Union General Granger reaches Galveston, Texas, one of the last holdouts of slavery, and enforces the Emancipation Proclamation for enslaved people there.

1919: The Treaty of Versailles is signed in France, signaling the official end of World War I.

1947: Pilot Kenneth Arnold reports flashes of light and nine incredibly speedy "saucer-like" UFOs whizzing over Mount Rainier, Wash., leading to the common term "flying saucers."

1956: President Eisenhower signs a bill funding interstate highway building, making it the largest American public works program.

1960: Alfred Hitchcock's infamous "Psycho" hits movie theaters and makes moviegoers fear showers for generations to come.

1975: Broadway hit "Chicago" premieres, going on to earn 10 nominations at the 1976 Tony Awards. The 2002 film won six Academy Awards, including Best Picture.

1978: Garfield, Jim Davis' classic comic feline, makes his national debut.

1980: CNN, the first 24-hour news service, starts airing June 1.

1997: J.K. Rowling publishes the first book in her bestselling series "Harry Potter."

2002: "American Idol" premieres on Fox, featuring first winner Kelly Clarkson.