



# *Sedona Winds*

## *Retirement Community*

405 Jacks Canyon Rd • Sedona, AZ 86351 • (928) 284-1021



### **Flag Day - June 14th**

F is for our Forefathers' vision  
L is for Liberty and justice  
A is for Allegiance to the flag  
G is for Old Glory flying high  
D is for Displaying patriotism  
A is for the Anniversary of the Stars  
and Stripes  
Y is for Your American pride



### **Here's to Dads**

Father's Day on Sunday, June 15, honors dads, granddads and father figures everywhere. Join us for our Father's Day Brunch, 11:30 a.m. and 1:30 p.m.

The Chef and the Culinary Department will have a wonderful menu.

### **Celebrating Dads Everywhere**

Father's Day, the third Sunday each June, is a holiday that got its start in the U.S. back in the 1900s. Today, about 160 countries across the globe have a day set aside to honor dads.

June 2025



### **Go Ahead—Get in Over Your Head!**

It's time to enjoy one of our most popular amenities—the swimming pool. It's cool, it's refreshing and the best part is ... it's open! If you'd like to know more about the pool hours and rules, we have a sign posted for your convenience or you are welcome to give us a call. Whether you use the pool for exercise, relaxation or relief from the heat, we hope the pool becomes your home away from home this summer.

### **Hello, Sunshine!**



Bring on the sun and fun! Summer officially begins on June 20.

### **Make It a Date**

Get out of the same old grind and join your neighbors for some music in the activity room. We've got a regular schedule you'll enjoy. Don't miss out on the great music and a chance to mix and mingle. Guests are welcome. Check the calendar for dates and times.

### **Simple Pleasures**

"Some old-fashioned things like fresh air and sunshine are hard to beat." —Laura Ingalls Wilder

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 5:30 Mexican Train	<b>2</b> 10:00 Verde Valley Ringers 11:00 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Mass with Father David	<b>3</b> <b>Happy Birthday Patricia</b> 8:30 Coffee Club with Will from Edward Jones 10:00 Fitness <b>10:00 Village Van</b> 11:00 Bible Study 2:00 Card Bingo	<b>4</b> <b>9:30 Sedona Van</b> 10:00 Fitness 2:00 Bingo with Will from Edward Jones	<b>5</b> <b>9:30 Cottonwood Van</b> 10:00 Fitness 1:00 Bowling on Wii 5:30 Mexican Train 6:30 Bible Study	<b>6</b> 10:00 Fitness 2:00 Play a game of your choice 5:30 Mexican Train	<b>7</b> <b>Happy Birthday Linda</b> 10:00 Chair Yoga with Susannah 5:30 Mexican Train
<b>8</b> 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 5:30 Mexican Train	<b>9</b> 10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 2:30 Confessions with Father David 3:00 Catholic Mass with Father David	<b>10</b> <b>Happy Birthday Peter</b> 8:45 Computer and Phone Help from Marcie 10:00 Fitness <b>10:00 Village Van</b> 11:00 Bible Study 2:00 Card Bingo	<b>11</b> <b>9:30 Sedona Van</b> 10:00 Fitness 11:00 Wellness Clinic <b>12:00 Out to Lunch at Miley's</b> 2:00 Crafts with Julie	<b>12</b> <b>9:30 Cottonwood Van</b> 10:00 Fitness 1:00 Bowling on Wii 2:00 Birthday Concert with Greg and Lisa 5:30 Mexican Train 6:30 Bible Study	<b>13</b> <b>Happy Birthday Bill</b> 10:00 Fitness 2:00 Activity with Hope from All Ways Caring 5:30 Mexican Train	<b>14</b> <b>Happy Flag Day &amp; Happy Birthday Jerry</b> 10:00 Chair Yoga with Susannah 5:30 Mexican Train
<b>15</b> <b>Father's Day</b> 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 5:30 Mexican Train	<b>16</b> <b>Happy Birthday Jeanne</b> 10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Mass with Father David	<b>17</b> 10:00 Fitness <b>10:00 Village Van</b> 11:00 Bible Study 2:00 Ice Cream & Trivia Social with Hospice Compassus	<b>18</b> <b>9:30 Sedona Van</b> 10:00 Drumming, Rhythm & Fitness with Ann 2:00 Health Talk with Angel's Care 5:00 Methodist Youth Choir Performs	<b>19</b> <b>Juneteenth</b> <b>9:30 Cottonwood Van</b> 10:00 Fitness 1:00 Bowling on Wii 2:00 Happy Hour with John Z 5:30 Mexican Train 6:30 Bible Study	<b>20</b> <b>Happy Birthday Rick</b> 10:00 Fitness <b>11:30 Out to Lunch at Peach Tree</b> 2:00 Play a game of your choice 5:30 Mexican Train	<b>21</b> 10:00 Chair Yoga with Susannah 5:30 Mexican Train
<b>22</b> <b>Happy Anniversary Andy &amp; Francie</b> 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 5:30 Mexican Train	<b>23</b> <b>9:30 Van to Casino</b> 10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Mass with Father David	<b>24</b> 10:00 Fitness <b>10:00 Village Van</b> 11:00 Bible Study 2:00 Card Bingo	<b>25</b> <b>9:30 Sedona Van</b> 10:00 Fitness 2:00 Bingo with Laura 4:00 Dinner Music with Erroll	<b>26</b> <b>Happy Birthday Nancy</b> <b>9:30 Cottonwood Van</b> 10:00 Fitness 1:00 Bowling on Wii 2:00 Concert with Robert Clarke 5:30 Mexican Train 6:30 Bible Study	<b>27</b> <b>Happy Birthday Evelyn P.</b> 10:00 Fitness 2:00 Show & Tell 5:30 Mexican Train	<b>28</b> <b>Happy Birthday Traude</b> 10:00 Chair Yoga with Susannah 5:30 Mexican Train
<b>29</b> 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 5:30 Mexican Train	<b>30</b> 10:00 Fitness <b>10:30 Van to Prescott</b> 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Mass with Father David			All Events Are Subject to Change	