



Desert Winds

Retirement Community

20554 N 101st Ave • Peoria, AZ 85382 • (623) 362-1200

STAFF DIRECTORY

Marielena Medina	Executive Director
Kara Cole	Marketing Director
Pat	Admin Supervisor
Dan	Maintenance Director
Raul Ramos	Executive Chef
Fred	Dining Room Supervisor
Tanya	SLHC Coordinator

May Residents' Birthdays

Pat S.	5/2
Arlene C.	5/6
Thomas D.	5/10
Lisa P.	5/17
Virginia B.	5/21
Darlena B.	5/23
James W.	5/24
Roger R.	5/29

Amazing Winner * Anna Pitts *



May 2025



A Flower for Moms

Because of its beauty, hardiness and prevalence, the carnation is regarded as the official flower of Mother's Day. The holiday's founder, Anna Jarvis, chose the frilly, fragrant bloom because it was her mother's favorite flower, and 500 white carnations were handed out at the first Mother's Day observance in 1908.

Spring Scents

From blooming flowers to fresh-cut grass, the scents of spring are in the air now. Studies show that getting a whiff of these aromas can make you feel calm and happy.

Remember and Honor

This Memorial Day, we remember all the brave men and women who gave their lives for our country. Our heartfelt thanks goes out to them and to all of our community's veterans for their service.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May Birthdays 				8:45 LB Fry's or Bashas' 10:00 T Holy Communion 11:30 LB Arrowhead Mall 5:00 M Skip-Bo Card Game	No Transportation 9:00 LB Desert Diamond Casino 1:00 1S Bridge 2:00 BH Scrabble 5:00 1N Texas Hold 'em Poker	10:00 M Knitting & Loom Ladies 1:00 M Pokeno 4:30 GR Billiards
4 9:15 LB Bus Pickup from Church of the Palms for Church Service 1:00 M Skip-Bo Card Game 4:00 T Movie	5 10:00 BH Chair Exercise 11:00 M Mini Manicures 12:30 LB Fiesta Time!!! 2:00 BH BINGO! 5:00 1N Texas Hold 'em Poker	6 10:00 LB Aldi 10:00 P Bean Bag Toss 12:00 LB Fry's or Bashas' 12:00 CB Q&A: Medicare W/Jeremy 1:00 1S Mexican Train	7 10:00 BH Chair Exercise 10:30 T Bible Fellowship 12:00 LB Fry's or Bashas' 2:00 BH BINGO! 4:30 T MOVIE	8 8:45 LB Fry's or Bashas' 9:30 M Men's Coffee 10:00 T Holy Communion 11:30 LB Walmart 2:00 LB HAPPY HOUR! 5:00 M Skip-Bo Card Game	9 11:00 P A Cup Of Tea For Mom 1:00 1S Bridge 2:00 LB Entertainment W/Vito 2:00 BH Scrabble 5:00 1N Texas Hold 'em Poker	10 10:00 M Knitting & Loom Ladies 1:00 M Pokeno 4:30 GR Billiards
11 9:15 LB Bus Pickup from Church of the Palms for Church Service 1:00 M Skip-Bo Card Game 4:00 T Movie	12 10:00 BH Chair Exercise 11:00 LB Lunch: The Cheesecake Factory 1:00 T Community Rosary 2:00 BH BINGO! 5:00 1N Texas Hold 'em Poker	13 12:00 LB Fry's or Bashas' 12:00 DR Red Hat Ladies Luncheon 1:00 1S Mexican Train	14 10:00 BH Chair Exercise 12:00 LB Fry's or Bashas' 2:00 BH BINGO! 4:30 T MOVIE	15 8:45 LB Fry's or Bashas' 10:00 T Holy Communion 10:00 BH Ladies Social 11:30 LB Dollar Tree 1:00 LB Sunrise Mountain Library 5:00 M Skip-Bo Card Game	16 No Transportation/National BBQ Day 11:00 P "Grillin' and Chillin'" 1:00 1S Bridge 2:00 BH Scrabble 5:00 1N Texas Hold 'em Poker	17 10:00 M Knitting & Loom Ladies 1:00 M Pokeno 4:30 GR Billiards
18 9:15 LB Bus Pickup from Church of the Palms for Church Service 1:00 M Skip-Bo Card Game 4:00 T Movie	19 10:00 BH Chair Exercise 2:00 BH BINGO! 5:00 1N Texas Hold 'em Poker	20 10:00 P Bean Bag Toss 11:00 LB Health Fair 12:00 LB Fry's or Bashas' 1:00 1S Mexican Train 3:00 BH Mother's Day Masterpieces w/ Blake	21 10:00 BH Chair Exercise 10:30 T Bible Fellowship 12:00 LB Fry's or Bashas' 2:00 BH BINGO! 4:30 T MOVIE	22 8:45 LB Fry's or Bashas' 10:00 T Holy Communion 11:30 LB Walmart 2:00 LB HAPPY HOUR! 5:00 M Skip-Bo Card Game	23 1:00 1S Bridge 2:00 LB Entertainment W/Doug Varsano 2:00 BH Scrabble 5:00 1N Texas Hold 'em Poker	24 10:00 M Knitting & Loom Ladies 1:00 M Pokeno 4:30 GR Billiards
25 9:15 LB Bus Pickup from Church of the Palms for Church Service 1:00 M Skip-Bo Card Game 4:00 T Movie	26 2:00 BH BINGO! 5:00 1N Texas Hold 'em Poker	27 10:00 CB OutSmart the Scammers Seminar 11:00 LB Red Hats' Lunch @ Time Square 12:00 LB Fry's or Bashas' 1:00 1S Mexican Train	28 10:00 BH Chair Exercise 12:00 LB Fry's or Bashas' 12:00 DR May's Birthday Lunch 2:00 BH BINGO!	29 8:45 LB Fry's or Bashas' 10:00 T Holy Communion 5:00 M Skip-Bo Card Game	30 No Transportation 9:30 LB Japanese Friendship Garden (Outing) 1:00 1S Bridge 2:00 BH Scrabble 5:00 1N Texas Hold 'em Poker	31 10:00 M Knitting & Loom Ladies 1:00 M Pokeno 4:30 GR Billiards



Memorable Memoirs

Have you ever considered writing down your life story? Since National Memoir Writing Month is in November, take inspiration from these popular autobiographical works:

Year	Memoir	Author
1956	“Night”	Elie Wiesel
1964	“A Moveable Feast”	Ernest Hemingway
1969	“I Know Why the Caged Bird Sings”	Maya Angelou
1971	“The Moon’s a Balloon”	David Niven
1976	“The Woman Warrior”	Maxine Hong Kingston
1984	“Boy: Tales of Childhood”	Roald Dahl
1993	“Girl, Interrupted”	Susanna Kaysen
1996	“Angela’s Ashes”	Frank McCourt
2000	“Kitchen Confidential”	Anthony Bourdain
2005	“Marley & Me”	John Grogan
2013	“I Am Malala”	Malala Yousafzai
2018	“Heavy”	Kiese Laymon
2023	“Spare”	Prince Harry

“This Month In History”

MAY

1908: The first Mother’s Day celebrations are held at gatherings in Grafton, W.Va., and Philadelphia.

1936: Joe DiMaggio makes his MLB debut, taking the field as a New York Yankee.

1942: To help the American war effort, gas rationing begins in 17 eastern states. By the end of the year, it was in effect in all 48 states.

1963: The first James Bond film, “Dr. No,” premieres in the U.S. Scottish actor Sean Connery portrayed the fictional secret agent.

1973: Stevie Wonder’s “You Are the Sunshine of My Life” is the No. 1 song played across the U.S.

1980: An earthquake triggers the volcanic eruption of Washington’s Mount St. Helens.

1999: Discovery becomes the first space shuttle to dock with the International Space Station.

2003: After a 16-year run on Broadway, the musical “Les Miserables” closes.

2013: An 80-year-old Japanese man becomes the oldest person to climb Mount Everest, the world’s highest mountain.

2018: England’s Prince Harry marries American actress Meghan Markle in a ceremony broadcast around the world. The pair received the titles Duke and Duchess of Sussex.