



Vista Winds

Retirement Community

28783 N Vistancia Blvd • Peoria, AZ 85383 • Phone: (623) 253-6690

Staff Directory

Jae	Executive Director
Aggie	Compliance Manager
Mirek	Maintenance Director
Tina	MC Activities Director
Hailey	AL Activities Director
Julia	Marketing Director
Shan	Nurse
Evelyn	Chef
Michelle	RCC

Dining Room Hours

Breakfast	7:30AM-9:30AM
Lunch	11:30AM-2:30PM
Dinner	4:00PM-6:30PM

April Birthdays!

Nancy A.	04/19
Chester K.	04/19
Andra F.D.	04/22

Happy Pet Parents Day!

Cats, dogs, lizards, horses, guinea pigs, rabbits—all can become a part of the family. To honor all the people who make pets a part of their lives, National Pet Parents Day is observed on the last Sunday in April.

This yearly holiday honors the pet parents who love and care for critters of all shapes and sizes, whether they have two legs, four legs or no legs at all! The unconditional love and companionship that pets provide is what makes it so easy for them to become valued members of your family. For all the wonderful things you do as a pet parent, treat yourself to something special on National Pet Parents Day!

April 2025



Wild World: Mallard Duck

The most common wild duck in the U.S., the mallard is also thought to be the most abundant and wide-ranging duck in the world. It is found in fresh bodies of water throughout North America, Europe and Asia. Male mallards, called drakes, have a green head, a white neckband and a brown and gray body. Females have mottled brown and white feathers all over their bodies except for an iridescent blue patch on their wings. Mallards are dabbling ducks, meaning they tip their bodies vertically into the water, with their tail in the air, to feed on fish, frogs and plants. Female mallards quack, but males do not; instead, they make a soft, raspy sound.

Blown Away by Spring

Spring and strong winds often go hand in hand. This is due to shifting atmospheric pressure and temperature changes. According to the World Meteorological Organization, the maximum natural wind gust ever recorded clocked in at 253 mph on April 10, 1996, in Barrow Island, Australia.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>•EARTH DAY•</p>	<p style="text-align: right;">1</p> <p>9:00 AR Coffee and Paint 10:30 AR Bingo 11:30 LY Cracker Barrel Lunch Outing 2:30 AR Restoration Station Club 6:00 T Movie</p>	<p style="text-align: right;">2</p> <p>9:00 AR Gardening Club 10:30 AR Balloon Volleyball 1:00 LY Fry's Shopping Outing 2:30 AR Mexican Train 6:00 T Movie</p>	<p style="text-align: right;">3</p> <p>9:00 AR TheraBand Therapy 10:00 T Catholic Mass 1:00 AR Popcorn Bar 3:00 AR Kings in the Corner 6:00 T Movie</p>	<p style="text-align: right;">4</p> <p>9:00 AR Donuts and Coffee 10:30 AR Mexican Train 1:00 AR Happy Hour 2:30 AR Activity Calendar Meeting with Hailey 6:00 T Movie</p>	<p style="text-align: right;">5</p> <p>9:00 AR Saturday Morning Coffee and Catch Up 9:30 AR Uno 2:00 AR Kings in the Corner 6:00 T Movie</p>
<p style="text-align: right;">6</p> <p>9:30 T Sunday Devotion 10:00 AR Mexican Train 2:00 AR Scrabble 3:00 AR Kings in the Corner 6:00 T Movie</p>	<p style="text-align: right;">7</p> <p>10:30 AR Monday Manicures 1:00 AR Uno 2:00 AR Dime Bingo 3:00 AR Craft Corner - Spring Wreaths 6:00 T Movie</p>	<p style="text-align: right;">8</p> <p>9:00 AR Coffee and Paint 10:30 AR Bingo 1:00 AR Horse Racing Board Game 2:30 AR Restoration Station Club 6:00 T Movie</p>	<p style="text-align: right;">9</p> <p>9:00 AR Gardening Club 10:30 AR Balloon Volleyball 1:00 AR Kings in the Corner 2:30 AR Mexican Train 6:00 T Movie</p>	<p style="text-align: right;">10</p> <p>9:00 AR TheraBand Therapy 10:30 AR Resident Pick Game! 1:00 AR Soft Pretzel Bar 3:00 AR Kings in the Corner 6:00 T Movie</p>	<p style="text-align: right;">11</p> <p>9:00 AR Donuts and Coffee 9:30 T Catholic Communion Service 10:30 AR Kings in the Corner 1:00 AR Happy Hour 2:30 AR Chef Chat 6:00 T Movie</p>	<p style="text-align: right;">12</p> <p>9:00 AR Saturday Morning Coffee and Catch Up 9:30 AR Uno 2:00 AR Kings in the Corner 6:00 T Movie</p>
<p style="text-align: right;">13</p> <p>9:30 T Sunday Devotion 10:00 AR Mexican Train 2:00 AR Scrabble 3:00 AR Kings in the Corner 6:00 T Movie</p>	<p style="text-align: right;">14</p> <p>10:30 AR Monday Manicures 1:00 AR Uno 2:00 AR Dime Bingo 3:00 AR Craft Corner - Mosaic Tile Making 6:00 T Movie</p>	<p style="text-align: right;">15</p> <p>9:00 AR Coffee and Paint 10:30 AR Bingo 1:00 AR Horse Racing Board Game 2:30 AR Restoration Station Club 6:00 T Movie</p>	<p style="text-align: right;">16</p> <p>9:00 AR Gardening Club 10:30 AR Balloon Volleyball 1:00 AR Kings in the Corner 2:30 AR Monthly Ladies Tea 6:00 T Movie</p>	<p style="text-align: right;">17</p> <p>9:00 AR TheraBand Therapy 10:30 AR Resident Pick Game! 1:00 AR Ice Cream Bar 3:00 AR Kings in the Corner 6:00 T Movie</p>	<p style="text-align: right;">18</p> <p>9:00 AR Donuts and Coffee 9:30 T Catholic Communion Service 10:30 AR Mexican Train 1:00 AR Happy Hour 2:30 AR Resident Council Meeting 6:00 T Movie</p>	<p style="text-align: right;">19</p> <p>9:00 AR Saturday Morning Coffee and Catch Up 9:30 AR Uno 2:00 AR Kings in the Corner 6:00 T Movie</p>
<p style="text-align: right;">20</p> <p>Happy Easter! 9:30 T Sunday Devotion 10:00 AR Mexican Train 2:00 AR Scrabble 3:00 AR Kings in the Corner 6:00 T Movie</p>	<p style="text-align: right;">21</p> <p>10:30 AR Monday Manicures 1:00 AR Uno 2:30 LY Eagle Ridge Tour! 3:00 AR Resident Led Games 6:00 T Movie</p>	<p style="text-align: right;">22</p> <p>Happy Earth Day! 9:00 AR Coffee and Paint 10:30 AR Bingo 11:30 LY Macayos Lunch Outing 2:30 AR Restoration Station Club 6:00 T Movie</p>	<p style="text-align: right;">23</p> <p>9:00 AR Gardening Club 10:30 AR Balloon Volleyball 1:00 AR Kings in the Corner 2:30 AR April Birthday Bash! 6:00 T Movie</p>	<p style="text-align: right;">24</p> <p>9:00 AR TheraBand Therapy 1:00 LY Safeway Shopping Outing 3:00 S2 Live Entertainment: John Case 4:00 DR Friends and Family Night 6:00 T Movie</p>	<p style="text-align: right;">25</p> <p>9:00 AR Donuts and Coffee 9:30 T Catholic Communion Service 10:30 AR Kings in the Corner 1:00 AR Happy Hour 2:30 AR Town Hall Meeting 6:00 T Movie</p>	<p style="text-align: right;">26</p> <p>9:00 AR Saturday Morning Coffee and Catch Up 9:30 AR Uno 2:00 AR Kings in the Corner 6:00 T Movie</p>
<p style="text-align: right;">27</p> <p>9:30 T Sunday Devotion 10:00 AR Mexican Train 2:00 AR Scrabble 3:00 AR Kings in the Corner 6:00 T Movie</p>	<p style="text-align: right;">28</p> <p>10:30 AR Monday Manicures 1:00 AR Uno 2:00 AR Dime Bingo 3:00 AR Craft Corner - Coffee Filter Flowers 6:00 T Movie</p>	<p style="text-align: right;">29</p> <p>9:00 AR Coffee and Paint 10:30 AR Bingo 11:30 LY Olive Garden Lunch Outing 2:30 AR Restoration Station Club 6:00 T Movie</p>	<p style="text-align: right;">30</p> <p>9:00 AR Gardening Club 10:30 AR Balloon Volleyball 1:00 AR Kings in the Corner 2:30 AR Mexican Train 6:00 T Movie</p>			<p style="font-size: 1.2em; font-weight: bold;">All Events Are Subject to change</p>

ENTERTAINMENT TRIVIA

Major League Mascots

Mascot

- 1) D. Baxter the Bobcat
- 2) Fredbird
- 3) Mr. Met
- 4) Orbit
- 5) Paws
- 6) Sluggerrr

Team

- A) Houston Astros
- B) Arizona Diamondbacks
- C) Kansas City Royals
- D) St. Louis Cardinals
- E) New York Mets
- F) Detroit Tigers

Baseball season is here, and when there is a break in the action on the field, you can usually find a team mascot in the stands, working to keep the crowd involved and entertained. Can you match the mascot with their major league team?

Answers: 1) B; 2) D; 3) E; 4) A; 5) F; 6) C

April

Word Search



- | | |
|-------------|----------|
| April Fools | Poetry |
| Arbor Day | Rainbow |
| Butterfly | Recycle |
| Clouds | Reduce |
| Daffodil | Reuse |
| Earth Day | Showers |
| Meadow | Tulips |
| Mist | Umbrella |

S L O O F L I R P A K E B L C
M H V B U T T E R F L Y D R L
E E O F T U P B V C T A E L O
H K W W L O O C Y S F D W O U
G J B I E R J C I F U H O M D
A F P T D R E M O C P T B P S
P S R A Z R S D E Q P R N L E
K Y Y J O Y I S O A E A I G J
D H J V S L U M C L D E A Q W
V K O J V E E D L O C O R P A
W R C E R C J A O S O X W Z E