



# Ventana Winds

## Retirement Community

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### Let's Go for a Walk!

Spring is here to stay, and our walking club is in full swing! Check the calendar for times and join us for some fresh air and exercise.

### April 2025












### Wild World: Mallard Duck

The most common wild duck in the U.S., the mallard is also thought to be the most abundant and wide-ranging duck in the world. It is found in fresh bodies of water throughout North America, Europe and Asia. Male mallards, called drakes, have a green head, a white neckband and a brown and gray body. Females have mottled brown and white feathers all over their bodies except for an iridescent blue patch on their wings. Mallards are dabbling ducks, meaning they tip their bodies vertically into the water, with their tail in the air, to feed on fish, frogs and plants. Female mallards quack, but males do not; instead, they make a soft, raspy sound.

### Blown Away by Spring

Spring and strong winds often go hand in hand. This is due to shifting atmospheric pressure and temperature changes. According to the World Meteorological Organization, the maximum natural wind gust ever recorded clocked in at 253 mph on April 10, 1996, in Barrow Island, Australia.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Events Are Subject to Change. Changes Will Be Posted on the Big Calendar.</p>		<p>9:00 PT/OT in the Library 9:30 Walking Group (Meet in Courtyard) 10:30 <span style="color: orange;">■</span> Games of choice (AR)  1:00 <span style="color: orange;">■</span> Bingo (AR) 2:00 Veterans' Chat (L) 2:30 Choir Practice (AR) 3:30 Charades (AR) 6:00 <span style="color: lightblue;">■</span> Poker (L)</p>	<p>9:00 <span style="color: green;">■</span> Fry's Senior Discount Day: Sign Up with Denise 9:00 PT/OT in the Library 10:30 Table Games (AR) 1:00 <span style="color: orange;">■</span> Double Bingo (AR) 1:00 <span style="color: orange;">■</span> Original Double Bingo (L) 2:30 Wine Down &amp; Horse Races (L) 6:30 Bible Study (AR)</p>	<p>9:00 PT/OT in the Library 9:30 <span style="color: yellow;">■</span> Walking Group (Meet in Courtyard) 10:00 Library Cart from Youngtown Library (L) 1:00 <span style="color: orange;">■</span> Original Bingo (L) 2:30 Planning Meeting (AR) 6:00 Advanced Art Class (AR)</p>	<p>9:00 <span style="color: green;">■</span> Dollar Tree Trip: Sign Up with Denise 9:00 PT/OT in the Library 10:00 <span style="color: lightblue;">■</span> Resident Choice (AR)  1:00 <span style="color: orange;">■</span> Bingo (AR) 2:00 BIRTHDAY PARTY with Tom (DR) 6:00 <span style="color: lightblue;">■</span> Resident Choice</p>	<p>10:00 <span style="color: lightblue;">■</span> Games of Choice: Self-Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 <span style="color: lightblue;">■</span> Poker Night (L)</p>
<p>8:45 Shepherd of the Desert Church  10:00 Resident Choice (AR)  2:30 Church Service (AR) 6:00 Resident Choice</p>	<p>8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 <span style="color: green;">■</span> Trip to Walmart: Sign up 10:30 <span style="color: orange;">■</span> Table Games (AR) 1:00 Arts &amp; Crafts AR 2:30 <span style="color: purple;">■</span> Pamper Me! Nails (L) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)</p>	<p>9:00 PT/OT in the Library 9:30 Walking Group (Meet in Courtyard) 10:30 <span style="color: orange;">■</span> Games of choice (AR)  1:00 <span style="color: orange;">■</span> Bingo (AR) 2:30 Choir Practice (AR) 3:30 Charades (AR) 6:00 <span style="color: lightblue;">■</span> Poker (L)</p>	<p>9:00 PT/OT in the Library 9:00 Trip to Casino- sign up with Denise 10:30 Table Games (AR) 1:00 <span style="color: orange;">■</span> Double Bingo (AR) 1:00 <span style="color: orange;">■</span> Original Double Bingo (L) 2:30 Cultural Day-Passover 6:30 Bible Study (AR)</p>	<p>9:00 PT/OT in the Library 9:30 <span style="color: yellow;">■</span> Walking Group (Meet in Courtyard) 10:00 Bingo Cash Store 1:00 <span style="color: orange;">■</span> Original Bingo (L) 3:00 Resident Council Meeting (DR) 6:00 Advanced Art Class (AR)</p>	<p>9:00 PT/OT in the Library 9:00 <span style="color: green;">■</span> Shopping at Goodwill: Sign Up with Denise 10:00 <span style="color: lightblue;">■</span> Resident Choice (AR)  1:00 <span style="color: orange;">■</span> Bingo (AR) 2:00 Happy Hour-Margaritas (DR) 6:00 <span style="color: lightblue;">■</span> Resident Choice</p>	<p>10:00 <span style="color: lightblue;">■</span> Games of Choice: Self-Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 <span style="color: lightblue;">■</span> Poker Night (L)</p>
<p>8:45 Shepherd of the Desert Church  10:00 Resident Choice (AR)  2:30 Church Service (AR) 6:00 Resident Choice</p>	<p>8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 <span style="color: green;">■</span> Trip to Hobby Lobby: Sign Up with Denise 10:30 <span style="color: orange;">■</span> Table Games (AR) 1:00 Arts &amp; Crafts AR 2:30 <span style="color: purple;">■</span> Pamper Me! Nails (L) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)</p>	<p>9:00 PT/OT in the Library 9:30 Walking Group (Meet in Courtyard) 10:30 <span style="color: orange;">■</span> Games of choice (AR)  1:00 <span style="color: orange;">■</span> Bingo (AR) 2:30 Choir Practice (AR) 3:30 Charades (AR) 6:00 <span style="color: lightblue;">■</span> Poker (L)</p>	<p>9:00 PT/OT in the Library 10:30 Table Games (AR) 11:00 <span style="color: green;">■</span> Lunch at Dairy Queen 1:00 <span style="color: orange;">■</span> Double Bingo (AR) 1:00 <span style="color: orange;">■</span> Original Double Bingo (L) 2:30 Putter Par-Tee (AR) 6:30 Bible Study (AR)</p>	<p>9:00 PT/OT in the Library 9:30 <span style="color: yellow;">■</span> Walking Group (Meet in Courtyard) 1:00 <span style="color: orange;">■</span> Original Bingo (L) 6:00 Advanced Art Class (AR)</p>	<p>9:00 PT/OT in the Library 9:00 <span style="color: green;">■</span> Shopping at Fry's-sign up with Denise 10:00 <span style="color: lightblue;">■</span> Resident Choice (AR)  1:00 <span style="color: orange;">■</span> Bingo (AR) 2:30 Pizza &amp; Beer &amp; Name that Tune (DR) 6:00 <span style="color: lightblue;">■</span> Resident Choice</p>	<p>10:00 <span style="color: lightblue;">■</span> Games of Choice: Self-Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 <span style="color: lightblue;">■</span> Poker Night (L)</p>
<p>8:45 Shepherd of the Desert Church  10:00 Resident Choice (AR)  2:30 ART CLASS with Kevin (AR) 2:30 Church Service (AR) 6:00 Resident Choice</p>	<p>8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 <span style="color: green;">■</span> Trip to Walmart sign up with Denise 10:30 <span style="color: orange;">■</span> Table Games (AR) 1:00 Arts &amp; Crafts AR 2:30 <span style="color: purple;">■</span> Pamper Me! Nails (L) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)</p>	<p>9:00 PT/OT in the Library 9:30 Walking Group (Meet in Courtyard) 10:30 <span style="color: orange;">■</span> Games of choice (AR)  1:00 <span style="color: orange;">■</span> Bingo (AR) 2:30 Choir Practice (AR) 3:30 Charades (AR) 6:00 <span style="color: lightblue;">■</span> Poker (L)</p>	<p>9:00 PT/OT in the Library 10:30 Table Games (AR) 1:00 <span style="color: orange;">■</span> Double Bingo (AR) 1:00 <span style="color: orange;">■</span> Original Double Bingo (L) 2:30 Trivia with Tom (AR) 6:30 Bible Study (AR)</p>	<p>9:00 PT/OT in the Library 9:30 <span style="color: yellow;">■</span> Walking Group (Meet in Courtyard) 1:00 <span style="color: orange;">■</span> Original Bingo (L) 2:30 Town Hall Meeting -Staff invited (AR) 6:00 Advanced Art Class (AR)</p>	<p>9:00 PT/OT in the Library 9:00 <span style="color: green;">■</span> Shopping at Dollar Tree: Sign Up with Denise 10:00 <span style="color: lightblue;">■</span> Resident Choice (AR)  1:00 <span style="color: orange;">■</span> Bingo (AR) 2:30 Happy Hour- Mimosas (DR) 6:00 <span style="color: lightblue;">■</span> Resident Choice</p>	<p>10:00 <span style="color: lightblue;">■</span> Games of Choice: Self-Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 <span style="color: lightblue;">■</span> Poker Night (L)</p>
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## No Fooling!

Instead of playing a prank on April Fools' Day, play one of the dozens of songs with the word "fool" in the title. Here are some of the most notable hits. Can you think of others?

Year	Song	Artist
1956	"Why Do Fools Fall in Love?"	Frankie Lymon and the Teenagers
1958	"Poor Little Fool"	Ricky Nelson
1961	"Fool #1"	Brenda Lee
1967	"Chain of Fools"	Aretha Franklin
1972	"Everybody Plays the Fool"	The Main Ingredient
1979	"What a Fool Believes"	Doobie Brothers
1981	"What Kind of Fool"	Barbra Streisand and Barry Gibb
1988	"Famous Last Words of a Fool"	George Strait
1991	"Don't Want to Be a Fool"	Luther Vandross

# "This Month In History"

## APRIL

**1902:** Tally's Electric Theater in Los Angeles opens. It was the first theater in the U.S. to be built with the sole purpose to show movies, not stage shows.

**1917:** The United States formally enters World War I, marking a turning point in the conflict that had been ongoing for nearly three years. The Great War ended just over a year and a half later.

**1923:** Yankee Stadium in New York City hosts its first baseball game. The Yankees defeated the Red Sox 4-1.

**1938:** Bugs Bunny makes his first cartoon appearance in "Porky's Hare Hunt."

**1954:** The United States Air Force Academy is established just north of Colorado Springs, Colo. Cadets attend the academy to receive military training for either the Air Force or Space Force.

**1969:** The first temporary artificial heart is used to successfully sustain a patient for 65 hours while waiting for a human heart to become available.

**1977:** Fifteen women in the House of Representatives hold the first Women's Caucus meeting. The bipartisan organization is now known as the Congressional Caucus for Women's Issues.

**1997:** At age 21, golfer Tiger Woods takes the title of Masters champion, becoming the tournament's youngest winner—a record he still holds today.

**2004:** Google launches the free email service Gmail. Since the announcement was made on April Fools' Day, the public was skeptical of its authenticity. Today, Gmail is actively used by 1.8 billion people around the globe.