



# Vista Winds

## Retirement Community

28775 N Vistancia Blvd • Peoria, AZ 85383 • (623) 253-6680

### Staff Directory

Heather McBride ..... Executive Director  
 Dawn Rizo ..... Marketing Consultant  
 Ciera Lawson ..... Activities Director  
 Joshua Thomas ..... Executive Chef  
 Lani Luna ..... Homecare Coordinator  
 Ronald Hendricks ..... Maintenance

### MARCH BIRTHDAY HIGHLIGHTS:

#### BIRTHDAYS

Steve S. Mar. 09  
 Marge E. Mar. 15  
 Jan G. Mar. 25  
 Inez G. Mar. 25

### Brain Bender: Looking for Lucky Clovers

Five friends, Eric, Faye, Liam, Millie and Raj, went searching for four-leaf clovers and found a patch full of them. They all collected different amounts of lucky clovers: 1, 2, 4, 6 and 9. Can you use the clues to determine how many they each discovered?

- Raj found two fewer four-leaf clovers than Millie.
- Faye found more than Raj, but fewer than Liam.
- Raj found twice as many clovers as Eric.

*(Answer: Eric found one four-leaf clover, Faye found six, Liam found nine, Millie found four, and Raj found two.)*

Q: How many gold coins can a leprechaun put in an empty pot?

A: One. Then the pot isn't empty anymore!

### March 2025



### A Cheery Sight

Wearing a chest of bold orange feathers and chirping a cheery song, the robin is known as the herald of spring. This hardy North American bird is often a year-round resident that spends the winter roosting in trees to conserve energy. As the weather warms, robins become a more noticeable sight as they come out to search for food and begin nesting.

### Famous Firsts: Academy Awards

Unlike today's spectacle, the first Academy Awards celebration in 1929 was a small affair with just 270 people. A private dinner at a Hollywood hotel honored the film industry's best in 12 categories, and the winners had been announced months earlier.

### Lucky Charms

Do you have a lucky coin or a pair of socks that you believe brings you good fortune? You may be on to something. Studies show that simply believing a lucky charm works can boost a person's confidence, helping them perform a task better.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

						<p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Kings in a Corner</p> <p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Poker</p> <p>12:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Chess &amp; Checkers</p> <p>6:30 <span style="background-color: #FF8C00; color: white; padding: 2px;">M</span> MOVIE TIME! SOUTH PACIFIC</p>
2	3	4	5	6	7	8
<p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Adult Coloring</p> <p>11:30 <span style="background-color: #008080; color: white; padding: 2px;">F</span> Billiards &amp; Pool</p> <p>12:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Chess and Checkers</p> <p>1:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Board Games</p>	<p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> CHAIR ZUMBA</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Kings in a Corner</p> <p>11:00 <span style="background-color: #FF4500; color: white; padding: 2px;">O</span> SHOPPING: KOHL'S</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Bridge</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Hand and Foot</p> <p>3:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> Trivia</p>	<p>Happy Mardi Gras!</p> <p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Chair Yoga</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> Mahjong</p> <p>11:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Diamond Art with Barbara</p> <p>1:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Dime Bingo</p> <p>2:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Mexican Dominos</p>	<p>Ash Wednesday</p> <p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> CHAIR ZUMBA</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Kings in a Corner</p> <p>11:00 <span style="background-color: #000080; color: white; padding: 2px;">C</span> Bible Study with Karen</p> <p>11:00 <span style="background-color: #FF4500; color: white; padding: 2px;">O</span> SHOPPING: FRY'S</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Hand and Foot</p> <p>1:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> Pinochle</p>	<p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Chair Yoga</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Kings in a Corner</p> <p>11:00 <span style="background-color: #333333; color: white; padding: 2px;">PA</span> Garden Club</p> <p>1:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Dime Bingo</p> <p>6:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Hand and Foot</p>	<p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Kings in a Corner</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> Mahjong</p> <p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Meditation</p> <p>11:00 <span style="background-color: #FF4500; color: white; padding: 2px;">O</span> LUNCH BUNCH - Angry Crab Shack</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Bridge</p> <p>3:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> HAPPY HOUR</p>	<p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Kings in a Corner</p> <p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Poker</p> <p>12:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Chess &amp; Checkers</p> <p>2:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Entertainment- Alesa</p> <p>6:30 <span style="background-color: #FF8C00; color: white; padding: 2px;">M</span> MOVIE TIME! MOONSTRUCK</p>
9	10	11	12	13	14	15
<p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Adult Coloring</p> <p>11:30 <span style="background-color: #008080; color: white; padding: 2px;">F</span> Billiards &amp; Pool</p> <p>12:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Chess and Checkers</p> <p>1:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Board Games</p>	<p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> CHAIR ZUMBA</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Kings in a Corner</p> <p>11:00 <span style="background-color: #FF4500; color: white; padding: 2px;">O</span> SHOPPING: 5 &amp; Below</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Bridge</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Hand and Foot</p> <p>3:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> Trivia</p>	<p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Chair Yoga</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> Mahjong</p> <p>11:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Diamond Art with Barbara</p> <p>1:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Dime Bingo</p> <p>2:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Mexican Dominos</p>	<p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> CHAIR ZUMBA</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Kings in a Corner</p> <p>11:00 <span style="background-color: #000080; color: white; padding: 2px;">C</span> Bible Study with Karen</p> <p>11:00 <span style="background-color: #FF4500; color: white; padding: 2px;">O</span> Wildlife Zoo</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Hand and Foot</p> <p>1:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> Pinochle</p>	<p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Chair Yoga</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Kings in a Corner</p> <p>11:00 <span style="background-color: #333333; color: white; padding: 2px;">PA</span> Garden Club</p> <p>1:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Dime Bingo</p> <p>6:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Hand and Foot</p>	<p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Kings in a Corner</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> Mahjong</p> <p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Meditation</p> <p>11:00 <span style="background-color: #FF4500; color: white; padding: 2px;">O</span> LUNCH BUNCH - Hawaiian Bros</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Bridge</p> <p>3:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> HAPPY HOUR</p>	<p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Kings in a Corner</p> <p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Poker</p> <p>12:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Chess &amp; Checkers</p> <p>2:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Entertainment- Pianist Dave Swaim</p> <p>6:30 <span style="background-color: #FF8C00; color: white; padding: 2px;">M</span> MOVIE TIME! ARTHUR</p>
16	17	18	19	20	21	22
<p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Adult Coloring</p> <p>11:30 <span style="background-color: #008080; color: white; padding: 2px;">F</span> Billiards &amp; Pool</p> <p>12:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Chess and Checkers</p> <p>1:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Board Games</p>	<p>St. Patrick's Day 2025</p> <p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> CHAIR ZUMBA</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Kings in a Corner</p> <p>11:00 <span style="background-color: #FF4500; color: white; padding: 2px;">O</span> SHOPPING: SAFEWAY</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Bridge</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Hand and Foot</p> <p>3:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> Trivia</p> <p>6:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> St. Paddy's Happy Hour Party!</p>	<p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Chair Yoga</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> Mahjong</p> <p>11:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Diamond Art with Barbara</p> <p>1:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Dime Bingo</p> <p>2:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Mexican Dominos</p>	<p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> CHAIR ZUMBA</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Kings in a Corner</p> <p>11:00 <span style="background-color: #FF4500; color: white; padding: 2px;">O</span> As You Wish-Pottery Painting</p> <p>11:00 <span style="background-color: #000080; color: white; padding: 2px;">C</span> Bible Study with Karen</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Hand and Foot</p> <p>1:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> Pinochle</p>	<p>Friends &amp; Family Luau Night!</p> <p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Chair Yoga</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Kings in a Corner</p> <p>11:00 <span style="background-color: #333333; color: white; padding: 2px;">PA</span> Garden Club</p> <p>1:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Dime Bingo</p> <p>3:00 <span style="background-color: #800000; color: white; padding: 2px;">P</span> Entertainment: Hawaiian Dancers</p> <p>6:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Hand and Foot</p>	<p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Kings in a Corner</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> Mahjong</p> <p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Meditation</p> <p>11:00 <span style="background-color: #FF4500; color: white; padding: 2px;">O</span> LUNCH BUNCH - P.F. Chang's</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Bridge</p> <p>3:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> HAPPY HOUR</p>	<p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Kings in a Corner</p> <p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Poker</p> <p>12:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Chess &amp; Checkers</p> <p>6:30 <span style="background-color: #FF8C00; color: white; padding: 2px;">M</span> MOVIE TIME! Mamma Mia!</p>
23	24	25	26	27	28	29
<p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Adult Coloring</p> <p>11:30 <span style="background-color: #008080; color: white; padding: 2px;">F</span> Billiards &amp; Pool</p> <p>12:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Chess and Checkers</p> <p>1:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Board Games</p>	<p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> CHAIR ZUMBA</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Kings in a Corner</p> <p>11:00 <span style="background-color: #FF4500; color: white; padding: 2px;">O</span> SHOPPING: Marshalls</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Bridge</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Hand and Foot</p>	<p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Chair Yoga</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> Mahjong</p> <p>11:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Diamond Art with Barbara</p> <p>1:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Dime Bingo</p> <p>2:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Mexican Dominos</p>	<p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> CHAIR ZUMBA</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Kings in a Corner</p> <p>11:00 <span style="background-color: #000080; color: white; padding: 2px;">C</span> Bible Study with Karen</p> <p>11:00 <span style="background-color: #FF4500; color: white; padding: 2px;">O</span> Restaurant:Horny Toad/ Shopping: Carefree &amp; Cave Creek</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Hand and Foot</p> <p>1:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> Pinochle</p>	<p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Chair Yoga</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Kings in a Corner</p> <p>11:00 <span style="background-color: #333333; color: white; padding: 2px;">PA</span> Garden Club</p> <p>1:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Dime Bingo</p> <p>2:30 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> RESIDENT COUNCIL MEETING</p> <p>6:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Hand and Foot</p>	<p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Kings in a Corner</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> Mahjong</p> <p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Meditation</p> <p>11:00 <span style="background-color: #FF4500; color: white; padding: 2px;">O</span> LUNCH BUNCH - Cheesecake Factory</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Bridge</p> <p>3:00 <span style="background-color: #800080; color: white; padding: 2px;">3L</span> HAPPY HOUR</p>	<p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Kings in a Corner</p> <p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Poker</p> <p>12:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Chess &amp; Checkers</p> <p>5:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Texas Hold'em Poker Tournament</p> <p>6:30 <span style="background-color: #FF8C00; color: white; padding: 2px;">M</span> MOVIE TIME! Airplane!</p>
30	31					
<p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Adult Coloring</p> <p>11:30 <span style="background-color: #008080; color: white; padding: 2px;">F</span> Billiards &amp; Pool</p> <p>12:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Chess and Checkers</p> <p>1:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> Board Games</p>	<p>10:00 <span style="background-color: #008080; color: white; padding: 2px;">A3</span> CHAIR ZUMBA</p> <p>10:00 <span style="background-color: #800080; color: white; padding: 2px;">A4</span> Kings in a Corner</p> <p>11:00 <span style="background-color: #FF4500; color: white; padding: 2px;">O</span> SHOPPING: WALMART</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Bridge</p> <p>1:00 <span style="background-color: #008000; color: white; padding: 2px;">LB</span> Hand and Foot</p>					

## Cartoon Characters

The world of animation has brought to life a wide range of characters over the years—everything from a Jazz Age flapper and a talking bear to a crime-solving dog and a sea sponge. Take a look at these popular cartoon characters and when they made their screen debuts.

Year	Character	Debut Cartoon/Series
1928	Mickey Mouse	"Steamboat Willie"
1930	Betty Boop	"Dizzy Dishes"
1940	Bugs Bunny	"A Wild Hare"
1958	Yogi Bear	"The Huckleberry Hound Show"
1969	Scooby-Doo	"Scooby-Doo, Where Are You!"
1989	Homer Simpson	"The Simpsons"
1999	SpongeBob SquarePants	"SpongeBob SquarePants"
2000	Dora	"Dora the Explorer"
2004	Peppa	"Peppa Pig"
2012	Daniel Tiger	"Daniel Tiger's Neighborhood"

"Then & Now"

### Famous Irish Person

- 1) Maeve Binchy
- 2) Conor McGregor
- 3) Arthur Guinness
- 4) George Bernard Shaw
- 5) Bono
- 6) Maureen O'Hara

### Profession

- A) Playwright
- B) Mixed martial artist
- C) Entrepreneur
- D) Author
- E) Actor
- F) Singer

## ENTERTAINMENT TRIVIA

Influential Irish

From athletes to authors to actors, the Emerald Isle has produced its share of famous people. Can you match the Irish person to what they are known for?

Answers: 1) D; 2) B; 3) C; 4) A; 5) F; 6) E