



# Tentana Hinds Retirement Community

12322 N 113th Ave • Youngtown, AZ 85363 • (623) 583-2460

## **ASSISTED LIVING NEWSLETTER Staff Directory**

Bekah Tena	Executive Director
Alex Osorno	Compliance Director
Monica Samuels	Marketing Director
Mike Burgess	Wellness Director
Tristan Cannon	RCC
Amanda Lemke	Elements RCC
Sherry Walker	Housekeeping Supervisor
Jennifer Sims R	es. Engagement Coordinator
Nacho Hernandez	Culinary Director
Misty Davis	Resident Liaison
Jon Watson	Maintenance Director
Denise B.	Receptionist
Christian Sams	Transportation
Joe Weygant	Dining Room Manager

#### **Wearing of the Green**

It's hard to imagine a color other than green dominating St. Patrick's Day celebrations, but for centuries, blue was associated with Ireland. One reason for the color switch was the Irish Rebellion of 1798, an uprising against British rule in which Irish soldiers wore green uniforms. As made famous by the lyrics of the ballad "The Wearing of the Green," people began displaying the color as an expression of national pride.



#### March 2025



#### **A Cheery Sight**

Wearing a chest of bold orange feathers and chirping a cheery song, the robin is known as the herald of spring. This hardy North American bird is often a year-round resident that spends the winter roosting in trees to conserve energy. As the weather warms, robins become a more noticeable sight as they come out to search for food and begin nesting.

### **Famous Firsts: Academy Awards**

Unlike today's spectacle, the first Academy Awards celebration in 1929 was a small affair with just 270 people. A private dinner at a Hollywood hotel honored the film industry's best in 12 categories, and the winners had been announced months earlier.

#### **Lucky Charms**

Do you have a lucky coin or a pair of socks that you believe brings you good fortune? You may be on to something. Studies show that simply believing a lucky charm works can boost a person's confidence, helping them perform a task better.



## March 2025

Outing

Exercise

Games

Self-Led

Manicures

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday	Moriday	HAPPY ST. PATRICK'S PATRICK'S	All events are subject to change. These changes will be noted on the large calendar & in the elevators.	MARDI	Spring is in the	10:00 Games of Choice: Self Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Poker Night (L)
8:45 Shepherd of the Desert Church † 10:00 Resident Choice (AR)† 6:00 Resident Choice	8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 Trip to Walmart: Sign up 10:00 Games of Choice (AR) 1:00 Arts & Crafts AR) 2:30 Pamper Me! Nails (L) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)	9:00 PT/OT in the Library 9:30 Walking Group (Meet in Courtyard) 10:30 Wii Bowling (AR) + 1:00 Bingo (AR) 2:00 Veterans' Chat (L) 2:30 Choir Practice (AR) 3:30 Charades (AR) 6:00 Poker (L)	9:00 Fry's Senior Discount Day: Sign Up with Denise 9:00 PT/OT in the Library 10:00 Table Games (AR) 1:00 Double Bingo (AR) 1:00 Original Double Bingo (L) 2:30 Wine Down & Horse Races (L) 6:30 Bible Study (AR)	9:00 PT/OT in the Library 9:30 Walking Group (Meet in Courtyard) 10:00 Library Cart from Youngtown Library (L) 1:00 Original Bingo (L) 2:30 Planning Meeting (AR) 6:00 Advanced Art Class (AR)	9:00 Dollar Tree Trip: Sign Up with Denise 9:00 PT/OT in the Library 10:00 Resident Choice (AR) H-1 1:00 Bingo (AR) 2:00 BIRTHDAY PARTY with Tom (DR) 6:00 Resident Choice	10:00 Games of Choice: Self Directed  1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Poker Night (L)
8:45 Shepherd of the Desert Church † 10:00 Resident Choice (AR)† 2:30 Church Service (AR) 6:00 Resident Choice	8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 Trip to Fry's: Sign Up with Denise 10:00 Games of Choice (AR) 1:00 Gardening (Courtyard) 2:30 Pamper Me! Nails (L) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)	9:00 PT/OT in the Library 9:30 Walking Group (Meet in Courtyard) 10:30 Wii Bowling (AR) H-H 1:00 Bingo (AR) 2:30 Choir Practice (AR) 3:30 Charades (AR) 6:00 Poker (L)	9:00 PT/OT in the Library 9:30 Tai Chi (YouTube) (AR) 10:00 Table Games (AR) 1:00 Double Bingo (AR) 1:00 Original Double Bingo (L) 6:30 Bible Study (AR)	9:00 PT/OT in the Library 9:30 Walking Group (Meet in Courtyard) 1:00 Original Bingo (L) 3:00 Resident Council Meeting (DR) 6:00 Advanced Art Class (AR)	9:00 PT/OT in the Library 9:00 Shopping at Goodwill: Sign Up with Denise 10:00 Resident Choice (AR) 1:00 Bingo (AR) 2:00 Happy Hour (DR) 6:00 Resident Choice	15:00 Games of Choice: Self Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Poker Night (L)
8:45 Shepherd of the Desert Church † 10:00 Resident Choice (AR)† 2:30 ART CLASS with Kevin (AR) 6:00 Resident Choice	8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 Shopping at Walmart- sign up with Denise 10:00 Games of Choice (AR) 1:00 Crafts (AR) 2:30 Pamper Me! Nails (L) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)	9:00 PT/OT in the Library 9:30 Walking Group (Meet in Courtyard) 10:30 Wii Bowling (AR) H-1:00 Bingo (AR) 2:30 Choir Practice (AR) 3:30 Charades (AR) 6:00 Poker (L)	9:00 PT/OT in the Library 9:30 Tai Chi (YouTube) (AR) 10:00 Table Games (AR) 1:00 Double Bingo (AR) 1:00 Original Double Bingo (L) 6:30 Bible Study (AR)	9:00 PT/OT in the Library 9:30 Walking Group (Meet in Courtyard) 1:00 Original Bingo (L) 2:30 Cultural Day (AR) (AR) 6:00 Advanced Art Class (AR)	9:00 PT/OT in the Library 9:00 Shopping at Dollar Tree: Sign Up with Denise 10:00 Resident Choice (AR) 1:00 Bingo (AR) 6:00 Resident Choice	10:00 Games of Choice: Self Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Poker Night (L)
8:45 Shepherd of the Desert Church † 10:00 Resident Choice (AR) † 2:30 Church Service (AR) 6:00 Resident Choice  30 8:45 Shepherd of the Desert Church † 10:00 Resident Choice (AR) † 6:00 Resident Choice	8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 1:00 Cooking Group (AR) 2:30 Pamper Me! Nails (L) 3:00 ART CLASS with Kevin (AR)  8:40 Catholic Communion (ELS) 9:00 Shopping at Fry's- sign up with Denise 1:00 Arts & Crafts AR) 2:30 Pamper Me! Nails (L) 3:00 ART CLASS with Kevin (AR)	9:00 PT/OT in the Library 9:30 Walking Group (Meet in Courtyard) 10:30 Wii Bowling (AR) H-1:00 Bingo (AR) 2:30 Choir Practice (AR) 3:30 Charades (AR) 6:00 Poker (L)	9:00 PT/OT in the Library 9:30 Tai Chi (YouTube) (AR) 10:00 Table Games (AR) 1:00 Double Bingo (AR) 1:00 Original Double Bingo (L) 6:30 Bible Study (AR)	9:00 PT/OT in the Library 9:30 Walking Group (Meet in Courtyard) 1:00 Original Bingo (L) 2:30 Town Hall Meeting -Staff invited (AR) 6:00 Advanced Art Class (AR)	9:00 PT/OT in the Library 9:00 Shopping at Goodwill 10:00 Resident Choice (AR) H-H 1:00 Bingo (AR) 2:00 Happy Hour-(DR) 6:00 Resident Choice	10:00 Games of Choice: Self Directed  1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Poker Night (L)



#### **Cartoon Characters**

The world of animation has brought to life a wide range of characters over the years—everything from a Jazz Age flapper and a talking bear to a crime-solving dog and a sea sponge. Take a look at these popular cartoon characters and when they made their screen debuts.

Year	Character	Debut Cartoon/Series
1928	Mickey Mouse	"Steamboat Willie"
1930	Betty Boop	"Dizzy Dishes"
1940	Bugs Bunny	"A Wild Hare"
1958	Yogi Bear	"The Huckleberry Hound Show"
1969	Scooby-Doo	"Scooby-Doo, Where Are You!"
1989	Homer Simpson	"The Simpsons"
1999	SpongeBob SquarePants	"SpongeBob SquarePants"
2000	Dora	"Dora the Explorer"
2004	Peppa	"Peppa Pig"
2012	Daniel Tiger	"Daniel Tiger's Neighborhood"

## "This Month In History"

#### **MARCH**

**1790:** The first U.S. census is taken and records a population of 3.9 million.

**1899:** A German pharmaceutical company patents aspirin.

**1912:** Oreos, the cream-filled chocolate sandwich cookies, are introduced by the National Biscuit Company.

1923: Time magazine debuts.

**1933:** Frances Perkins is appointed secretary of labor, becoming the first woman to serve in the Cabinet.

**1941:** The National Gallery of Art opens in Washington, D.C.

**1951:** The comic strip "Dennis the Menace" by Hank Ketcham begins syndication in 16 newspapers.

1968: Country music singers Johnny Cash and June Carter marry.

**1981:** TV anchorman Walter Cronkite, often called "the most trusted man in America," retires from the "CBS Evening News."

**1994:** Hockey great Wayne Gretzky nets his 802nd NHL goal, breaking the previous record held by legend Gordie Howe.

**1997:** Singer, songwriter and former Beatle Paul McCartney is knighted by Queen Elizabeth II.

**2002:** Halle Berry wins the Oscar for best actress for her role in "Monster's Ball." She was the first African-American to receive the award.

**2006:** The first tweet goes out at the launch of social media website Twitter.

