



Sedona Winds

Retirement Community

405 Jacks Canyon Rd • Sedona, AZ 86351 • (928) 284-1021

'Party' Gras

Let the good times roll on Mardi Gras! You won't want to miss out on our colorful, festive party, so check the calendar for all the details and come celebrate with us.



Happy St. Patrick's Day!

May the luck of the Irish be with you on March 17 and all the days to come. Happy St. Patrick's Day to all our residents!



Make Your Own Luck

Would you like to increase the odds of something good happening in your life? Good luck is more likely to strike if you step out of your comfort zone and are receptive to fresh opportunities. Experts say that being open to new activities, people and places can help create more positive experiences.

March 2025

Valentine's Day Fun

It was a lovely day with the wonderful food provided by the Culinary Department and photos Elizabeth took with our new Valentine backdrop. Thank you.



More February Fun - The Dance and Super Bowl Party

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		All Events Are Subject to Change		<i>Spring is in the air</i>		10:00 Chair Yoga with Susannah 2:00 Loving & Healing Group with Marty & Patricia 5:30 Mexican Train
2 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie 5:30 Mexican Train	3 10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Service	4 Mardi Gras 8:30 Coffee Club with Will from Edward Jones 10:00 Fitness 10:00 Village Van 11:00 Bible Study 2:00 Card Bingo 3:00 Mardi Gras Fun	5 9:30 Joan's Writing Group 9:30 Sedona Van 10:00 Fitness 2:00 Bingo with Will from Edward Jones	6 Happy Birthday Josephine 9:30 Cottonwood Van 10:00 Fitness 1:00 Bowling on Wii 5:30 Mexican Train 6:30 Bible Study	7 Happy Birthday Rose Marie 10:00 Fitness 2:00 Play a card game of your choice 5:30 Mexican Train	8 10:00 Chair Yoga with Susannah 2:00 Loving & Healing Group with Marty & Patricia 5:30 Mexican Train
9 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie 5:30 Mexican Train	10 10:00 Fitness 10:45 Trivia Fun 11:00 Out to Lunch at G Burger's 2:00 Sedona Downs 3:00 Catholic Service	11 8:45 Computer and Phone Help from Marcie 10:00 Fitness 10:00 Village Van 11:00 Bible Study 2:00 Card Bingo	12 9:30 Sedona Van 10:00 Fitness 11:00 Pet Visit with Taffy and Vicki 11:00 Wellness Clinic 2:00 Village Ukulele Band	13 Happy Birthday Debbi 9:30 Cottonwood Van 10:00 Fitness 1:00 Bowling on Wii 2:00 Crafts with Julie 5:30 Mexican Train 6:30 Bible Study	14 10:00 Fitness 10:30 Van to Prescott 2:00 Play a card game of your choice 5:30 Mexican Train	15 Happy Birthday Billy, Wendy & Alma 10:00 Chair Yoga with Susannah 2:00 Loving & Healing Group with Marty & Patricia 5:30 Mexican Train
16 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie 5:30 Mexican Train	17 St. Patrick's Day 10:00 Fitness 10:45 Trivia Fun 2:00 St. Patrick's Day Party w/ Kathi 3:00 Catholic Service	18 10:00 Fitness 10:00 Village Van 11:00 Bible Study 2:00 Ice Cream & Trivia Social with Hospice Compassus	19 9:30 Joan's Writing Group 9:30 Sedona Van 10:00 Fitness 2:00 Bingo with Will from Edward Jones	20 Spring Begins 9:30 Cottonwood Van 10:00 Fitness 1:00 Bowling on Wii 2:00 Happy Hour with John Z. 5:30 Mexican Train 6:30 Bible Study	21 Happy Birthday Greg 10:00 Fitness 2:00 Play a card game of your choice 5:30 Mexican Train	22 10:00 Chair Yoga with Susannah 2:00 Loving & Healing Group with Marty & Patricia 5:30 Mexican Train
23 Happy Birthday Annette 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie 5:30 Mexican Train	24 10:00 Fitness 10:45 Trivia Fun 1:00 Mystery Ride 2:00 Sedona Downs 3:00 Catholic Service	25 10:00 Fitness 10:00 Village Van 11:00 Bible Study 12:00 Out to Lunch at the Village Pub 2:00 Card Bingo	26 Happy Birthday Evelyn G. 9:30 Sedona Van 10:00 Fitness 1:30 Van to Out of Africa 2:00 Bingo with Laura 4:00 Dinner Music with Erroll	27 9:30 Cottonwood Van 10:00 Fitness 1:00 Bowling on Wii 2:00 Crafts with Julie 5:30 Mexican Train 6:30 Bible Study	28 9:30 Van to Casino 10:00 Fitness 2:00 Show & Tell 5:30 Mexican Train	29 Happy Birthday Nick 10:00 Chair Yoga with Susannah 2:00 Loving & Healing Group with Marty & Patricia 5:30 Mexican Train
30 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie 5:30 Mexican Train	31 10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Service					

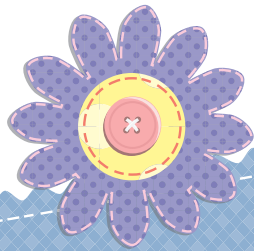
Celebrate

ST. PATRICK'S DAY!



We hope your day is filled with good times,
good friends and good luck.

We're looking
forward to
seeing you
out in the
community.



Spring is here!

