



# Chaparral Winds

## Retirement Community

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### Staff Directory

Lisa Wynn ..... Executive Director  
 Jessie Ahai ..... Nurse  
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 Venessa Gutierrez ..... Resident Care Coordinator  
 Annalisa Silva ..... AL Activity Director  
 Malena Falcon ..... MC Activity Coordinator  
 Alma Ramirez ..... Housekeeping  
 Claudia Garcia ..... Housekeeping  
 Arthur Guillory ..... Maintenance Director  
 Steve Brown ..... Maintenance



### Birthday Wishes

We have a lot of birthday babies this month, and we hope you'll help us in wishing them a fantastic birthday. If you know any of the following people, don't let them off the hook! Wave them over and sing "Happy Birthday" to them.

3/06	Dot L
3/09	Sharon K
3/14	Shirley H
3/26	Fred P
3/30	Eugene C

### March 2025







Congratulations to our star resident, Jenti!



### March Greetings

Hello, there! March is upon us, and with it comes the welcome arrival of spring. I think we are all looking forward to warmer weather and more outings. We have a lot of activities planned this month, and I encourage everyone to join us!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p style="text-align: center;"><b>All Events Are Subject to Change</b></p>	<ul style="list-style-type: none"> <li>AR- ACTIVITY ROOM</li> <li>L- LOUNGE</li> <li>B- BISTRO</li> <li>T- THEATER</li> <li>LB- LIBRARY</li> <li>CY- COURTYARD</li> <li>PDR- PRIVATE DINING ROOM</li> <li>DR- DINING ROOM</li> <li>MS- MEMORY SUPPORT</li> <li>IL- INDEPENDENT LIVING</li> </ul>	<p>10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Blackjack w/Wes (L) 1:00 Wii Bowling (L)</p>
<p>2 12:00 Crosswords (AR) 4:00 Puzzles (LB)</p>	<p>3 9:00 Walmart Outing 9:30 Stretching (T) 10:00 Bingo (AR) <b>1:00 Exercise w/ Kellan (AR)</b> 2:15 Collect your activity bucks (AR) 4:00 Hand &amp; Foot (AR)</p>	<p>4 <b>9:00 5 K (AR)</b> 10:00 Bingo (AR) 12:00 Blackjack (L) 1:00 Activity Store (AR) <b>2:00 Entertainment (Jeff S) DR</b> <b>2:00 Happy hour (B)</b> 4:00 Wii Bowling (L)</p>	<p>5 <b>Ash Wednesday</b> 9:00 Bible Study w/ Tony (L) 9:30 Catholic Confessions (IL) 10:00 Catholic Mass (IL) 2:00 Hand &amp; Foot (AR) 2:30 Chair exercise with weights (AR) 3:00 Relaxing Art (AR)</p>	<p>6 <b>9:00 5 K (AR)</b> 10:00 Bingo (AR) 11:00 Cooking w/Lisa (B) Oreo Truffles 1:00 Sip &amp; Paint (AR) 2:30 Blackjack (L) 6:30 Hand &amp; Foot (AR)</p>	<p>7 <b>National Dress in Blue Day</b> 9:00 Donuts &amp; Coffee (AR) 10:00 Bingo (AR) <b>10:00 Southwest Mobility (B)</b> 12:00 Blackjack (L) 1:00 Exercise Room IL <b>2:00 Mindful Movement &amp; Music w/ Darlene (DR)</b> 3:00 How it was made T (Glass) 4:00 Puzzles (LB)</p>	<p>8 10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Wii Bowling (L)</p>
<p>9 <b>Daylight Saving Time Begins</b> 12:00 Crosswords (AR) 4:00 Puzzles (LB)</p>	<p>10 9:00 Walmart Orders 9:30 Stretching (T) 10:00 Bingo (AR) 12:00 Manicure Monday AR (By Appointment) <b>1:00 Exercise w/ Kellan (AR)</b> 2:15 Collect your activity bucks (AR) 4:00 Hand &amp; Foot (AR)</p>	<p>11 <b>9:00 5 K (AR)</b> 10:00 Bingo (AR) 12:00 Blackjack (L) 1:15 Activity Store (AR) <b>2:00 Veterans' Coffee PDR</b> 4:00 Wii Bowling (L)</p>	<p>12 9:00 Bible Study w/ Tony (L) 10:00 Bingo (AR) 10:00 Stretching (T) <b>11:00 Red Lobster (sign up)</b> 2:00 Hand &amp; Foot (AR) 2:30 Chair Drumming (AR) 3:00 Relaxing Art (AR)</p>	<p>13 <b>9:00 5 K (AR)</b> 10:00 Bingo (AR) 12:00 March Birthday Lunch PDR 2:00 Cornhole (CY) 6:30 Hand &amp; Foot (AR)</p>	<p>14 9:00 Donuts &amp; Coffee (AR) 12:00 Blackjack (L) 1:00 Exercise Room IL 3:00 Armchair Travel T (India) 4:00 Puzzles (LB)</p>	<p>15 10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Blackjack w/Wes (L) 1:00 Wii Bowling (L)</p>
<p>16 12:00 Crosswords (AR) 4:00 Puzzles (LB)</p>	<p>17 <b>9:00 Casino outing (sign up)</b> 9:00 Walmart Outing 9:30 Stretching (T) 10:00 Bingo (AR) <b>1:00 St. Patrick's happy hour (B)</b> 2:15 Collect your activity bucks (AR) 4:00 Hand &amp; Foot (AR)</p>	<p>18 <b>9:00 5 K (AR)</b> <b>9:00 Resident Council (PDR)</b> 10:00 Bingo (AR) 12:00 Blackjack (L) 1:15 Activity Store (AR) 4:00 Wii Bowling (L)</p>	<p>19 9:00 Bible Study w/ Tony (L) 10:00 Bingo (AR) <b>11:00 Red Robin outing (sign up)</b> 2:00 Hand &amp; Foot (AR) 2:30 Chair exercise with weights (AR) 3:00 Relaxing Art (AR)</p>	<p>20 <b>International Day of Happiness</b> <b>9:00 5 K (AR)</b> 1:00 Arts &amp; Crafts (AR) 2:15 Coffee &amp; Chat (B) 3:00 Scrabble (AR) 6:30 Hand &amp; Foot (AR)</p>	<p>21 9:00 Donuts &amp; Coffee (AR) 10:00 Bingo (AR) 12:00 Blackjack (L) <b>12:30 Car show</b> 1:00 Exercise Room IL 3:00 How it was made (Honey) 4:00 Puzzles (LB)</p>	<p>22 10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Wii Bowling (L)</p>
<p>23 12:00 Crosswords (AR) 4:00 Puzzles (LB)</p>	<p>24 9:30 Stretching (T) 10:00 Bingo (AR) <b>1:00 Exercise w/ Kellan (AR)</b> 2:15 Collect your activity bucks (AR) 4:00 Hand &amp; Foot (AR)</p>	<p>25 <b>9:00 5 K (AR)</b> 10:20 Guided meditation/Reiki/Sound healing (B) 12:00 Blackjack (L) 1:15 Activity Store (AR) <b>2:00 Entertainment (Ronny L) MS</b> <b>2:00 Happy Hour (MS)</b> 4:00 Wii Bowling (L)</p>	<p>26 9:00 Bible Study w/ Tony (L) 10:00 Bingo (AR) 10:00 Stretching (T) <b>11:00 Hole in one outing (sign up)</b> 2:00 Hand &amp; Foot (AR) 2:30 Chair Drumming (AR) 3:00 Relaxing Art (AR)</p>	<p>27 <b>9:00 5 K (AR)</b> 10:00 Bingo (AR) 12:00 Jeopardy &amp; drinks (B) 1:00 Arts &amp; Crafts (AR) 6:30 Hand &amp; Foot (AR)</p>	<p>28 9:00 Donuts &amp; Coffee (AR) 11:00 AMC Outing (sign up) 1:00 Exercise Room IL <b>2:00 Mindful Movement &amp; Music w/ Darlene (DR)</b> 4:00 Puzzles (LB)</p>	<p>29 10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Blackjack w/Wes (L) 1:00 Wii Bowling (L)</p>
<p>30 12:00 Crosswords (AR) 4:00 Puzzles (LB)</p>	<p>31 9:30 Stretching (T) 10:00 Bingo (AR) <b>1:00 Exercise w/ Kellan (AR)</b> 2:15 Collect your activity bucks (AR) 4:00 Hand &amp; Foot (AR)</p>					



# march

.....wordsearch

- |            |          |
|------------|----------|
| Bird       | Mist     |
| Fresh      | Parade   |
| Gold       | Rainbow  |
| Green      | Rain     |
| Ireland    | Shamrock |
| Leprechaun | Spring   |
| Lucky      | Violet   |
| March      | Wind     |



**Bring your finished masterpiece**

to the office as soon as possible  
or contact the office for the final  
due date.

Name: \_\_\_\_\_

Age: \_\_\_\_\_ Apartment #: \_\_\_\_\_

