



Vista Winds

Retirement Community

28783 N Vistancia Blvd • Peoria, AZ 85383 • Phone: (623) 253-6690

Staff Directory

Jae	Executive Director
Mirek	Maintenance
Tina	MC Activities Director
Hailey	AL Activities Director
Julia	Marketing

Dining Room Hours

Breakfast	7:30AM-9:30AM
Lunch	11:30AM-2:30PM
Dinner	4:00PM-6:30PM

February Birthdays

Rita G.	2/06
Bea G.	2/08
Ronnie F.	2/10
Sarah D.	2/11
Tina W.	2/16

Remember When: 'The Dating Game'

Going on TV to find love is not a new concept. The hit show "The Dating Game" introduced the idea when it first premiered in 1965. A bachelorette or bachelor would question three potential dates who were hidden from view, which meant they had to outshine and out-flirt each other with their answers. Tom Selleck, Farrah Fawcett and many other future stars appeared as contestants. Each show ended with host Jim Lange and the winning couples blowing a kiss to the audience.

'Soup' Is One

How many words can you come up with using the letters in "Super Bowl"?

February 2025



Tart Is Smart

National Cherry Month in February gives you a good reason to choose cherries—specifically tart cherries. This sweetly sour snack contains anthocyanins, compounds that contribute to the fruit's flavor, bright red color, and numerous health benefits. Research shows that tart cherries may lower the risk of heart disease; fight inflammation in arthritis and gout patients; provide relief to sore muscles; and promote better sleep.

Be My Valentine

Each year on Feb. 14, people give cards, candy, gifts or flowers on the day of love and romance called Valentine's Day. The observance dates back to the 5th century.

Weekly News

The first issue of Newsweek magazine came out on Feb. 17, 1933. The publication, founded by Thomas J.C. Martyn, a former foreign editor at Time magazine, cost 10 cents a copy and had a circulation of 50,000. At its height in the early 2000s, Newsweek had a worldwide circulation of more than 4 million.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
2	3	4	5	6	7	8
<p>9:30 ■ T Sunday Devotion w/ Les</p> <p>10:00 ■ AR Mexican Train</p> <p>2:00 ■ AR Book Club</p> <p>3:00 ■ AR Kings in the Corner</p> <p>6:00 ■ T Movie</p>	<p>10:30 ■ AR Monday Manicures</p> <p>1:00 ■ AR Afternoon Walkaround</p> <p>2:00 ■ AR Dime Bingo</p> <p>3:00 ■ AR Mosaic Tile Making</p> <p>6:00 ■ T Movie</p>	<p>9:00 ■ AR Coffee and Paint</p> <p>10:30 ■ AR Bingo</p> <p>1:30 ■ T Bible Study</p> <p>2:30 ■ AR Restoration Station Club</p> <p>6:00 ■ T Movie</p>	<p>9:00 ■ AR Gardening Club</p> <p>10:30 ■ AR Morning Journaling</p> <p>1:00 ■ AR Craft Corner - Valentine Cards</p> <p>2:30 ■ AR Mexican Train</p> <p>6:00 ■ T Movie</p>	<p>9:00 ■ AR TheraBand Therapy</p> <p>10:00 ■ T Catholic Mass</p> <p>1:00 ■ LY Safeway Shopping Outing</p> <p>3:00 ■ AR Kings in the Corner</p> <p>6:00 ■ T Movie</p>	<p>9:00 ■ AR Friday Morning Treats</p> <p>10:30 ■ AR Uno</p> <p>1:00 ■ AR Happy Hour</p> <p>2:30 ■ AR February Birthday Bash!</p> <p>6:00 ■ T Movie</p>	<p>9:00 ■ AR Saturday Morning Coffee and Catch Up</p> <p>9:30 ■ AR Scrabble</p> <p>2:00 ■ AR Kings in the Corner</p> <p>6:00 ■ T Movie</p>
9	10	11	12	13	14	15
<p>9:30 ■ T Sunday Devotion w/ Les</p> <p>10:00 ■ AR Mexican Train</p> <p>2:00 ■ AR Book Club</p> <p>3:00 ■ AR Kings in the Corner</p> <p>6:00 ■ T Super Bowl Watch Party</p>	<p>10:30 ■ AR Monday Manicures</p> <p>1:00 ■ AR Afternoon Walkaround</p> <p>2:00 ■ AR Dime Bingo</p> <p>3:00 ■ AR Diamond Painting</p> <p>6:00 ■ T Movie</p>	<p>9:00 ■ AR Coffee and Paint</p> <p>10:30 ■ LY Dillons at Lake Pleasant Lunch Outing</p> <p>1:30 ■ T Bible Study</p> <p>2:30 ■ AR Restoration Station Club</p> <p>6:00 ■ T Movie</p>	<p>9:00 ■ AR Gardening Club</p> <p>10:30 ■ AR Morning Journaling</p> <p>1:30 ■ AR Prom Decorating Committee</p> <p>2:30 ■ AR Mexican Train</p> <p>6:00 ■ T Movie</p>	<p>Family and Friends Night</p> <p>9:00 ■ AR TheraBand Therapy</p> <p>10:30 ■ AR Bingo</p> <p>1:00 ■ LY Fry's Shopping Outing</p> <p>3:00 ■ DR Cherished Hearts Prom</p> <p>3:00 ■ AR Kings in the Corner</p> <p>6:00 ■ T Movie</p>	<p>Happy Valentine's Day!</p> <p>9:00 ■ AR Friday Morning Treats</p> <p>9:30 ■ T Catholic Communion Service</p> <p>1:00 ■ AR Valentine's Day Happy Hour</p> <p>2:30 ■ AR Activity Calendar Meeting with Hailey</p> <p>6:00 ■ T Movie</p>	<p>9:00 ■ AR Saturday Morning Coffee and Catch Up</p> <p>9:30 ■ AR Scrabble</p> <p>2:00 ■ AR Kings in the Corner</p> <p>6:00 ■ T Movie</p>
16	17	18	19	20	21	22
<p>Presidents Day</p> <p>9:30 ■ T Sunday Devotion w/ Les</p> <p>10:00 ■ AR Mexican Train</p> <p>2:00 ■ AR Book Club</p> <p>3:00 ■ AR Kings in the Corner</p> <p>6:00 ■ T Movie</p>	<p>10:30 ■ AR Monday Manicures</p> <p>1:00 ■ AR Afternoon Walkaround</p> <p>2:00 ■ AR Dime Bingo</p> <p>3:00 ■ AR Mosaic Tile Making</p> <p>6:00 ■ T Movie</p>	<p>9:00 ■ AR Coffee and Paint</p> <p>10:00 ■ LY Musical Instrument Museum - Outing</p> <p>1:30 ■ T Bible Study</p> <p>3:00 ■ AR Restoration Station Club</p> <p>6:00 ■ T Movie</p>	<p>9:00 ■ AR Gardening Club</p> <p>10:30 ■ AR Morning Journaling</p> <p>1:00 ■ AR Monthly Ladies' Tea</p> <p>2:30 ■ AR Mexican Train</p> <p>6:00 ■ T Movie</p>	<p>9:00 ■ AR TheraBand Therapy</p> <p>10:30 ■ DR Chef Chat</p> <p>1:00 ■ LY Walmart Shopping Outing</p> <p>3:00 ■ AR John Case Live Entertainment</p> <p>6:00 ■ T Movie</p>	<p>9:00 ■ AR Friday Morning Treats</p> <p>9:30 ■ T Catholic Communion Service</p> <p>1:00 ■ AR Happy Hour</p> <p>2:30 ■ AR Resident Council Meeting</p> <p>6:00 ■ T Movie</p>	<p>9:00 ■ AR Saturday Morning Coffee and Catch Up</p> <p>9:30 ■ AR Scrabble</p> <p>2:00 ■ AR Kings in the Corner</p> <p>6:00 ■ T Movie</p>
23	24	25	26	27	28	<p>All Events are Subject to Change</p>
<p>9:30 ■ T Sunday Devotion w/ Les</p> <p>10:00 ■ AR Mexican Train</p> <p>2:00 ■ AR Book Club</p> <p>3:00 ■ AR Kings in the Corner</p> <p>6:00 ■ T Movie</p>	<p>10:30 ■ AR Monday Manicures</p> <p>1:00 ■ AR Afternoon Walkaround</p> <p>2:00 ■ AR Dime Bingo</p> <p>3:00 ■ AR Diamond Painting</p> <p>6:00 ■ T Movie</p>	<p>9:00 ■ AR Coffee and Paint</p> <p>11:00 ■ LY Babbo Lunch Outing</p> <p>1:30 ■ T Bible Study</p> <p>2:30 ■ AR Restoration Station Club</p> <p>6:00 ■ T Movie</p>	<p>9:00 ■ AR Gardening Club</p> <p>10:30 ■ AR Morning Journaling</p> <p>1:00 ■ AR Dime Left, Right, Center</p> <p>2:30 ■ MC Live Entertainment: Tom (Hospice of the West)</p> <p>6:00 ■ T Movie</p>	<p>9:00 ■ AR TheraBand Therapy</p> <p>10:30 ■ AR Bingo</p> <p>1:00 ■ LY Target Shopping Outing</p> <p>3:00 ■ AR Kings in the Corner</p> <p>6:00 ■ T Movie</p>	<p>9:00 ■ AR Friday Morning Treats</p> <p>9:30 ■ T Catholic Communion Service</p> <p>1:00 ■ AR Happy Hour</p> <p>2:30 ■ AR Town Hall Meeting</p> <p>6:00 ■ T Movie</p>	

