



Ventana Winds

Retirement Community

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ASSISTED LIVING NEWSLETTER Staff Directory

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Valentine's Day Treat

Conversation hearts, also known as candy hearts or Sweethearts, date back to the late 1800s when Oliver Chase and his brother Daniel created the sugary treats. They used vegetable dye to print words on what were originally scallop-shaped confections. Phrases were much longer then, with sayings such as "Married in white, you have chosen right" and "How long shall I have to wait? Please be considerate." In 1902, the famous heart shape appeared and simpler prints came out, like the familiar "Be Mine" or "Kiss Me."



February 2025



Tart Is Smart

National Cherry Month in February gives you a good reason to choose cherries—specifically tart cherries. This sweetly sour snack contains anthocyanins, compounds that contribute to the fruit's flavor, bright red color, and numerous health benefits. Research shows that tart cherries may lower the risk of heart disease; fight inflammation in arthritis and gout patients; provide relief to sore muscles; and promote better sleep.

Be My Valentine

Each year on Feb. 14, people give cards, candy, gifts or flowers on the day of love and romance called Valentine's Day. The observance dates back to the 5th century.

Weekly News

The first issue of Newsweek magazine came out on Feb. 17, 1933. The publication, founded by Thomas J.C. Martyn, a former foreign editor at Time magazine, cost 10 cents a copy and had a circulation of 50,000. At its height in the early 2000s, Newsweek had a worldwide circulation of more than 4 million.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>All events are subject to change! Changes will be noted on flyers in elevators and on large calendar near dining room!</p>			
<p style="text-align: right;">2</p> <p>8:45 Shepherd of the Desert Church Bus Pickup at Front Office †</p> <p>10:00 Resident Choice (AR) †</p> <p>2:30 Church Service (AR)</p> <p>6:00 Resident Choice</p>	<p style="text-align: right;">3</p> <p>8:40 Catholic Communion (ELS)</p> <p>9:00 PT/OT in the Library</p> <p>9:00 Trip to Walmart: Sign up</p> <p>10:00 Games of Choice (AR)</p> <p>1:00 Arts & Crafts (AR)</p> <p>2:30 Pamper Me! Nails (L)</p> <p>3:00 ART CLASS with Kevin (AR)</p> <p>6:00 Card Games (Res. Choice)</p>	<p style="text-align: right;">4</p> <p>9:00 PT/OT in the Library</p> <p>10:30 Wii Bowling (AR) ††</p> <p>1:00 Bingo (AR)</p> <p>2:00 Veterans' Chat (L)</p> <p>2:30 Choir Practice (AR)</p> <p>3:30 Charades (AR)</p> <p>6:00 Poker (L)</p>	<p style="text-align: right;">5</p> <p>9:00 Fry's Senior Discount Day: Sign Up with Denise</p> <p>9:00 PT/OT in the Library</p> <p>10:00 Table Games (AR)</p> <p>1:00 Double Bingo (AR)</p> <p>1:00 Original Double Bingo (L)</p> <p>2:30 Wine Down & Horse Races (L)</p> <p>6:30 Bible Study (AR)</p>	<p style="text-align: right;">6</p> <p>9:00 PT/OT in the Library</p> <p>10:00 Library Cart from Youngtown Library (L)</p> <p>1:00 Original Bingo (L)</p> <p>2:30 Planning Meeting (AR)</p> <p>6:00 Advanced Art Class (AR)</p>	<p style="text-align: right;">7</p> <p>9:00 Dollar Tree Trip: Sign Up with Denise</p> <p>9:00 PT/OT in the Library</p> <p>10:00 Resident Choice (AR) ††</p> <p>1:00 Bingo (AR)</p> <p>1:30 Reading Group (L)</p> <p>2:00 BIRTHDAY PARTY with Tom (DR)</p> <p>6:00 Resident Choice</p>	<p style="text-align: right;">8</p> <p>10:00 Games of Choice: Self Directed</p> <p>1:00 ART CLASS with Kevin (AR)</p> <p>3:00 Games Available (AR/L)</p> <p>6:00 Poker Night (L)</p>
<p style="text-align: right;">9</p> <p>8:45 Shepherd of the Desert Church Bus Pickup at Front Office †</p> <p>10:00 Resident Choice (AR) †</p> <p>6:00 Resident Choice</p>	<p style="text-align: right;">10</p> <p>8:40 Catholic Communion (ELS)</p> <p>9:00 PT/OT in the Library</p> <p>9:00 Trip to Fry's: Sign Up</p> <p>10:00 Games of Choice (AR)</p> <p>1:00 Arts & Crafts (AR)</p> <p>2:30 Pamper Me! Nails (L)</p> <p>3:00 ART CLASS with Kevin (AR)</p> <p>6:00 Card Games (Res. Choice)</p>	<p style="text-align: right;">11</p> <p>9:00 PT/OT in the Library</p> <p>10:30 Wii Bowling (AR) ††</p> <p>1:00 Bingo (AR)</p> <p>2:30 Choir Practice (AR)</p> <p>3:30 Charades (AR)</p> <p>6:00 Poker (L)</p>	<p style="text-align: right;">12</p> <p>9:00 PT/OT in the Library</p> <p>10:00 Table Games (AR)</p> <p>1:00 Double Bingo (AR)</p> <p>1:00 Original Double Bingo (L)</p> <p>2:30 Bean Bag Baseball (AR)</p> <p>6:30 Bible Study (AR)</p>	<p style="text-align: right;">13</p> <p>9:00 PT/OT in the Library</p> <p>9:30 Students from Heritage Buddies (DR)</p> <p>1:00 Original Bingo (L)</p> <p>3:00 Resident Council Meeting (DR)</p> <p>6:00 Advanced Art Class (AR)</p>	<p style="text-align: right;">14</p> <p>9:00 PT/OT in the Library</p> <p>9:00 Shopping at Goodwill: Sign Up with Denise</p> <p>10:00 Resident Choice (AR) ††</p> <p>1:00 Bingo (AR)</p> <p>2:00 Sweetheart Dance/Valentine's Party (DR)</p> <p>6:00 Resident Choice</p>	<p style="text-align: right;">15</p> <p>10:00 Games of Choice: Self Directed</p> <p>1:00 ART CLASS with Kevin (AR)</p> <p>3:00 Games Available (AR/L)</p> <p>6:00 Poker Night (L)</p>
<p style="text-align: right;">16</p> <p>8:45 Shepherd of the Desert Church Bus Pickup at Front Office †</p> <p>10:00 Resident Choice (AR) †</p> <p>2:30 ART CLASS with Kevin (AR)</p> <p>6:00 Resident Choice</p>	<p style="text-align: right;">17</p> <p>Presidents Day</p> <p>8:40 Catholic Communion (ELS)</p> <p>9:00 PT/OT in the Library</p> <p>9:00 Trip to Walmart sign up with Denise</p> <p>10:00 Games of Choice (AR)</p> <p>1:00 Arts & Crafts (AR)</p> <p>2:30 Pamper Me! Nails (L)</p> <p>3:00 ART CLASS with Kevin (AR)</p> <p>6:00 Card Games (Res. Choice)</p>	<p style="text-align: right;">18</p> <p>9:00 PT/OT in the Library</p> <p>10:30 Wii Bowling (AR) ††</p> <p>1:00 Bingo (AR)</p> <p>2:30 Choir Practice (AR)</p> <p>3:30 Charades (AR)</p> <p>6:00 Poker (L)</p>	<p style="text-align: right;">19</p> <p>9:00 PT/OT in the Library</p> <p>10:00 Table Games (AR)</p> <p>1:00 Double Bingo (AR)</p> <p>1:00 Original Double Bingo (L)</p> <p>2:30 Putter Par-Tee (AR)</p> <p>6:30 Bible Study (AR)</p>	<p style="text-align: right;">20</p> <p>9:00 PT/OT in the Library</p> <p>10:00 Games of Choice (AR)</p> <p>1:00 Original Bingo (L)</p> <p>2:00 Cultural day-Australia (AR)</p> <p>6:00 Advanced Art Class (AR)</p>	<p style="text-align: right;">21</p> <p>9:00 PT/OT in the Library</p> <p>9:00 Trip to Dollar Tree-Sign up early!</p> <p>10:00 Resident Choice (AR) ††</p> <p>1:00 Bingo (AR)</p> <p>1:30 Reading Group (L)</p> <p>2:00 Happy Hour-Margaritas (DR)</p> <p>6:00 Resident Choice</p>	<p style="text-align: right;">22</p> <p>10:00 Games of Choice: Self Directed</p> <p>1:00 ART CLASS with Kevin (AR)</p> <p>3:00 Games Available (AR/L)</p> <p>6:00 Poker Night (L)</p>
<p style="text-align: right;">23</p> <p>8:45 Shepherd of the Desert Church Bus Pickup at Front Office †</p> <p>10:00 Resident Choice (AR) †</p> <p>2:30 Church Service (AR)</p> <p>6:00 Resident Choice</p>	<p style="text-align: right;">24</p> <p>8:40 Catholic Communion (ELS)</p> <p>9:00 PT/OT in the Library</p> <p>9:00 Shopping at Fry's-sign up with Denise</p> <p>10:00 Games of Choice (AR)</p> <p>1:00 Arts & Crafts (AR)</p> <p>2:30 Pamper Me! Nails (L)</p> <p>3:00 ART CLASS with Kevin (AR)</p> <p>6:00 Card Games (Res. Choice)</p>	<p style="text-align: right;">25</p> <p>9:00 PT/OT in the Library</p> <p>10:30 Wii Bowling (AR) ††</p> <p>1:00 Bingo (AR)</p> <p>2:30 Choir Practice (AR)</p> <p>3:30 Charades (AR)</p> <p>6:00 Poker (L)</p>	<p style="text-align: right;">26</p> <p>9:00 PT/OT in the Library</p> <p>10:00 Table Games (AR)</p> <p>1:00 Double Bingo (AR)</p> <p>1:00 Original Double Bingo (L)</p> <p>2:30 Active Games of choice (AR)</p> <p>6:30 Bible Study (AR)</p>	<p style="text-align: right;">27</p> <p>9:00 PT/OT in the Library</p> <p>1:00 Original Bingo (L)</p> <p>1:30 Town Hall - Staff Invited (AR)</p> <p>6:00 Advanced Art Class (AR)</p>	<p style="text-align: right;">28</p> <p>9:00 PT/OT in the Library</p> <p>10:00 Resident Choice (AR) ††</p> <p>1:00 Bingo (AR)</p> <p>1:30 Reading Group (L)</p> <p>6:00 Resident Choice</p>	



Advertising Icons

Created to sell everything from tires and cereal to fast food and insurance, corporate mascots can not only affect product sales, but also impact pop culture. Here are some of the most iconic characters in ad history.

Year	Mascot	Company/Product
1898	The Michelin Man	Michelin tires
1916	Mr. Peanut	Planters peanuts
1928	The Green Giant	Green Giant canned vegetables
1939	Elsie the Cow	Borden dairy products
1951	Tony the Tiger	Kellogg's Frosted Flakes
1963	Ronald McDonald	McDonald's restaurants
1965	Poppin' Fresh Doughboy	Pillsbury foods
1989	Energizer Bunny	Energizer batteries
1997	Gidget the Chihuahua	Taco Bell restaurants
2000	Gecko	Geico insurance

"This Month In History"

FEBRUARY

1878: Thomas Edison receives a patent for his first major invention, the phonograph.

1905: The first Rotary Club meets in Chicago. The service organization now has more than 35,000 clubs worldwide.

1914: In Washington, D.C., a groundbreaking ceremony is held on the western end of the National Mall for the Lincoln Memorial.

1922: Embracing the "broadcasting boom," President Warren G. Harding

has a radio installed in the White House.

1935: The board game Monopoly goes on sale with a price tag of \$2. Now a classic favorite, millions have played the property trading game.

1947: Inventor Edwin H. Land demonstrates his Polaroid Land Camera, which could produce a black-and-white photo in 60 seconds.

1954: A group of children in Pittsburgh is the first to be inoculated against polio with a new vaccine developed by Dr. Jonas Salk.

1968: With smiles, songs and stories, the TV series "Mister Rogers' Neighborhood" premieres on national public television.

1985: The Coca-Cola Company launches a new flavored soft drink, Cherry Coke.

1995: American businessman Steve Fossett completes the first solo flight across the Pacific Ocean in a balloon.

2006: At the Winter Olympics in Italy, U.S. speedskater Shani Davis becomes the first black athlete to win an individual gold medal in Winter Games history.

2011: "The Artist" wins the Oscar for best picture. It was the first silent film to win the award since "Wings" in 1927.

2014: Comedian Jimmy Fallon becomes the host of the late-night talk show "The Tonight Show."