



Sedona Winds

Retirement Community

405 Jacks Canyon Rd • Sedona, AZ 86351 • (928) 284-1021



Happy Valentine's Day

As Valentine's Day approaches, we'd like to take a moment to express our affection for our residents. Thanks for making our community such a fun place to work. Happy Valentine's Day from your staff. Join us for a party at 2:00 p.m. in the Activity Room with Rebecca from Accord Hospice.

Also, a special menu by the Culinary Department at regular meal times.



A Presidential Month

Two of America's most famous leaders, first President George Washington and 16th President Abraham Lincoln, were born in February, contributing to the establishment of Presidents Day. The federal holiday on the third Monday of the month celebrates all U.S. presidents. Two other chief executives were also born in February: William Henry Harrison and Ronald Reagan.

HAPPY Presidents Day



February 2025

Groundhog Day

Will Punxsutawney Phil see his shadow on Feb. 2? Will we have six more weeks of winter, or is spring right around the corner? We'll have some groundhog-themed activities as we eagerly await Phil's prediction, so check the calendar for all the details!






Super Bowl Party ~ Sunday, February 9th

It's Super Bowl time! Which team are you rooting for? Or are you cheering for the commercials, or just looking for the chips and dip? Whatever draws you to the big game, join us for football, food and fun during our Super Bowl party in the Activity Room at 4:00 p.m.! Hope to see you there!

Hold Your Cards ... We Have a Bingo!

That's right, we have bingo almost every week! Come join the fun. It's a great opportunity to have a good time with your friends and neighbors, and you just might win a prize! We'll see you at the next game! See Calendar for dates and time.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Groundhog Day 2</p> <p>10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 1:30 Van to Sedona Symphony Concert 3:00 Matinee Movie 5:30 Mexican Train</p>	 <p>3</p> <p>10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Service</p>	 <p>4</p> <p>8:30 Coffee Club with Will from Edward Jones 10:00 Fitness 10:00 Village Van 11:00 Bible Study 2:00 Card Bingo</p>	 <p>5</p> <p>9:30 Sedona Van 10:00 Fitness 12:00 Out to Lunch at Szechaun 2:00 Bingo with Will from Edward Jones</p>	 <p>6</p> <p>9:30 Cottonwood Van 10:00 Fitness 1:00 Bowling on Wii 5:30 Mexican Train 6:30 Bible Study</p>	 <p>7</p> <p>National Wear Red Day for Women With Cardiovascular Disease 10:00 Fitness 2:00 Let's Play Skipbo 5:30 Mexican Train</p>	<p>8</p> <p>10:00 Chair Yoga with Susannah 2:00 Loving & Healing Group with Marty & Patricia 5:30 Mexican Train</p>
<p>9</p> <p>Super Bowl Sunday 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 4:00 Super Bowl Party 5:30 Mexican Train</p>	<p>10</p> <p>10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 2:30 Confessions with Father David 3:00 Catholic Mass with Father David</p>	<p>11</p> <p>Happy Birthday Don O. & Margie 8:45 Computer and Phone Help from Marcie 10:00 Fitness 10:00 Village Van 11:00 Bible Study 2:00 Card Bingo</p>	<p>12</p> <p>Happy Birthday Geri & Julie 9:30 Sedona Van 10:00 Fitness 11:00 Wellness Clinic 2:00 Crafts with Julie</p>	<p>13</p> <p>9:30 Cottonwood Van 10:00 Fitness 1:00 Bowling on Wii 2:00 Happy Hour with John Z 5:30 Mexican Train 6:30 Bible Study</p>	<p>14</p> <p>Valentine's Day 10:00 Fitness 11:30 Lunch Music by Kathi 2:00 Valentine's Day Party with Rebecca from Accord Hospice 5:30 Mexican Train</p>	<p>15</p> <p>Happy Birthday Andy 2:00 Loving & Healing Group with Marty & Patricia 5:30 Mexican Train</p>
<p>16</p> <p>10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie 5:30 Mexican Train</p>	<p>17</p> <p>Presidents Day & Happy Birthday Ron 10:00 Fitness 10:45 Trivia Fun 11:30 Holiday Brunch 1:30 Holiday Brunch 3:00 Catholic Service</p>	<p>18</p> <p>10:00 Fitness 10:00 Village Van 11:00 Bible Study 2:00 Ice Cream & Trivia Social with Hospice Compassus</p>	<p>19</p> <p>9:30 Sedona Van 10:00 Drumming, Rhythm & Fitness 2:00 Bingo with Will from Edward Jones</p>	<p>20</p> <p>9:30 Cottonwood Van 10:00 Fitness 1:00 Bowling on Wii 2:00 Birthday Concert with Greg and Lisa 5:30 Mexican Train 6:30 Bible Study</p>	<p>21</p> <p>Happy Birthday Terry 10:00 Fitness 2:00 Let's Play Yahtzee 5:30 Mexican Train</p>	<p>22</p> <p>10:00 Chair Yoga with Susannah 2:00 Loving & Healing Group with Marty & Patricia 5:30 Mexican Train</p>
<p>23</p> <p>10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie 5:30 Mexican Train</p>	<p>24</p> <p>10:00 Fitness 10:30 Van to Prescott 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Service</p>	<p>25</p> <p>10:00 Fitness 10:00 Village Van 11:00 Bible Study 2:00 Card Bingo</p>	<p>26</p> <p>Happy Birthday Chef Abraham & Jackie 9:30 Sedona Van 10:00 Fitness 2:00 Bingo with Laura</p>	<p>27</p> <p>Happy Birthday Lamar 9:30 Cottonwood Van 9:30 Library Book Talk 10:00 Fitness 1:00 Bowling on Wii 5:30 Mexican Train 6:30 Bible Study</p>	<p>28</p> <p>Happy Birthday Burt 10:00 Fitness 2:00 Show & Tell 5:30 Mexican Train</p>	<p>All Events Are Subject to Change</p>



Word Search
February

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|-----------|-----------|
| Arrow | Heart |
| Candy | Hug |
| Card | Kiss |
| Cupid | Love |
| February | Red |
| Flowers | Roses |
| Friends | Sweet |
| Groundhog | Valentine |

G	V	A	L	E	N	T	I	N	E	F	D	R	A	C
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