



# Desert Winds

## Retirement Community

20554 N 101st Ave • Peoria, AZ 85382 • (623) 362-1200

### STAFF DIRECTORY

Marielena Medina	Executive Director
Kara Cole	Marketing Director
Pat	Admin Supervisor
Mrs. "D"	SLHC Coordinator
Dan	Maintenance Director
Raul Ramos	Executive Chef
Diana	Dining Room Supervisor

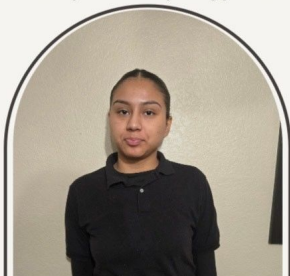
### February Resident Birthdays

Hedy H	2/1
Dawn J	2/7
Cliff B	2/14
Maria N	2/18
Kay D	2/19
Catherine P	2/20
Roger H	2/22
Shirley S	2/25
Michael K	2/26

## YOU'RE AMAZING

### WINNER

We appreciate all of your hard work!  
Thank you for everything you do!!



Valeria Gonzales Lopez

## February 2025



### Tart Is Smart

National Cherry Month in February gives you a good reason to choose cherries—specifically tart cherries. This sweetly sour snack contains anthocyanins, compounds that contribute to the fruit's flavor, bright red color, and numerous health benefits. Research shows that tart cherries may lower the risk of heart disease; fight inflammation in arthritis and gout patients; provide relief to sore muscles; and promote better sleep.

### Be My Valentine

Each year on Feb. 14, people give cards, candy, gifts or flowers on the day of love and romance called Valentine's Day. The observance dates back to the 5th century.

### Weekly News

The first issue of Newsweek magazine came out on Feb. 17, 1933. The publication, founded by Thomas J.C. Martyn, a former foreign editor at Time magazine, cost 10 cents a copy and had a circulation of 50,000. At its height in the early 2000s, Newsweek had a worldwide circulation of more than 4 million.



# February 2025

- L Library
- DR Dining Room
- M Meeting Room
- BH Bingo Hall
- LB Lobby
- T Theatre
- 1S 1st Floor South Lounge
- 1N 1st Floor North Lounge
- CB Continental Breakfast Rm
- P Patio

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>February Birthdays</b> Hedy H 2/1 Dawn J 2/7 Cliff B 2/14 Maria N 2/18 Kay D 2/19 Catherine P 2/20 Roger H 2/22 Shirley S 2/25 Michael K 2/26					10:00 <span style="color: yellow;">M</span> Knitting & Loom Ladies 1:00 <span style="color: yellow;">M</span> Pokeno 4:30 <span style="color: green;">L</span> Billiards
2 9:15 <span style="color: red;">LB</span> Bus Pickup from Church of the Palms for Church Service 1:00 <span style="color: yellow;">M</span> Skip Bo Card Game 3:00 <span style="color: purple;">T</span> Movie	3 10:00 <span style="color: green;">BH</span> Chair Exercise 2:00 <span style="color: green;">BH</span> BINGO! 5:00 <span style="color: purple;">1N</span> Texas Hold 'em Poker	4 10:00 <span style="color: blue;">CB</span> Q&A: Medicare w/ Jeremy 10:00 <span style="color: green;">BH</span> Southwest Mobility - Walker/Scooter 12:00 <span style="color: red;">LB</span> Fry's or Bashas' 12:30 <span style="color: blue;">DR</span> Red Hats Lunch 1:00 <span style="color: red;">1S</span> Mexican Train	5 10:00 <span style="color: green;">BH</span> Chair Exercise 10:30 <span style="color: purple;">T</span> Bible Fellowship 12:00 <span style="color: red;">LB</span> Fry's or Bashas' 2:00 <span style="color: green;">BH</span> BINGO! 6:00 <span style="color: purple;">T</span> MOVIE	6 8:45 <span style="color: red;">LB</span> Fry's or Bashas' 10:00 <span style="color: purple;">T</span> Holy Communion 11:30 <span style="color: red;">LB</span> Arrowhead Mall 2:00 <span style="color: red;">LB</span> Happy Hour 5:00 <span style="color: yellow;">M</span> Skip Bo Card Game	7 <b>NO TRANSPORTATION</b> 9:00 <span style="color: red;">LB</span> Desert Diamond Casino 1:00 <span style="color: red;">1S</span> Bridge 2:00 <span style="color: yellow;">M</span> Scrabble 5:00 <span style="color: purple;">1N</span> Texas Hold 'em Poker	8 10:00 <span style="color: yellow;">M</span> Knitting & Loom Ladies 1:00 <span style="color: yellow;">M</span> Pokeno 4:30 <span style="color: green;">L</span> Billiards
9 9:15 <span style="color: red;">LB</span> Bus Pickup from Church of the Palms for Church Service 1:00 <span style="color: yellow;">M</span> Skip Bo Card Game 3:00 <span style="color: purple;">T</span> Movie	10 10:00 <span style="color: green;">BH</span> Chair Exercise 11:30 <span style="color: red;">LB</span> Lunch: Olive Garden 1:00 <span style="color: purple;">T</span> Community Rosary 2:00 <span style="color: green;">BH</span> BINGO! 5:00 <span style="color: purple;">1N</span> Texas Hold 'em Poker	11 10:00 <span style="color: orange;">P</span> Bean Bag Toss 10:30 <span style="color: blue;">CB</span> Trivia w/ Denise from Expert; Snacks Provided 12:00 <span style="color: red;">LB</span> Fry's or Bashas' 1:00 <span style="color: red;">1S</span> Mexican Train 2:00 <span style="color: red;">LB</span> Bingo Bash	12 <b>Art Exhibition Featuring Blake</b> 10:00 <span style="color: green;">BH</span> Chair Exercise 10:00 <span style="color: red;">LB</span> Paparazzi \$5 Jewelry 12:00 <span style="color: red;">LB</span> Fry's or Bashas' 2:00 <span style="color: green;">BH</span> BINGO! 3:00 <span style="color: green;">BH</span> Art with Heart: A Valentine's Painting w/ Blake 6:00 <span style="color: purple;">T</span> MOVIE	13 8:45 <span style="color: red;">LB</span> Aldi Store 9:30 <span style="color: yellow;">M</span> Men's Coffee 10:00 <span style="color: purple;">T</span> Holy Communion 11:30 <span style="color: red;">LB</span> Walmart 2:00 <span style="color: yellow;">M</span> Let's Bake Cookies 5:00 <span style="color: yellow;">M</span> Skip Bo Card Game	14 9:00 <span style="color: blue;">DR</span> Valentines Appreciation Breakfast 1:00 <span style="color: red;">1S</span> Bridge 2:00 <span style="color: red;">LB</span> Entertainment: Ellen Davis 2:00 <span style="color: yellow;">M</span> Scrabble 5:00 <span style="color: purple;">1N</span> Texas Hold 'em Poker	15 10:00 <span style="color: yellow;">M</span> Knitting & Loom Ladies 1:00 <span style="color: yellow;">M</span> Pokeno 4:30 <span style="color: green;">L</span> Billiards
16 9:15 <span style="color: red;">LB</span> Bus Pickup from Church of the Palms for Church Service 1:00 <span style="color: yellow;">M</span> Skip Bo Card Game 3:00 <span style="color: purple;">T</span> Movie	17 <b>NO TRANSPORTATION - PRESIDENTS DAY</b> 10:00 <span style="color: green;">BH</span> Chair Exercise 12:00 <span style="color: yellow;">M</span> Coloring 2:00 <span style="color: green;">BH</span> BINGO! 5:00 <span style="color: purple;">1N</span> Texas Hold 'em Poker	18 10:30 <span style="color: red;">LB</span> TOWN HALL MEETING 12:00 <span style="color: red;">LB</span> Fry's or Bashas' 1:00 <span style="color: red;">1S</span> Mexican Train 1:30 <span style="color: blue;">CB</span> Q&A: Honoring A Life w/ Hospice Of West 3:00 <span style="color: green;">BH</span> CLOUD 9 Sleep Systems	19 10:00 <span style="color: green;">BH</span> Chair Exercise 10:30 <span style="color: purple;">T</span> Bible Fellowship 12:00 <span style="color: red;">LB</span> Fry's or Bashas' 2:00 <span style="color: green;">BH</span> BINGO! 6:00 <span style="color: purple;">T</span> MOVIE	20 8:45 <span style="color: red;">LB</span> Fry's or Bashas' 10:00 <span style="color: purple;">T</span> Holy Communion 10:00 <span style="color: green;">BH</span> Ladies' Social 11:30 <span style="color: red;">LB</span> Dollar Tree 1:00 <span style="color: red;">LB</span> Sunrise Mountain Library 2:00 <span style="color: red;">LB</span> Happy Hour 5:00 <span style="color: yellow;">M</span> Skip Bo Card Game	21 <b>NO TRANSPORTATION</b> 11:00 <span style="color: red;">LB</span> Handel's Homemade Ice Cream 1:00 <span style="color: red;">1S</span> Bridge 2:00 <span style="color: yellow;">M</span> Scrabble 5:00 <span style="color: purple;">1N</span> Texas Hold 'em Poker	22 10:00 <span style="color: yellow;">M</span> Knitting & Loom Ladies 1:00 <span style="color: yellow;">M</span> Pokeno 4:30 <span style="color: green;">L</span> Billiards
23 9:15 <span style="color: red;">LB</span> Bus Pickup from Church of the Palms for Church Service 1:00 <span style="color: yellow;">M</span> Skip Bo Card Game 3:00 <span style="color: purple;">T</span> Movie	24 10:00 <span style="color: green;">BH</span> Chair Exercise 12:00 <span style="color: yellow;">M</span> Trivia 2:00 <span style="color: green;">BH</span> BINGO! 5:00 <span style="color: purple;">1N</span> Texas Hold 'em Poker	25 10:00 <span style="color: orange;">P</span> Bean Bag Toss 11:00 <span style="color: red;">LB</span> Health Fair 12:00 <span style="color: red;">LB</span> Fry's or Bashas' 1:00 <span style="color: red;">1S</span> Mexican Train 2:30 <span style="color: purple;">T</span> Catholic Mass	26 10:00 <span style="color: green;">BH</span> Chair Exercise 12:00 <span style="color: blue;">DR</span> February Birthday Lunch 12:00 <span style="color: red;">LB</span> Fry's or Bashas' 2:00 <span style="color: green;">BH</span> BINGO! 6:00 <span style="color: purple;">T</span> MOVIE	27 8:45 <span style="color: red;">LB</span> Fry's or Bashas' 10:00 <span style="color: purple;">T</span> Holy Communion 11:00 <span style="color: red;">LB</span> Red Hats Lunch @ The Sicilian Butcher 11:30 <span style="color: red;">LB</span> Walmart 2:00 <span style="color: red;">LB</span> Smoothies 5:00 <span style="color: yellow;">M</span> Skip Bo Card Game	28 1:00 <span style="color: red;">1S</span> Bridge 2:00 <span style="color: red;">LB</span> Entertainment: w/ Vito 2:00 <span style="color: yellow;">M</span> Scrabble 5:00 <span style="color: purple;">1N</span> Texas Hold 'em Poker	



## Advertising Icons

Created to sell everything from tires and cereal to fast food and insurance, corporate mascots can not only affect product sales, but also impact pop culture. Here are some of the most iconic characters in ad history.

Year	Mascot	Company/Product
1898	The Michelin Man	Michelin tires
1916	Mr. Peanut	Planters peanuts
1928	The Green Giant	Green Giant canned vegetables
1939	Elsie the Cow	Borden dairy products
1951	Tony the Tiger	Kellogg's Frosted Flakes
1963	Ronald McDonald	McDonald's restaurants
1965	Poppin' Fresh Doughboy	Pillsbury foods
1989	Energizer Bunny	Energizer batteries
1997	Gidget the Chihuahua	Taco Bell restaurants
2000	Gecko	Geico insurance

## "This Month In History"

### FEBRUARY

**1878:** Thomas Edison receives a patent for his first major invention, the phonograph.

**1905:** The first Rotary Club meets in Chicago. The service organization now has more than 35,000 clubs worldwide.

**1914:** In Washington, D.C., a groundbreaking ceremony is held on the western end of the National Mall for the Lincoln Memorial.

**1922:** Embracing the "broadcasting boom," President Warren G. Harding

has a radio installed in the White House.

**1935:** The board game Monopoly goes on sale with a price tag of \$2. Now a classic favorite, millions have played the property trading game.

**1947:** Inventor Edwin H. Land demonstrates his Polaroid Land Camera, which could produce a black-and-white photo in 60 seconds.

**1954:** A group of children in Pittsburgh is the first to be inoculated against polio with a new vaccine developed by Dr. Jonas Salk.

**1968:** With smiles, songs and stories, the TV series "Mister Rogers' Neighborhood" premieres on national public television.

**1985:** The Coca-Cola Company launches a new flavored soft drink, Cherry Coke.

**1995:** American businessman Steve Fossett completes the first solo flight across the Pacific Ocean in a balloon.

**2006:** At the Winter Olympics in Italy, U.S. speedskater Shani Davis becomes the first black athlete to win an individual gold medal in Winter Games history.

**2011:** "The Artist" wins the Oscar for best picture. It was the first silent film to win the award since "Wings" in 1927.

**2014:** Comedian Jimmy Fallon becomes the host of the late-night talk show "The Tonight Show."