



# Desert Winds

## Retirement Community

20545 N Lake Pleasant Rd • Peoria, AZ 85382 • (623) 322-0600

### Staff Directory

Nora Dartoe: Executive Director  
 Courtney Brogdon: Marketing Director  
 Debra Crutchfield: Nurse  
 Miatta Anderson: Resident Care Coordinator  
 Betty Barrett: Activities Director  
 Virginia Loftiss: Resident Engagement Coordinator  
 Damien Shaffer: Maintenance Director  
 Raul Ramos: Executive Chef

### Dining Room Hours

Breakfast ..... 7:30am-8:30am  
 Lunch ..... 11:00am-12:30pm  
 Dinner ..... 4:00pm-5:30pm

### Resident Birthdays!!

Pauline R. .... 2/1  
 Terry P. .... 2/3  
 Billie W. .... 2/3  
 Bonnie O. .... 2/13  
 Helen J. .... 2/17  
 Nina M. .... 2/18



### February 2025



### Valentine's Day Treat

Conversation hearts, also known as candy hearts or Sweethearts, date back to the late 1800s when Oliver Chase and his brother Daniel created the sugary treats. They used vegetable dye to print words on what were originally scallop-shaped confections. Phrases were much longer then, with sayings such as "Married in white, you have chosen right" and "How long shall I have to wait? Please be considerate." In 1902, the famous heart shape appeared and simpler prints came out, like the familiar "Be Mine" or "Kiss Me."



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Events Are Subject to Change</p>						<p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>10:00 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Puzzles★</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #ffb74d; padding: 2px;">LB</span> Saturday Movie Matinee</p> <p>3:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Cards: Uno, Phase 10, Rummy★</p>
<p>2</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> Bible Study with Linda★</p> <p>10:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Card Games - Uno, Phase 10★</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Puzzles★</p>	<p>3</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:30 <span style="background-color: #e0f2f1; padding: 2px;">FR</span> Line Dancing</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #fce4ec; padding: 2px;">AR</span> No Baking Salsa</p> <p>2:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Phase 10 &amp; Card Games★</p>	<p>4</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> Fancy Manicures</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #e0f2f1; padding: 2px;">FR</span> Beach Volleyball</p> <p>2:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Puzzles &amp; Games ★</p>	<p>5</p> <p>8:30 <b>Trader Joe's / Sign up at the Front Desk</b></p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #ffb74d; padding: 2px;">LB</span> Happy Hour with Andy</p> <p>2:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Phase 10 &amp; Card Games★</p>	<p>6</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:30 <span style="background-color: #e0f2f1; padding: 2px;">FR</span> Music &amp; Movement with Kellan</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>1:30 <span style="background-color: #ffb74d; padding: 2px;">LB</span> Hot Cider with Cinnamon Dessert</p> <p>3:00 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Puzzles &amp; Games★</p>	<p>7</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:00 <span style="background-color: #fce4ec; padding: 2px;">AR</span> Resident Supply Store</p> <p>10:00 <span style="background-color: #fce4ec; padding: 2px;">AR</span> Valentine's Craft and Donuts</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #ffb74d; padding: 2px;">LB</span> Happy Hour With Andy</p> <p>2:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Phase 10 &amp; Card Games★</p>	<p>8</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>10:00 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Puzzles★</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #ffb74d; padding: 2px;">LB</span> Saturday Movie Matinee</p> <p>3:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Cards: Uno, Phase 10, Rummy★</p>
<p>9</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> Bible Study with Linda★</p> <p>10:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Card Games - Uno, Phase 10★</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Puzzles★</p> <p>4:00 <span style="background-color: #ffb74d; padding: 2px;">LB</span> Super Bowl Party</p>	<p>10</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:30 <span style="background-color: #e0f2f1; padding: 2px;">FR</span> Line Dancing</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> No Bake Time</p> <p>2:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Phase 10 &amp; Card Games★</p>	<p>11</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> Fancy Manicures</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #e0f2f1; padding: 2px;">FR</span> Beach Volleyball</p> <p>2:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Puzzles &amp; Games ★</p>	<p>12</p> <p>8:30 <b>Walmart - Sign up at the Front Desk</b></p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #ffb74d; padding: 2px;">LB</span> Happy Hour with Andy</p> <p>2:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Phase 10 &amp; Card Games★</p>	<p>13</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:30 <span style="background-color: #e0f2f1; padding: 2px;">FR</span> Music &amp; Movement with Kellan</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #ffb74d; padding: 2px;">LB</span> Sundaes</p> <p>3:00 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Puzzles &amp; Games★</p>	<p>14</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:00 <span style="background-color: #fce4ec; padding: 2px;">AR</span> Resident Supply Store</p> <p>10:00 <span style="background-color: #fce4ec; padding: 2px;">AR</span> Valentine's Craft and Donuts</p> <p>11:45 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>1:00 <span style="background-color: #ffb74d; padding: 2px;">LB</span> Valentine's Day Party</p> <p>2:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Phase 10 &amp; Card Games★</p>	<p>15</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>10:00 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Puzzles★</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #ffb74d; padding: 2px;">LB</span> Saturday Movie Matinee</p> <p>3:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Cards: Uno, Phase 10, Rummy★</p>
<p>16</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> Bible Study with Linda★</p> <p>10:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Card Games - Uno, Phase 10★</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Puzzles★</p>	<p><b>Presidents Day</b> 17</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:30 <span style="background-color: #e0f2f1; padding: 2px;">FR</span> Line Dancing</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> No Bake Time</p> <p>2:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Phase 10 &amp; Card Games★</p>	<p>18</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> Fancy Manicures</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #fce4ec; padding: 2px;">AR</span> Resident Town Hall Meeting</p> <p>2:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Puzzles &amp; Games ★</p>	<p>19</p> <p>8:30 <b>Hobby Lobby / Sign up at the Front Desk</b></p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #ffb74d; padding: 2px;">LB</span> Happy Hour with Andy</p> <p>2:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Phase 10 &amp; Card Games★</p>	<p>20</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:30 <span style="background-color: #e0f2f1; padding: 2px;">FR</span> Music &amp; Movement with Kellan</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>1:30 <span style="background-color: #ffb74d; padding: 2px;">LB</span> Root Beer Floats</p> <p>3:00 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Puzzles &amp; Games★</p>	<p>21</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:00 <span style="background-color: #fce4ec; padding: 2px;">AR</span> Resident Supply Store</p> <p>10:00 <span style="background-color: #fce4ec; padding: 2px;">AR</span> Wood Painting and Donuts</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #ffb74d; padding: 2px;">LB</span> Happy Hour With Andy</p> <p>2:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Phase 10 &amp; Card Games★</p>	<p>22</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>10:00 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Puzzles★</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #ffb74d; padding: 2px;">LB</span> Saturday Movie Matinee</p> <p>3:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Cards: Uno, Phase 10, Rummy★</p>
<p>23</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> Bible Study with Linda★</p> <p>10:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Card Games - Uno, Phase 10★</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Puzzles★</p>	<p>24</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:30 <span style="background-color: #e0f2f1; padding: 2px;">FR</span> Line Dancing</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> No Bake Time</p> <p>2:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Phase 10 &amp; Card Games★</p>	<p>25</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> Fancy Manicures</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #e0f2f1; padding: 2px;">FR</span> Beach Volleyball</p> <p>2:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Puzzles &amp; Games ★</p>	<p>26</p> <p>9:00 <b>A Good Deed Outing- Sign up at the Front Desk</b></p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #ffb74d; padding: 2px;">LB</span> Happy Hour with Andy</p> <p>2:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Phase 10 &amp; Card Games★</p>	<p>27</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:30 <span style="background-color: #e0f2f1; padding: 2px;">FR</span> Music &amp; Movement with Kellan</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #ffb74d; padding: 2px;">LB</span> Wine Tasting with Cheese Board</p> <p>3:00 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Puzzles &amp; Games★</p>	<p>28</p> <p>9:00 <span style="background-color: #a1887f; padding: 2px;">BR</span> Resident Coffee Social ★</p> <p>9:00 <span style="background-color: #fce4ec; padding: 2px;">AR</span> Resident Supply Store</p> <p>10:00 <span style="background-color: #fce4ec; padding: 2px;">AR</span> St. Patrick's Crafts and Donuts</p> <p>12:30 <span style="background-color: #fce4ec; padding: 2px;">AR</span> DIME BINGO</p> <p>2:00 <span style="background-color: #ffb74d; padding: 2px;">LB</span> Happy Hour With Andy</p> <p>2:30 <span style="background-color: #ffe0b2; padding: 2px;">GR</span> Phase 10 &amp; Card Games★</p>	

## Meet Our New Activity Director!



### A little about Betty!

Betty had lived in Los Angeles, California for about 50 years till she met a wonderful man who lived here in Arizona.

Before joining The Desert Winds Family, she worked in Special Education, and so much more, including Real Estate.

She enjoys camping in her 1959 Airstream, swimming, and spending time with her husband (John) & dog (Boomy).

## MY Monthly PLAN

### To Do:

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### Goals:

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### Don't Forget!

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