



# Chaparral Winds

## Retirement Community

16617 N West Point Pkwy • Surprise, AZ 85374 • (623) 544-4777

### Staff Directory

Lisa .....	Director
Cathy .....	Administrative Assistant
Melissa .....	Marketer
Keveline .....	Activities Coordinator
Arthur .....	Maintenance
Steve .....	Maintenance
Russ .....	Transportation
Margie .....	Home Care
Ashley .....	Chef
Liz .....	Dining Room Manager
Kathleen, Toni, Amy, .....	Receptionists
Danielle, Marissa	
Karen .....	Housekeeper
Veve .....	Housekeeper
Samantha .....	Housekeeper

### February Birthdays!

Bill Price 2/9  
Josephine Sicari 2/13  
Susan Jankins 2/16  
Carol Addleman 2/17  
Maricae Hobbs 2/25

### Welcome, Glad You're Here!

Larry Siersman 119  
Robert & Delores Licker C209  
Diane Davis C118



### February 2025



#### Tart Is Smart

National Cherry Month in February gives you a good reason to choose cherries—specifically tart cherries. This sweetly sour snack contains anthocyanins, compounds that contribute to the fruit's flavor, bright red color, and numerous health benefits. Research shows that tart cherries may lower the risk of heart disease, fight inflammation in arthritis and gout patients, provide relief to sore muscles, and promote better sleep. **Stop by Happy Hour on February 14th for a slice of Cherry Pie.**

#### Be My Valentine

Each year on Feb. 14, people give cards, candy, gifts or flowers on the day of love and romance called Valentine's Day. The observance dates back to the 5th century.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p style="text-align: center;">All Events Are Subject to Change</p>		<p>Come and Get Your Balance on! February 14th 11am-11:30am AR</p> 	<p>Come in the Bistro on February 10th and Purchase a Cream Cheese Brownie!</p> 	<p>Vista Art Center-Arizona Winds - Sunday Matinee February 23rd 3:00pm</p> 	<p><i>Bling Fling and More</i></p> <p>It's time again for the Sun City West Arts &amp; Crafts Fair! 80+ vendors with their handcrafted items - silver jewelry, beaded jewelry, sewing crafts, glass, lapidary, leather goods, paper crafts, wood items, metal products and paintings!</p> <p>See you there! SATURDAY, FEBRUARY 1, 2025 8:00 a.m. to 2:00 p.m.</p>	<p>10:00 O -12:00 Sun City West Arts &amp; Crafts Fair (Bling Fling and More)\$</p> <p>10:30 AR Christian Service w/ Communion†</p> <p>6:00 TL Movie</p>
<p>Groundhog Day! 2</p> <p>10:45 AL Roman Catholic Communion Service in AL Bistro</p> <p>6:00 TL Movie</p>	<p>3</p> <p>9:30 AR -10:30 Fitness w/ Alison ††</p> <p>11:00 LO Shanghi Grill Lunch Outing\$</p> <p>1:00 AR Bridge 🎮</p> <p>2:00 B -3:00 Bistro ☕</p> <p>5:30 MP 5 Crown Card Game 🎮</p> <p>6:00 MR Hand and Foot 🎮</p>	<p>4</p> <p>9:30 S Surprise Marketplace</p> <p>10:00 AR -10:45 Stretching DVD ††</p> <p>10:00 SS -11:00 Short Shop Store</p> <p>11:00 AR -11:30 Senior Drumming Fitness ††</p> <p>1:00 AR -3:00 Mahjong 🎮</p> <p>2:00 MP -3:00 Pokeno w/Keveline\$</p> <p>2:00 MR -3:30 Hand and Foot 🎮</p>	<p>5</p> <p>Waffle Wednesday 7:00-9:00am DR</p> <p>9:30 S Fry's Shopping</p> <p>9:45 TL Catholic Confessions</p> <p>10:00 AR Catholic Mass</p> <p>11:00 AR Wii Bowling w/Keveline</p> <p>1:00 MR -2:00 Women's Devotion and Prayer</p> <p>2:00 B -3:00 Bistro ☕</p> <p>6:00 MP Dime Bingo \$</p>	<p>6</p> <p>9:30 AR -10:30 Fitness w/Alison ††</p> <p>9:30 S Surprise Walmart Shopping</p> <p>10:00 MP -11:00 Crafting Time</p> <p>10:00 FP -12 Mary Kay</p> <p>1:30 MR Mexican Train 🎮</p> <p>2:00 AR -3:00 Rummikub w/Keveline 🎮</p> <p>2:00 SS -3:00 Short Stop Store</p> <p>6:00 MP Jackpot Bingo\$</p>	<p>7</p> <p>9:30 S Surprise Walmart Shopping</p> <p>11:00 AR Southwest Mobility</p> <p>6:00 TL Movie and Popcorn</p>	<p>8</p> <p>6:00 TL Movie</p>
<p>9</p> <p>10:45 AL Roman Catholic Communion Service in AL Bistro</p> <p>5:30 AR Super Bowl Party</p> <p>6:00 TL Movie</p>	<p>10</p> <p>9:30 AR -10:30 Fitness w/ Alison ††</p> <p>11:00 AR -11:30 Active for Life Fitness Tap Time††</p> <p>1:00 AR Bridge 🎮</p> <p>2:00 B -3:00 Bistro National Cream Cheese Brownie Day ☕</p> <p>5:30 MP 5 Crown Card Game 🎮</p> <p>6:00 MR Hand and Foot 🎮</p>	<p>11</p> <p>9:30 S Surprise Marketplace</p> <p>10:00 AR -10:45 Stretching DVD ††</p> <p>10:00 SS -11:00 Short Shop Store</p> <p>11:00 AR -11:30 Ladder Toss ★</p> <p>1:00 AR -3:00 Mahjong 🎮</p> <p>2:00 MP -3:00 Pokeno w/Keveline\$</p> <p>2:00 MR -3:30 Hand and Foot 🎮</p> <p>6:00 FP Entertainment - Jeff Sullivan 🎵</p>	<p>12</p> <p>9:30 S Trader Joe's Shopping</p> <p>10:00 FP -12:00 Snap Jewelry</p> <p>11:00 AR Wii Bowling w/Keveline</p> <p>1:00 MR -2:00 Women's Devotion and Prayer</p> <p>2:00 B -3:00 Bistro ☕</p> <p>3:00 DO Big Budda Dinner Outing\$</p> <p>6:00 MP Dime Bingo \$</p>	<p>13</p> <p>9:30 AR -10:30 Fitness Alison††</p> <p>9:30 S Surprise Walmart Shopping</p> <p>10:00 MP -12:00 Crafting Time (Valentine Craft)</p> <p>1:00 TL -2:00 Book Club</p> <p>1:30 DR -2:30 Valentine's Party</p> <p>1:30 MR Mexican Train 🎮</p> <p>2:00 SS -3:00 Short Stop Store</p> <p>5:45 AR Sing along w/ Esther 🎵</p> <p>6:00 MP Jackpot Bingo\$</p>	<p>14</p> <p>Valentine's Day!</p> <p>9:30 S Surprise Walmart Shopping</p> <p>11:00 AR -11:30 Bobo Wobbly Balance Board ††</p> <p>2:30 MP -3:30 Happy Hour (Desert Valley Hospice &amp; Paliative Care) National Cherry Pie Month come for a piece of pie</p> <p>6:00 FP Entertainment - April Yeager 🎵</p> <p>6:00 TL Movie and Popcorn</p>	<p>15</p> <p>6:00 TL Movie</p>
<p>16</p> <p>10:45 AL Roman Catholic Communion Service in AL Bistro</p> <p>6:00 TL Movie</p>	<p>17</p> <p>Presidents Day- No Transportation</p> <p>9:30 AR -10:30 Fitness w/ Alison ††</p> <p>1:00 AR Bridge 🎮</p> <p>5:30 MP 5 Crown Card Game 🎮</p> <p>6:00 MR Hand and Foot 🎮</p>	<p>18</p> <p>9:30 S Surprise Marketplace</p> <p>10:00 AR -10:45 Stretching DVD ††</p> <p>10:00 SS -11:00 Short Shop Store</p> <p>11:00 AR -11:30 Strong &amp; Active (Resistance Band Training)††</p> <p>1:00 AR -3:00 Mahjong 🎮</p> <p>2:00 MP -3:00 Pokeno w/Keveline\$</p> <p>2:00 MR -3:30 Hand and Foot 🎮</p> <p>6:00 FP Entertainment - Salty Dawgs 🎵</p>	<p>19</p> <p>9:30 MP -10:30 Birthday Breakfast</p> <p>9:30 S Dollar Tree Shopping</p> <p>11:00 AR Wii Bowling w/Keveline</p> <p>1:00 MR -2:00 Women's Devotion and Prayer</p> <p>2:00 B -3:00 Bistro FREE COFFEE (Healthy U Dr. Dydyk Pain Management ☕)</p> <p>6:00 MP Dime Bingo \$</p>	<p>20</p> <p>9:30 AR -10:30 Fitness Alison††</p> <p>9:30 S Surprise Walmart Shopping</p> <p>10:00 MP -11:00 Crafting Time</p> <p>1:30 MR Mexican Train 🎮</p> <p>2:00 AR -3:00 Floor Scrabble w/Keveline 🎮</p> <p>2:00 SS -3:00 Short Stop Store</p> <p>6:00 MP Jackpot Bingo (Jackpot Prize)\$</p>	<p>21</p> <p>8:00 DR -9:00 Donuts w/Keveline</p> <p>9:30 S Surprise Walmart Shopping</p> <p>11:00 LO Black Angus Steakhouse Lunch Outing\$</p> <p>2:00 MR -3:00 Yahtzee w/Keveline 1st Flr MR 🎮</p> <p>6:00 FP Entertainment - Swingin Gypsy Sisters 🎵</p> <p>6:00 TL Movie and Popcorn</p>	<p>22</p> <p>6:00 TL Movie</p>
<p>23</p> <p>10:45 AL Roman Catholic Communion Service in AL Bistro</p> <p>3:00 O Vista Art Center- Arizona Winds - Sunday Matinee 🎵</p> <p>6:00 TL Movie</p>	<p>24</p> <p>9:00 O -12:00 Casino Outing</p> <p>9:30 AR -10:30 Fitness w/ Alison ††</p> <p>1:00 AR Bridge 🎮</p> <p>2:00 B -3:00 Bistro ☕</p> <p>5:30 MP 5 Crown Card Game 🎮</p> <p>6:00 MR Hand and Foot 🎮</p>	<p>25</p> <p>9:30 S Surprise Marketplace</p> <p>10:00 AR -10:45 Stretching DVD ††</p> <p>10:00 SS -11:00 Short Shop Store</p> <p>11:00 AR -11:30 Active for Life Fitness Tap Time★</p> <p>1:00 AR -3:00 Mahjong 🎮</p> <p>2:00 MP -3:00 Pokeno w/Keveline\$</p> <p>2:00 MR -3:30 Hand and Foot 🎮</p>	<p>26</p> <p>10:00 S Sun Health Resale Shop Outing\$</p> <p>11:00 AR Wii Bowling w/Keveline</p> <p>1:00 MR -2:00 Women's Devotion and Prayer</p> <p>2:00 B -3:00 Bistro ☕</p> <p>6:00 MP Dime Bingo \$</p>	<p>27</p> <p>9:30 AR -10:30 Fitness Alison††</p> <p>9:30 S Surprise Walmart Shopping</p> <p>10:00 MP -12:00 Crafting Time (Paint Ceramics)</p> <p>1:30 MR Mexican Train 🎮</p> <p>2:00 SS -3:00 Short Stop Store</p> <p>2:00 MP -3:30 Classic Bingo w/Keveline\$</p> <p>5:45 AR Gospel sing along w/ Esther</p> <p>6:00 MP Jackpot Bingo\$</p>	<p>28</p> <p>9:30 S Surprise Walmart Shopping</p> <p>11:00 AR -12:00 Rummikub w/Keveline 🎮</p> <p>2:30 MP -3:30 Happy Hour (My 2 Cents Game) Village Medical will have raffle items</p> <p>6:00 TL Movie and Popcorn</p>	<p>Sun Health Resale Shop Outing February 26th at 10:00am</p> 

### Easy Cryptograms

ROSLOC BRO AC BLODEVCOJ HEJX R DPUU XCRV LD XRET. APJ R  
BLODEVCOJ ARUV NRO - JXCTC'I SLPT VERNLOV EO JXC TLPYX.

QUOTE BY LARRY DAVID

hints = H=W, X=H, R=A, C=E E=I, L=O, P=U.

Good Luck.

### 30 Second Mysteries

#### WHY

#### The Case

In 1994, a man's dead body is found, sitting upright, in a small room no windows. Had the year been 1989, he would not have died. Even before the authorities open the door, they know that the man did not take his own life.

#### The Mystery

How did the man die and why wouldn't he have died in 1989?

#### Clues

The man didn't want to die.

The man died in California.

The man knew he was going to die.

The man's death was very controversial.

The man had a troubled past.

The man died because something changed between 1989 and 1994.

The first resident to come to Keveline with the answer will get a FREE Coffee Coupon from the Bistro.

January's answer is "An ace captures the king; no one injured because war is just a card game!"

Congratulations! Diana Caron is our January winner!