



# Chaparral Winds

## Retirement Community

16623 N West Point Pkwy • Surprise, AZ 85374 • (623) 975-0880

### Staff Directory

Lisa Wynn ..... Executive Director  
 Jessie Ahai ..... Nurse  
 Sylvia Gonzalez ..... Marketing Consultant  
 Venessa Gutierrez ..... Resident Care Coordinator  
 Annalisa Silva ..... AL Activity Director  
 Malena Falcon ..... MC Activity Coordinator  
 Alma Ramirez ..... Housekeeping  
 Claudia Garcia ..... Housekeeping  
 Arthur Guillory ..... Maintenance Director  
 Steve Brown ..... Maintenance



### Happy Birthday to You!

2/3 Wesley S  
 2/12 Milly D  
 2/19 Jeanette F

### Birthday Celebration

If you're having a birthday this month, we hope it's the beginning of a year full of happy memories and wonderful moments. And we'd like to celebrate! You're invited to our monthly birthday party for pizza, cake, ice cream and fun! Check our calendar for the time and place.

### February 2025

### Love and Chocolate

"All you need is love. But a little chocolate now and then doesn't hurt." —Charles M. Schulz

LET'S CELEBRATE

# Valentine's Party



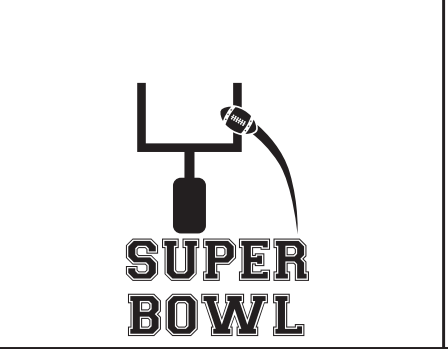

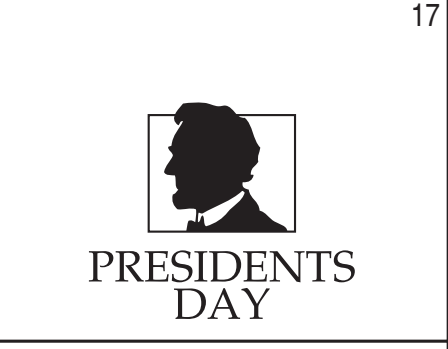

FEBRUARY 13TH

.....  
*Snacks - Drinks - Music*  
 .....  
 Wear your favorite red or pink outfit to celebrate the season of love!  
 Come alone or bring a friend—there's plenty of love to go around!

IL Dining Room @ 1:30 pm  
 16617 N West Point Pkwy  
 Surprise, AZ 85374

RSVP: FRONT DESK  
 (623) 975-0880

L is for Loyal - O is for One and Only  
 V is for my Valentine - E is for Enduring

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p style="text-align: center;"><b>All Events Are Subject to Change</b></p>	<p>AR- ACTIVITY ROOM L- LOUNGE B- BISTRO T- THEATER LB- LIBRARY CY- COURTYARD PDR- PRIVATE DINING ROOM DR- DINING ROOM MS- MEMORY SUPPORT IL- INDEPENDENT LIVING</p>	<p>10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Blackjack w/Wes (L) 1:00 Wii Bowling (L)</p>
<p>2 12:00 Crosswords (AR) 4:00 Puzzles (LB)</p>	<p>3 9:00 Walmart Outing 9:30 Stretching (T) 10:00 Bingo (AR) <b>1:00 Exercise w/ Kellan (AR)</b> 2:15 Collect your activity bucks (AR) 4:00 Hand &amp; Foot (AR)</p>	<p>4 <b>9:00 5 K (AR)</b> 10:00 Bingo (AR) 12:00 Blackjack (L) 1:15 Activity Store (AR) 2:30 Scrabble (AR) 4:00 Wii Bowling (L)</p>	<p>5 9:00 Bible Study w/ Tony (L) 9:30 Catholic Confessions (IL) 10:00 Catholic Mass (IL) 10:00 Stretching (T) <b>11:00 McDonalds Outing (sign up)</b> 2:00 Hand &amp; Foot (AR) 2:30 Chair exercise with weights (AR) 3:00 Relaxing Art (AR)</p>	<p>6 <b>National Frozen Yogurt Day</b> <b>9:00 5 K (AR)</b> 10:00 Bingo (AR) 12:30 Frozen yogurt social (B) 2:00 Entertainment MS (Jeff S) Meet in the Activity room 3:00 Hand &amp; Foot (AR)</p>	<p>7 9:00 Donuts &amp; Coffee (AR) 10:00 Bingo (AR) <b>10:00 Southwest Mobility (B)</b> 12:00 Blackjack (L) 1:00 Exercise Room IL <b>2:00 Sit &amp; Get fit with Darlene (DR)</b> 3:00 How it was made T (Sporting goods) 4:00 Puzzles (LB)</p>	<p>8 10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Wii Bowling (L)</p>
<p>9 12:00 Crosswords (AR) 4:00 Puzzles (LB) 5:30 Super Bowl (IL) RSVP</p>	<p>10 9:00 Walmart Orders 9:30 Stretching (T) 10:00 Bingo (AR) 12:00 Manicure Monday AR (By Appointment) <b>1:00 Exercise w/ Kellan (AR)</b> 2:15 Collect your activity bucks (AR) 4:00 Hand &amp; Foot (AR)</p>	<p>11 <b>9:00 5 K (AR)</b> 10:00 Bingo (AR) 12:00 Blackjack (L) 1:15 Activity Store (AR) <b>2:00 Veterans' Coffee PDR</b> 3:00 Uno (AR) 4:00 Wii Bowling (L)</p>	<p>12 9:00 Bible Study w/ Tony (L) 10:00 Bingo (AR) <b>11:00 Casino outing (sign up)</b> 2:00 Hand &amp; Foot (AR) 2:30 Chair drumming exercise (AR) 3:00 Relaxing Art (AR)</p>	<p>13 <b>9:00 5 K (AR)</b> 10:00 Bingo (AR) 12:00 Coffee &amp; chat (B) <b>1:30 Valentines party (IL)</b> 6:30 Hand &amp; Foot (AR)</p>	<p>14 9:00 Donuts &amp; Coffee (AR) 12:00 Blackjack (L) 1:30 Make chocolate covered strawberries w/Malena (MS) 2:30 Matinee movie (The Notebook; T) 4:00 Puzzles (LB)</p>	<p>15 10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Blackjack w/Wes (L) 1:00 Wii Bowling (L)</p>
<p>16 12:00 Crosswords (AR) 4:00 Puzzles (LB)</p>	<p>17    <b>PRESIDENTS DAY</b></p>	<p>18 <b>9:00 Resident Council (PDR)</b> 10:00 Bingo (AR) 12:00 Blackjack (L) 1:15 Activity Store (AR) 2:30 Scrabble (AR) 4:00 Wii Bowling (L)</p>	<p>19 9:00 Bible Study w/ Tony (L) 10:00 Stretching (T) <b>11:00 Rio Mirage Outing (sign up)</b> 2:00 Hand &amp; Foot (AR) 2:30 Chair exercise w/ weights (AR) 3:00 Relaxing Art (AR)</p>	<p>20 <b>9:00 5 K (AR)</b> 10:00 Bingo (AR) 12:00 Coffee &amp; Chat (B) 1:00 Arts &amp; Crafts (AR) 6:30 Hand &amp; Foot (AR)</p>	<p>21 <b>National Caregivers Day</b> 9:00 Donuts &amp; Coffee (AR) 10:00 Bingo (AR) 12:00 Blackjack (L) 1:00 Make goodie bag for your caregiver (AR) <b>2:00 Sit &amp; Get fit with Darlene (DR)</b> 3:00 How it was made (HIMALAYAN Pink Salt is Mined and Processed) 4:00 Puzzles (LB)</p>	<p>22 10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Wii Bowling (L)</p>
<p>23 12:00 Crosswords (AR) 4:00 Puzzles (LB)</p>	<p>24 9:00 Walmart Orders 9:30 Stretching (T) 10:00 Bingo (AR) 12:00 Manicure Monday AR (By Appointment) <b>1:00 Exercise w/ Kellan (AR)</b> 2:15 Collect your activity bucks (AR) 4:00 Hand &amp; Foot (AR)</p>	<p>25 <b>9:00 5 K (AR)</b> 10:00 Bingo (AR) 12:00 Blackjack (L) 1:15 Activity Store (AR) <b>2:00 Entertainment (Julius) AR</b> 4:00 Wii Bowling (L)</p>	<p>26 9:00 Bible Study w/ Tony (L) 10:00 Bingo (AR) <b>11:00 Cracker Barrel Outing</b> 2:00 Hand &amp; Foot (AR) 2:30 chair drumming exercise (AR) 3:00 Relaxing Art (AR)</p>	<p>27 <b>National Chili Day</b> <b>9:00 5 K (AR)</b> <b>9:30 Town hall (DR)</b> 11:00 Cooking / Baking AR (Chili) 2:00 Blackjack (L) 6:30 Hand &amp; Foot (AR)</p>	<p>28 9:00 Donuts &amp; Coffee (AR) 11:00 AMC Outing (sign up) 1:00 Exercise Room IL 3:00 Armchair Travel T (Japan) 4:00 Puzzles (LB)</p>	<p>   <b>BLACK HISTORY MONTH</b></p>

# BLACK HISTORY MONTH



COLOR Your World

