



Vista Winds

Retirement Community

28775 N Vistancia Blvd • Peoria, AZ 85383 • (623) 253-6680

Staff Directory

Heather McBride Executive Director
 Dawn Rizo Marketing Consultant
 Susan Kast Activities Director
 Joshua Thomas Executive Chef
 Lani Luna Homecare Coordinator
 TBD Maintenance

DECEMBER HIGHLIGHTS:

BIRTHDAYS

Carole C. Dec 3
 KC W. Dec 5
 Vivian N. Dec 10
 Carol T. Dec 13
 Linda S. Dec 15
 JoAnne K. Dec. 17
 Don W. Dec. 22

Memorable Melody: 'Let It Snow'

Would you believe that this classic carol about a frightful blizzard was written during a summer heat wave? Well, believe it! That's exactly how "Let It Snow" came to be in July 1945, when musicians Sammy Cahn and Jule Styne were motivated by record high temperatures to write a song that would cool them down. The original version was recorded by big band singer Vaughn Monroe, who took the tune to No. 1. It's since been covered by dozens of artists, with Dean Martin's smooth rendition among the most loved.

Bringing Good Cheer

"I shall try to make my life like an open fireplace, so that people may be warmed and cheered by it and so go out themselves to warm and cheer." —George Matthew Adams

December 2024



Remember When: Wooden Sleds

For generations of children, the combination of a winter snowfall and a nearby hill made for a day of sledding fun. One of the most popular means of riding the snowy slopes was aboard a Flexible Flyer. The iconic wooden sled with its eagle logo, red metal runners and hardwood seat slats was famous for a revolutionary feature—a flexible front-end steering bar that allowed the rider to control their course. Created in 1899 by a New Jersey manufacturer, millions of the sleds were sold up until the 1980s.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:00 A4 Adult Coloring</p> <p>11:00 A4 Wii Bowling</p> <p>11:30 F Billiards & Pool</p> <p>12:00 A4 Chess and Checkers</p> <p>1:00 A3 Board Games</p>	<p>2</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 L Kings In A Corner</p> <p>10:00 A3 Trivia</p> <p>1:00 LB Bridge</p> <p>1:30 A3 Hand and Foot</p> <p>1:30 LB Hand and Foot</p>	<p>3</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 A3 Balance Exercise Class</p> <p>10:00 L Mahjong</p> <p>1:00 A3 Dime Bingo</p>	<p>4</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 A3 Cardio Drumming Class</p> <p>10:00 L Kings In A Corner</p> <p>11:00 C Bible Study with Cliff</p> <p>1:30 A3 Hand and Foot</p> <p>1:30 LB Hand and Foot</p>	<p>5</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 L Kings In A Corner</p> <p>10:30 LUNCH AT AMELIA'S</p> <p>1:00 A3 Dime Bingo</p> <p>6:00 LB Hand and Foot</p>	<p>6</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 L Kings In A Corner</p> <p>10:00 L Mahjong</p> <p>1:00 LB Bridge</p> <p>1:30 A3 Hand and Foot</p> <p>3:00 A3 ENTERTAINMENT: Mele Kalikimaka Hawaiian Holiday Music</p> <p>3:30 L HAPPY HOUR</p>	<p>7</p> <p>PEARL HARBOR REMEMBRANCE DAY</p> <p>10:00 A3 Kings in a Corner</p> <p>10:00 A3 Poker</p> <p>12:00 A4 Chess & Checkers</p> <p>6:30 M Movie</p>
<p>8</p> <p>10:00 A4 Adult Coloring</p> <p>11:00 A4 Wii Bowling</p> <p>11:30 F Billiards & Pool</p> <p>12:00 A4 Chess and Checkers</p> <p>1:00 A3 Board Games</p> <p>5:30 LB HOLIDAY CONCERT - TROUBADORS</p>	<p>9</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 L Kings In A Corner</p> <p>10:00 A3 Trivia</p> <p>11:30 WALMART SHOPPING</p> <p>1:00 LB Bridge</p> <p>1:30 A3 Hand and Foot</p> <p>1:30 LB Hand and Foot</p> <p>2:00 LB BOOKMOBILE</p>	<p>10</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 A3 Balance Exercise Class</p> <p>10:00 L Mahjong</p> <p>1:00 A3 Dime Bingo</p>	<p>11</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 A3 Cardio Drumming Class</p> <p>10:00 L Kings In A Corner</p> <p>11:00 C Bible Study with Cliff</p> <p>1:30 A3 Hand and Foot</p> <p>1:30 LB Hand and Foot</p>	<p>12</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 L Kings In A Corner</p> <p>10:30 LUNCH AT HORNY TOAD</p> <p>1:00 A3 Dime Bingo</p> <p>6:00 LB Hand and Foot</p>	<p>13</p> <p>9:00 A3 American Red Cross Blood Drive</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 L Kings In A Corner</p> <p>10:00 L Mahjong</p> <p>1:00 LB Bridge</p> <p>1:30 A3 Hand and Foot</p> <p>3:30 L HAPPY HOUR</p>	<p>14</p> <p>10:00 A3 Kings in a Corner</p> <p>10:00 A3 Poker</p> <p>12:00 A4 Chess & Checkers</p> <p>6:30 M Movie</p>
<p>15</p> <p>10:00 A4 Adult Coloring</p> <p>11:00 A4 Wii Bowling</p> <p>11:30 F Billiards & Pool</p> <p>12:00 A4 Chess and Checkers</p> <p>1:00 A3 Board Games</p>	<p>16</p> <p>9:00 Wii Chair Exercises</p> <p>9:30 A3 HOLIDAY CONCERT - VISTANCIA SCHOOL CHOIR</p> <p>10:00 L Kings In A Corner</p> <p>10:00 A3 Trivia</p> <p>11:30 FRY'S SHOPPING</p> <p>1:00 LB Bridge</p> <p>1:30 A3 Hand and Foot</p> <p>1:30 LB Hand and Foot</p>	<p>17</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 A3 Balance Exercise Class</p> <p>10:00 L Mahjong</p> <p>1:00 A3 Dime Bingo</p>	<p>18</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 A3 Cardio Drumming Class</p> <p>10:00 L Kings In A Corner</p> <p>11:00 C Bible Study with Cliff</p> <p>1:30 A3 Hand and Foot</p> <p>1:30 LB Hand and Foot</p> <p>4:00 L LAKE PLEASANT KINDERGARTEN CHOIR</p>	<p>19</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 L Kings In A Corner</p> <p>10:30 LUNCH AT SAIGON KITCHEN</p> <p>1:00 A3 Dime Bingo</p> <p>3:30 A3 ENTERTAINMENT- G. HEFNER</p> <p>6:00 LB Hand and Foot</p>	<p>20</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 L Kings In A Corner</p> <p>10:00 L Mahjong</p> <p>1:00 LB Bridge</p> <p>1:30 A3 Hand and Foot</p> <p>3:30 L HAPPY HOUR</p>	<p>21</p> <p>WINTER BEGINS</p> <p>10:00 A3 Kings in a Corner</p> <p>10:00 A3 Poker</p> <p>12:00 A4 Chess & Checkers</p> <p>6:30 M Movie</p>
<p>22</p> <p>10:00 A4 Adult Coloring</p> <p>11:00 A4 Wii Bowling</p> <p>11:30 F Billiards & Pool</p> <p>12:00 A4 Chess and Checkers</p> <p>1:00 A3 Board Games</p>	<p>23</p> <p>V.W. FAMILY & FRIENDS HOLIDAY DINNER</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 L Kings In A Corner</p> <p>10:00 A3 Trivia</p> <p>11:30 SAFEWAY SHOPPING</p> <p>1:00 LB Bridge</p> <p>1:30 A3 Hand and Foot</p> <p>1:30 LB Hand and Foot</p>	<p>24</p> <p>CHRISTMAS EVE</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 A3 Balance Exercise Class</p> <p>10:00 L Mahjong</p> <p>1:00 A3 Dime Bingo</p> <p>3:00 L MIX AND MINGLE HOLIDAY PARTY</p>	<p>25</p>	<p>26</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 L Kings In A Corner</p> <p>10:45 LUNCH AT TWISTED ITALIAN</p> <p>1:00 A3 Dime Bingo</p> <p>2:30 A3 Resident Council Meeting</p> <p>6:00 LB Hand and Foot</p>	<p>27</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 L Kings In A Corner</p> <p>10:00 L Mahjong</p> <p>1:00 LB Bridge</p> <p>1:30 A3 Hand and Foot</p> <p>3:30 L HAPPY HOUR</p>	<p>28</p> <p>10:00 A3 Kings in a Corner</p> <p>10:00 A3 Poker</p> <p>12:00 A4 Chess & Checkers</p> <p>6:30 M Movie</p>
<p>29</p> <p>10:00 A4 Adult Coloring</p> <p>11:00 A4 Wii Bowling</p> <p>11:30 F Billiards & Pool</p> <p>12:00 A4 Chess and Checkers</p> <p>1:00 A3 Board Games</p>	<p>30</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 L Kings In A Corner</p> <p>10:00 A3 Trivia</p> <p>11:30 TRADER JOE'S SHOPPING</p> <p>1:00 LB Bridge</p> <p>1:30 A3 Hand and Foot</p> <p>1:30 LB Hand and Foot</p>	<p>31</p> <p>NEW YEAR'S EVE</p> <p>9:00 Wii Chair Exercises</p> <p>10:00 A3 Balance Exercise Class</p> <p>10:00 L Mahjong</p> <p>1:00 A3 Dime Bingo</p> <p>6:00 L NEW YEAR'S EVE PARTY</p>	<p></p>	<p></p>	<p></p>	<p></p>

MISTLETOE AND HO HO HO!

Christmas is just around the corner.
 Stay tuned for information about events
 we have planned for the **holidays!**



Word Search

Today's Category: Words (of 3 or more letters) from "Jingle Bells"

G	N	I	K	A	M	S	N	O	W	D	B
D	H	L	T	H	E	I	K	B	A	B	V
G	G	A	G	J	N	G	S	L	E	C	
H	I	H	G	U	O	G	H	B	L	L	T
N	E	P	O	D	G	I	I	V	D	L	Y
S	L	C	C	W	N	H	O	L	F	S	T
P	S	W	H	G	H	D	I	N	G	H	H
I	G	D	A	K	X	A	G	N	G	R	G
R	H	R	K	Y	T	Z	T	I	G	I	I
I	F	S	I	B	X	X	R	G	D	N	N
T	U	G	O	D	B	B	G	H	C	G	O
S	N	B	G	G	E	L	G	N	I	J	T

1. Bells
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
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16. _____
17. _____
18. _____
19. _____
20. _____

- Word Search Solution:
1. All
 2. Bells
 3. Bobtail
 4. Bright
 5. Dashing
 6. Fun
 7. Jingle
 8. Laughing
 9. Making
 10. Open
 11. Ride
 12. Ring
 13. Sing
 14. Sleigh
 15. Snow
 16. Spirits
 17. The
 18. Tonight
 19. Way
 20. What

