



# Sedona Winds

## Retirement Community

405 Jacks Canyon Rd • Sedona, AZ 86351 • (928) 284-1021



**Holiday Party for Residents and Employees on Thursday, December 19th, a fun-filled day for all, starting with Breakfast from 8:00 a.m. to 10:00 a.m. & Dinner from 3:00 to 5:00 p.m. when the Residents and Employees eat together. Dinner Music provided by Kathi Bellucci. Happy Holidays to all!**



**Break Out Your Christmas Sweater**  
Show off your tacky, quirky or comical style on Ugly Sweater Day, the third Friday in December.



### December 2024



Join us shopping on December 2nd. Sign up at the front desk if interested in going. It's always a lot of fun. Also join us on December 5th for the pick up the toys party at 2:00 p.m. in the fireside lounge.

### Holiday Brunch Dates and Hours



Special Times and Dates for our Holiday Meals

Tuesday, December 24th,  
Holiday Brunch 11:30 a.m. & 1:30 p.m.

Wednesday, December 25th,  
Holiday Brunch 11:30 a.m. & 1:30 p.m.

Tuesday, December 31st, Holiday Brunch 11:30 a.m. & 1:30 p.m.

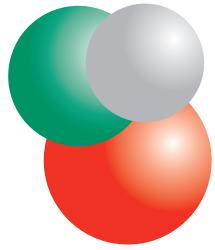
Remember to let the front desk know if you will be dining here or not and if you are going to have guests. Thank you.

### Days of December

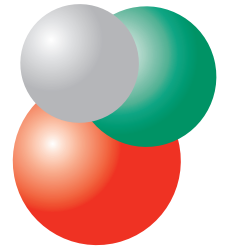
December brings the arrival of winter, the holiday season, and the eve of the new year. Enjoy this exciting time!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie 5:30 Mexican Train	2 10:00 Fitness 10:45 Trivia Fun 1:00 Free Chair Massage by Kenneth <b>1:30 Van to Walmart for Toys For Tots Shopping</b> 2:00 Sedona Downs 3:00 Catholic Service	3 8:30 Coffee Club with Will from Edward Jones 10:00 Fitness <b>10:00 Village Van</b> 11:00 Bible Study 2:00 Card Bingo	4 <b>Happy Birthday Mike</b> 9:30 Joan's Writing Group <b>9:30 Sedona Van</b> 10:00 Fitness 1:00 Free Chair Massage by Kenneth 2:00 Bingo with Will from Edward Jones	5 <b>Happy Birthday Elizabeth &amp; Gabe</b> <b>9:30 Cottonwood Van</b> 10:00 Fitness 1:00 Bowling on Wii 1:00 Free Chair Massage by Kenneth 2:00 Toys for Tots Pick up Toys Party 5:30 Mexican Train 6:30 Bible Study	6 10:00 Fitness <b>11:30 Out to Lunch Residents' Choice</b> 2:00 Let's Play Skip-bo 5:30 Mexican Train	7 10:00 Chair Yoga with Susannah 2:00 Loving & Healing Ourselves with Patricia Yacker 5:30 Mexican Train		
8 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie 5:30 Mexican Train	9 10:00 Fitness <b>10:30 Van to Prescott</b> 10:45 Trivia Fun 1:00 Free Chair Massage by Kenneth 2:00 Sedona Downs 2:30 Confession with Father David 3:00 Catholic Mass with Father David	10 <b>Happy Anniversary Ted &amp; Phyllis</b> 8:45 Computer and Phone Help from Marcie 10:00 Fitness <b>10:00 Village Van</b> 11:00 Bible Study 2:00 Holiday Sing- along with Greg & Lisa	11 <b>9:30 Sedona Van</b> 10:00 Fitness 11:00 Wellness Clinic 1:00 Free Chair Massage by Kenneth 2:00 Bingo with Laura	12 <b>9:30 Cottonwood Van</b> 10:00 Fitness 1:00 Bowling on Wii 1:00 Free Chair Massage by Kenneth 5:30 Mexican Train 6:30 Bible Study	13 10:00 Fitness 2:00 Crafts with Rebecca from Hospice Accord 5:30 Mexican Train	14 <b>Happy Birthday Tyler</b> 10:00 Chair Yoga with Susannah 2:00 Loving & Healing Ourselves with Patricia Yacker 5:30 Mexican Train		
15 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie 5:30 Mexican Train	16 10:00 Fitness 10:45 Trivia Fun 1:00 Free Chair Massage by Kenneth <b>1:30 Van to Dollar Tree</b> 2:00 Sedona Downs 3:00 Catholic Service	17 10:00 Fitness <b>10:00 Village Van</b> 11:00 Bible Study 2:00 Gingerbread Craft with Julie	18 9:30 Joan's Writing Group <b>9:30 Sedona Van</b> 10:00 Drumming, Rhythm & Fitness 10:00 Fitness 1:00 Free Chair Massage by Kenneth 2:00 Bingo with Will from Edward Jones <b>5:00 Van to Red Rock High School Holiday Event</b>	19 <b>Happy Birthday Francie</b> 8:00 Breakfast Buffet <b>9:30 Cottonwood Van</b> 10:00 Fitness 1:00 Bowling on Wii 1:00 Free Chair Massage by Kenneth 3:00 Dinner Buffet with Music 5:30 Mexican Train 6:30 Bible Study	20 10:00 Fitness 2:00 Let's Play Uno 5:30 Mexican Train	21 <b>Winter Begins</b> 10:00 Chair Yoga with Susannah 2:00 Loving & Healing Ourselves with Patricia Yacker 5:30 Mexican Train		
22 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie 5:30 Mexican Train	23 10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Service	24 <b>Happy Birthday Jeannine</b> 10:00 Fitness <b>10:00 Village Van</b> 11:00 Bible Study 11:30 Holiday Brunch 1:30 Holiday Brunch 3:00 Card Bingo	25 <b>Christmas Day &amp; Hanukkah Begins at Sundown</b> 10:00 Fitness 11:30 Christmas Day Brunch 1:30 Christmas Day Brunch	26 <b>9:30 Cottonwood Van</b> 9:30 Library Book Talk 10:00 Fitness 1:00 Bowling on Wii 5:30 Mexican Train 6:30 Bible Study	27 10:00 Fitness 2:00 Show & Tell 5:30 Mexican Train	28 <b>Happy Birthday Jim</b> 10:00 Chair Yoga with Susannah 2:00 Loving & Healing Ourselves with Patricia Yacker 5:30 Mexican Train		
29 10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Matinee Movie 5:30 Mexican Train	30 <b>Happy Birthday Deb &amp; Jack</b> 10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Service	31 <b>New Year's Eve</b> 10:00 Fitness <b>10:00 Village Van</b> 11:00 Bible Study 11:30 Holiday Brunch 1:30 Holiday Brunch 3:00 Card Bingo			<p><b>All Events Are Subject to Change</b></p>			



# Greetings of the Season



**Happy Holidays!** Our entire staff would like to wish you and your family and friends a joyful holiday season and a wonderful New Year!



Some of our Veterans at the Veterans Day Program