



Desert Winds

Retirement Community

20554 N 101st Ave • Peoria, AZ 85382 • (623) 362-1200

STAFF DIRECTORY

Marielena Medina	Community Manager
Kara Cole	Marketing Director
Pat	Admin Supervisor
Mrs. "D"	SLHC Coordinator
Dan	Maintenance Director
Raul Ramos	Executive Chef
Diana	Dining Room Supervisor
Cherry	Activities Coordinator

January Resident Birthdays

Sandra T	1/17
Shelly P	1/21
Ida L	1/27
Charles S	1/27

We appreciate all of your hard work!
Thank you for everything you do!!



Jacob Becker

January 2025



Curl Up in Comfort

"What a splendid piece of furniture an armchair is. ... During those long winter evenings, it is often sweet and always advisable to stretch out luxuriously in one, far from the din of the crowds." —Xavier de Maistre

Polka Dot Party

Both sophisticated and playful, polka dots are a classic pattern used in fashion and design. When they originated in the Middle Ages, they had a less cheerful connotation, since the spots were associated with disease. A couple centuries later, modern sewing machines made the pattern more uniform and easier to produce. Their leap in popularity happened at the same time as another trend—polka music from the Czech Republic—and the term "polka dots" was born.



Inaugural Event

Franklin D. Roosevelt's second-term inauguration in 1937 marked the first time the ceremony was held in January. Previous U.S. presidents took the oath of office on March 4, before the 20th Amendment changed the date to Jan. 20.



January 2025

- L Library
- DR Dining Room
- M Meeting Room
- BH Bingo Hall
- LB Lobby
- T Theatre
- 1S 1st Floor South Lounge
- 1N 1st Floor North Lounge
- CB Continental Breakfast Rm
- P Patio

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 5 9:15 LB Bus Pickup from Church of the Palms for Church Service 2:00 BH BINGO!	6 10:00 BH Chair Exercise 12:00 M Mini Manicures - Nail Polish 2:00 BH BINGO! 5:00 1N Texas Hold 'em Poker	7 10:00 CB Q & A: Medicare w/Jeremy 12:30 LB Fry's or Bashas' 12:30 DR Red Hats Lunch @ Desert Winds 1:00 1S Mexican Train 3:30 CB Dominoes	8 New Year's Day / No Transportation 10:00 BH Chair Exercise 10:30 T Bible Fellowship 12:00 LB Fry's or Bashas' 2:00 BH BINGO! 6:00 T MOVIE	9 8:45 LB Fry's or Bashas' 10:00 T Holy Communion 11:30 LB Arrowhead Mall 2:00 LB HAPPY HOUR! 6:00 T Pentecostal Service: Pastor Grogen	10 No Transportation 10:30 P Bean Bag Toss 11:00 LB Aldi - Grocery Store 1:00 1S Bridge 2:00 M Scrabble 5:00 1N Texas Hold 'em Poker	11 10:00 M Knitting & Loom Ladies 1:00 M Pokeno 4:30 L Billiards
12 9:15 LB Bus Pickup from Church of the Palms for Church Service 2:00 BH BINGO!	13 10:00 BH Chair Exercise 12:00 M Mini Manicures - Nail Polish 1:00 T Community Rosary 2:00 BH BINGO! 5:00 1N Texas Hold 'em Poker	14 11:00 CB Health Care Decisions w/ Oat St. Health 12:30 LB Fry's or Bashas' 1:00 1S Mexican Train 3:30 CB Dominoes	15 10:00 BH Chair Exercise 10:30 T Bible Fellowship 11:00 BH Cox Communications Resources: Q&A 12:00 LB Fry's or Bashas' 2:00 BH BINGO! 6:00 T MOVIE	16 8:45 LB Fry's or Bashas' 10:00 T Holy Communion 11:30 LB Dollar Tree 1:00 LB Sunrise Mountain Library 2:00 LB HAPPY HOUR! 6:00 T Pentecostal Service: Pastor Grogen	17 1:00 1S Bridge 2:00 LB Entertainment: w/Andy McKinn- Puppeteer 2:00 M Scrabble 5:00 1N Texas Hold 'em Poker	18 10:00 M Knitting & Loom Ladies 1:00 M Pokeno 4:30 L Billiards
19 9:15 LB Bus Pickup from Church of the Palms for Church Service 2:00 BH BINGO!	Martin Luther King Jr. Day 20 10:00 BH Chair Exercise 2:00 BH BINGO! 5:00 1N Texas Hold 'em Poker	21 9:30 M Men's Coffee 10:30 CB Hydration & UTI: Hospice of the West snacks provided 12:30 LB Fry's or Bashas' 1:00 1S Mexican Train 3:30 CB Dominoes	22 10:00 BH Chair Exercise 10:30 LB TOWN HALL MEETING 12:00 LB Fry's or Bashas' 2:00 BH BINGO! 6:00 T MOVIE	23 8:45 LB Fry's or Bashas' 10:00 T Holy Communion 10:00 BH Ladies' Social 11:30 LB Walmart 2:00 M Wreath Craft 6:00 T Pentecostal Service: Pastor Grogen	24 No Transportation 11:30 LB Red Hats Lunch @ FireBirds Grill 1:00 1S Bridge 2:00 M Scrabble 5:00 1N Texas Hold 'em Poker	25 10:00 M Knitting & Loom Ladies 1:00 M Pokeno 4:30 L Billiards
26 9:15 LB Bus Pickup from Church of the Palms for Church Service 2:00 BH BINGO!	27 10:00 BH Chair Exercise 12:00 M Mini Manicures - Nail Polish 2:00 BH BINGO! 5:00 1N Texas Hold 'em Poker	28 12:30 LB Fry's or Bashas' 1:00 1S Mexican Train 2:30 T Catholic Mass 3:30 CB Dominoes	29 10:00 BH Chair Exercise 12:00 LB Fry's or Bashas' 12:00 DR January Birthday Lunch 2:00 BH BINGO! 6:00 T MOVIE	30 8:45 LB Fry's or Bashas' 10:00 T Holy Communion 10:30 CB Wound Care recognition & prevention w/ ReSkin Medical 2:00 LB HAPPY HOUR! 6:00 T Pentecostal Service: Pastor Grogen	31 1:00 1S Bridge 2:00 LB Entertainment: w/ Ronny Lee 2:00 M Scrabble 5:00 1N Texas Hold 'em Poker	



Word Gets Around

New words make their way into our language all the time, often based on trends, inventions, new technology and slang. See when these now-common terms were first talked about.

Decade	Words
1940s	country music, TV, jeep, cook-off, jet stream
1950s	action figure, bumper sticker, videotape, TV dinner
1960s	junk food, fender bender, vibe, carpool, ZIP code
1970s	retro, ATM, shopaholic, comfort food, gas-guzzler
1980s	photo op, couch potato, mouse pad, cardio, email
1990s	World Wide Web, brain freeze, spoiler alert, bestie
2000s	bucket list, podcast, cornhole, sudoku, selfie

"This Month In History" JANUARY

1901: The American Bowling Congress organizes the first national bowling tournament, held in Chicago.

1938: Benny Goodman plays a sold-out concert at New York City's Carnegie Hall. It was the first time jazz was played at the venue, and the first time that white and Black musicians performed together on a U.S. stage.

1943: Headquarters for the U.S. Department of Defense, the Pentagon building officially opens.

1953: Chevrolet debuts its new sports car, the Corvette.

1986: James Brown, Buddy Holly and Elvis Presley are among the first artists inducted into the Rock & Roll Hall of Fame.

1994: American speedskater Dan Jansen sets a new world record, skating 500 meters in 35.76 seconds at a race in Canada.

2006: An unmanned NASA probe blasts off to begin a 3 billion-mile journey to Pluto.

2010: Apple introduces its first iPad, a touch-screen tablet computer.

2019: A polar vortex sends frigid air across the upper Midwest and Northeast, causing record-breaking low temperatures.