



Desert Hinds Retirement Community

20545 N Lake Pleasant Rd • Peoria, AZ 85382 • (623) 322-0600

Staff Directory

Nora Dartoe......Executive Director
Courtney Brogdon.....Marketing Director
Debra CrutchfieldNurse
Miatta Anderson....Resident Care Coordinator
Debra Brookins......Activities Director
Damien Shaffer.....Maintenance Director
Raul Ramos......Executive Chef

Dining Room Hours

| Breakfast | 7:30am-8:30am |
|-----------|---------------|
| Lunch | :00am-12:30pm |
| Dinner | 4:00pm-5:30pm |

Resident December Birthdays!

| Resident December birthdays. |
|------------------------------|
| Char W. 12/1 |
| Miriam L. 12/5 |
| Elaine S. 12/5 |
| Fuzz R. 12/10 |
| Eva L. 12/21 |
| Peggy B. 12/24 |



On behalf of our residents at DWAL, we would like to give a special thanks to Pam for always helping out with activities!

December 2024



Celebrate Birthdays with us at the end of every month.







December 2024

FR Fitness Room

AR Activity Room

GR Game Room

LB Lobby

Library

■ Bistro

MT Movie Theater

© Outing

Resident Led

| • | | | | | | LB Library |
|---|---|---|--|--|---|---|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 9:00 BR Resident Coffee Social ★ 9:30 LB Bible Study with Linda 10:30 GR Card Games - Uno, Phase 10 12:30 LB Sunday Movie 1:30 MT Balloon Games | 8:00 Resident Walking Club ★ 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 2:00 AR (Baking) Rudolph peanut butter cookies 2:30 GR Phase 10 & Card Games ★ | 8:00 Resident Walking Club ★ 8:30 MT Resident Chair Tai Chi ★ 9:00 BR Resident Coffee Social ★ 9:30 AR Fancy Manicures 10:00 LB Mystery book club 1:00 LB Lobby Games (Heads up) with chips and soda 2:30 GR Puzzles & Games ★ | 8:00 Resident Walking Club ★ 9:00 BR Resident Coffee Social ★ 9:00 Walmart Shopping Outing - Sign up □ 12:30 AR DIME BINGO 2:30 GR Phase 10 & Card Games ★ | 8:00 Resident Walking Club★ 8:30 MT Resident Chair Tai Chi ★ 9:00 BR Resident Coffee Social ★ 9:30 FR Music & Movement 12:00 MT Popcorn and a movie 2:00 LB hot cocoa bar & Cookies 3:00 GR Puzzles & Games★ | 8:00 Resident Walking Club ★ 9:00 BR Resident Coffee Social ★ 9:00 BR Resident Supply Store 10:00 AR Mystery Crafts and donuts 12:30 AR DIME BINGO 2:00 LB Happy Hour 2:30 GR Phase 10 & Card Games ★ | 9:00 BR Resident Coffee Social 1 12:30 AR DIME BINGO 2:00 LB Saturday Movie Matinee 3:30 GR Cards: Uno, Phase 10, Rummy★ |
| 9:00 BR Resident Coffee Social ★ 9:30 LB Bible Study with Linda 10:30 GR Card Games - Uno, Phase 10 12:30 LB Sunday Movie 1:30 MT Games | 9 8:00 Resident Walking Club★ 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 2:00 AR Wine tasting 2:30 GR Phase 10 & Card Games★ 5:00 Christmas lights | 8:00 Resident Walking Club ★ 8:30 MT Resident Chair Tai Chi ★ 9:00 BR Resident Coffee Social ★ 9:30 AR Fancy Manicures 1:00 LB Lobby Games (The price is right) with chips and soda 2:30 GR Puzzles & Games ★ | 8:00 Resident Walking Club★ 9:00 Mystery bus ride-Sign up at front desk 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 2:30 GR Phase 10 & Card Games★ 5:00 Christmas lights | 8:00 Resident Walking Club★ 8:30 MT Resident Chair Tai Chi ★ 9:00 BR Resident Coffee Social ★ 9:30 FR Music & Movement 12:00 MT Popcorn and a movie 1:30 LB Root Beer Floats 3:00 GR Puzzles & Games★ | 8:00 Resident Walking Club ★ 9:00 BR Resident Coffee Social ★ 9:00 BR Resident Supply Store 10:00 AR Mystery Crafts and donuts 12:30 AR DIME BINGO 2:00 LB Happy Hour 2:30 GR Phase 10 & Card Games ★ | 9:00 BR Resident Coffee Social 1 12:30 AR DIME BINGO 2:00 LB Saturday Movie Matinee 3:30 GR Cards: Uno, Phase 10, Rummy ★ |
| 9:00 BR Resident Coffee Social ★ 9:30 LB Bible Study with Linda 10:30 GR Card Games - Uno, Phase 10 12:30 LB Sunday Movie 1:30 MT Balloon Games | 8:00 Resident Walking Club ★ 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 2:00 AR Baking (Build a gingerbread house contest) 2:30 GR Phase 10 & Card Games ★ 5:00 Christmas lights □ | 8:00 Resident Walking Club ★ 8:30 MT Resident Chair Tai Chi ★ 9:00 BR Resident Coffee Social ★ 9:30 AR Fancy Manicures 10:00 LB Mystery book club 1:00 LB Lobby Games (Balloon Volleyball) with chips and soda 2:00 AR Resident Town Hall Meeting 2:30 GR Puzzles & Games ★ | 8:00 Resident Walking Club ★ 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 2:30 GR Phase 10 & Card Games ★ 5:00 LB winter wonderland - Prom | 8:00 Resident Walking Club ★ 8:30 MT Resident Chair Tai Chi ★ 9:00 Fry's Shopping Outing - sign up ☐ 9:00 BR Resident Coffee Social ★ 12:00 MT Popcorn and a movie 2:00 LB hot cocoa bar & Cookies 3:00 GR Puzzles & Games ★ | 8:00 Resident Walking Club 9:00 BR Resident Coffee Social 9:00 BR Resident Supply Store 10:00 AR Mystery Crafts and donuts 12:30 AR DIME BINGO 2:00 LB Happy Hour 2:30 GR Phase 10 & Card Games | 9:00 BR Resident Coffee Social 112:30 AR DIME BINGO 2:00 LB Saturday Movie Matinee 3:30 GR Cards: Uno, Phase 10, Rummy |
| 9:00 BR Resident Coffee Social ★ 9:30 LB Bible Study with Linda 10:30 GR Card Games - Uno, Phase 10 12:30 LB Sunday Movie 1:30 MT Games | 8:00 Resident Walking Club \$\displays 9:00 BR Resident Coffee Social \$\displays 12:30 AR DIME BINGO 2:00 AR BAKING TIME (Avalanche cookies) 2:30 GR Phase 10 & Card Games \$\displays 10 \displays 10 \di | 8:00 Resident Walking Club★ 8:30 MT Resident Chair Tai Chi ★ 9:00 BR Resident Coffee Social ★ 9:30 AR Fancy Manicures 1:00 LB Lobby Games (Guess that tune) with chips and soda 2:30 GR Puzzles & Games ★ | Christmas 25 8:00 Resident Walking Club ★ 9:00 LB Christmas movie marathon 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 2:30 GR Phase 10 & Card Games ★ | 8:00 Resident Walking Club ★ 8:30 MT Resident Chair Tai Chi ★ 9:00 BR Resident Coffee Social ★ 9:30 FR Music & Movement 10:00 LB Sip and Paint 12:00 MT Popcorn and a movie 1:30 LB Root Beer Floats 3:00 GR Puzzles & Games ★ | 8:00 Resident Walking Club 9:00 BR Resident Coffee Social 9:00 BR Resident Supply Store 10:00 AR Mystery Crafts and donuts 12:30 AR DIME BINGO 2:00 LB Happy Hour 2:30 GR Phase 10 & Card Games | 9:00 BR Resident Coffee Social 12:30 AR DIME BINGO 2:00 LB Saturday Movie Matinee 3:30 GR Cards: Uno, Phase 10, Rummy ★ |
| 9:00 BR Resident Coffee Social ★ 9:30 LB Bible Study with Linda 10:30 GR Card Games - Uno, Phase 10 12:30 LB Sunday Movie 1:30 MT Balloon Games | 30 8:00 Resident Walking Club★ 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 2:00 AR Baking (Peppermint bark) 2:30 GR Phase 10 & Card Games★ | 8:00 Resident Walking Club ★ 8:30 MT Resident Chair Tai Chi ★ 9:00 BR Resident Coffee Social ★ 9:30 AR Fancy Manicures 10:00 LB Mystery book club 1:00 LB Lobby Games (WII bowling) with chips and soda 2:30 GR Puzzles & Games ★ 5:00 LB New Year's Eve party | | | | |



Painting Pumpkins



Cheers!

