



Chaparral Winds

Retirement Community

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Staff Directory

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 Jessie Ahai Nurse
 Sylvia Gonzalez Marketing Consultant
 Venessa Gutierrez Resident Care Coordinator
 Annalisa Silva AL Activity Director
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 Alma Ramirez Housekeeping
 Claudia Garcia Housekeeping
 Arthur Guillory Maintenance Director
 Steve Brown Maintenance



To This Month's Birthday Celebrants ...

Wishing you all the best in the year to come. May your days be filled with sunshine and beautiful colors. And may your nights be filled with comforting dreams and wishes to come.

Happy birthday!

1/02	Nabuko L
1/15	Faye H
1/15	Margot R
1/15	Charles R
1/17	Heather E
1/23	Ann G
1/23	Hildegard G
1/28	Jean C

January 2025



Good Luck in the New Year!

When the bells ring out on New Year's Day, another year begins. On this day, the earth has come full circle and starts on its path again. Superstitious or not, many encourage luck by eating special foods on New Year's Day.

People of Dutch origin celebrate the circle by including donuts in their feast to bring them good fortune. In southern parts of the U.S., some bank on black-eyed peas or red beans and gravy to do the trick. Others swear that corned beef and cabbage will bring them luck and prosperity in the coming year. In some cultures, the leaves of the cabbage represent paper money and are said to symbolize prosperity. Japanese Americans eat a set of foods called "osechi ryori." Each food represents a special kind of good luck, such as good health, fertility or long life.



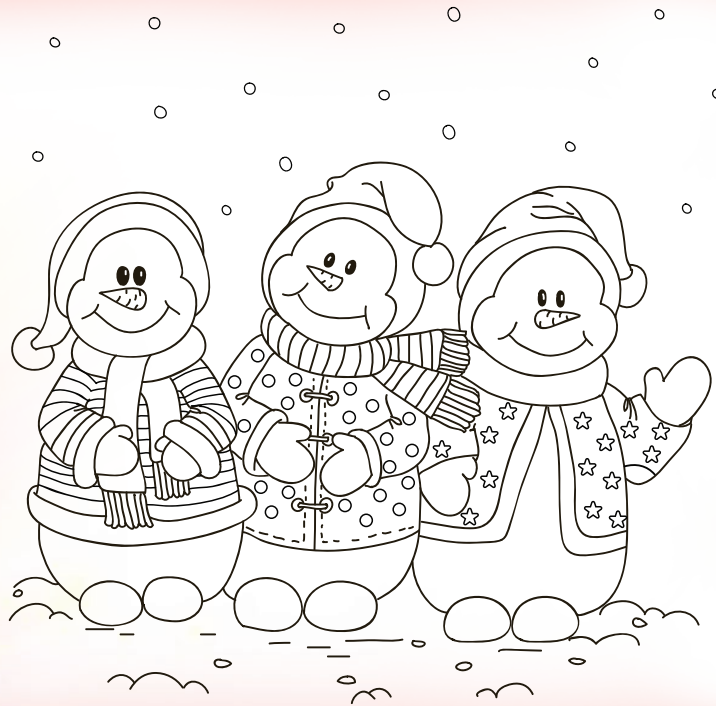
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>All Events Are Subject to Change</p>	<p>AR- ACTIVITY ROOM L- LOUNGE B- BISTRO T- THEATER LB- LIBRARY CY- COURTYARD PDR- PRIVATE DINING ROOM DR- DINING ROOM MS- MEMORY SUPPORT IL- INDEPENDENT LIVING</p>	<p><i>Happy New Year</i></p>	<p>9:00 5 K (AR) 10:00 New Year's Bingo (AR) 12:00 Coffee & chat (B) 1:00 Sip & Paint (AR) 2:30 Blackjack (L) 6:30 Hand & Foot (AR)</p>	<p>9:00 Donuts & Coffee (AR) 10:00 Southwest Mobility (B) 12:00 Scrabble (AR) 1:30 Chair Volleyball (AR) 3:00 How it was made T (Sporting goods) 4:00 Puzzles (LB)</p>	<p>10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Wii Bowling (L)</p>
5	6	7	8	9	10	11
<p>12:00 Crosswords (AR) 4:00 Puzzles (LB)</p>	<p>9:00 Walmart 9:30 Stretching (T) 10:00 Bingo (AR) 12:00 Manicure Monday AR (By Appointment) 1:00 Exercise w/ Kellan (AR) 2:00 Hand & Foot (AR) 2:15 Collect your activity bucks (AR) 3:00 Hot cocoa cart</p>	<p>9:00 5 K (AR) 10:00 Bingo (AR) 12:30 Blackjack (AR) 2:00 Entertainment (Gary Heffner) DR 2:00 Happy Hour (DR) 4:00 Wii Bowling (L)</p>	<p>9:00 Bible Study w/ Tony (L) 10:00 Stretching (T) 11:00 Casino outing (sign up) 2:00 Hand & Foot (AR) 2:15 Blackjack (L) 3:00 Relaxing Art (AR)</p>	<p>9:00 5 K (AR) 10:00 Bingo (AR) 11:00 Cooking w/Lisa B (Dump cake) 1:30 Trivia (AR) 6:30 Hand & Foot (AR)</p>	<p>9:00 Donuts & Coffee (AR) 10:00 Bingo (AR) 12:00 Blackjack (L) 1:00 Exercise Room IL 2:00 Sit & Get fit with Darlene (DR) 3:00 Armchair Travel T (Norway) 4:00 Puzzles (LB)</p>	<p>10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Wii Bowling (L)</p>
12	13	14	15	16	17	18
<p>12:00 Crosswords (AR) 4:00 Puzzles (LB)</p>	<p>9:00 Walmart 9:30 Stretching (T) 10:00 Bingo (AR) 12:00 Manicure Monday AR (By Appointment) 1:00 Exercise w/ Kellan (AR) 2:00 Hand & Foot (AR) 2:15 Collect your activity bucks (AR)</p>	<p>9:00 5 K (AR) 10:00 Bingo (AR) 12:30 Blackjack (AR) 2:00 Entertainment DR (Ronny L) 2:00 Veterans' Coffee (PDR) 4:00 Wii Bowling (L)</p>	<p>9:00 Bible Study w/ Tony (L) 10:00 Bingo (AR) 11:00 Texas roadhouse outing (sign up) 2:00 Hand & Foot (AR) 2:30 Deck of fitness (AR) 3:00 Scrabble (AR)</p>	<p>9:00 5 K (AR) 10:00 Bingo (AR) 12:00 Coffee & chat (B) 1:30 Arts & Crafts (AR) 2:30 Blackjack (L) 6:30 Hand & Foot (AR)</p>	<p>9:00 Donuts & Coffee (AR) 12:00 Birthday lunch (PDR) RSVP by 01/10 1:00 Exercise Room IL 2:00 Blackjack (L) 3:00 How it was made T (Snacks) 4:00 Puzzles (LB)</p>	<p>10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Wii Bowling (L)</p>
19	20	21	22	23	24	25
<p>12:00 Crosswords (AR) 4:00 Puzzles (LB)</p>	<p>Martin Luther King Jr. Day 9:00 Walmart 9:30 Stretching (T) 10:00 Bingo (AR) 11:00 Collect your activity bucks (AR) 1:00 Exercise w/ Kellan (AR) 2:15 Matinee Movie & Hot cocoa T (Selma) 4:00 Hand & Foot (AR)</p>	<p>9:00 5 K (AR) 9:00 Resident Council (PDR) 10:00 Bingo (AR) 12:30 Blackjack (AR) 2:00 Name that tune (AR) 4:00 Wii Bowling (L)</p>	<p>9:00 Bible Study w/ Tony (L) 10:00 Stretching (T) 11:00 Bobbies cafe outing (sign up) 2:00 Hand & Foot (AR) 2:15 Blackjack (L) 3:00 Relaxing Art (AR)</p>	<p>9:00 5 K (AR) 10:00 Bingo (AR) 12:00 Happy Hour (AR) 12:30 Minute to win it marshmallow challenge (AR) Residents & Staff 2:00 Karaoke (AR) 6:30 Hand & Foot (AR)</p>	<p>9:00 Donuts & Coffee (AR) 10:00 Bingo (AR) 12:00 Blackjack (L) 1:00 Exercise Room IL 2:00 Sit & Get fit with Darlene (DR) 3:00 Discover the world's largest animal migration in Tanzania (T) 4:00 Puzzles (LB)</p>	<p>10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Wii Bowling (L)</p>
26	27	28	29	30	31	
<p>12:00 Crosswords (AR) 4:00 Puzzles (LB)</p>	<p>9:00 Walmart 9:30 Stretching (T) 10:00 Bingo (AR) 12:00 Manicure Monday AR (By Appointment) 1:00 Exercise w/ Kellan (AR) 2:00 Hand & Foot (AR) 2:15 Collect your activity bucks (AR)</p>	<p>9:00 5 K (AR) 10:20 Guided Meditation/Reiki/Sound healing (B) 12:00 Blackjack (AR) 2:00 Activity store (B) 4:00 Wii Bowling (L)</p>	<p>9:00 Bible Study w/ Tony (L) 10:00 Bingo (AR) 11:00 Lou's Tivoli Gardens outing (sign up) 2:00 Hand & Foot (AR) 2:30 Deck of fitness (AR) 3:00 Scrabble (AR)</p>	<p>9:00 5 K (AR) 9:30 Town hall (DR) 10:00 Bingo (AR) 12:00 Coffee & chat (B) 1:00 Arts & Crafts (AR) 2:15 Matinee Movie & Popcorn T (Out of Africa) 6:30 Hand & Foot (AR)</p>	<p>9:00 Donuts & Coffee (AR) 11:00 AMC Outing (sign up) 1:00 Exercise Room (IL) 2:00 Blackjack (L) 4:00 Puzzles (LB)</p>	<p>REMEMBER HIS DREAM MILKJR. DAY</p>

Bring your finished masterpiece

to the office as soon as possible
or contact the office for the final
due date.

Name: _____

Age: _____ Apartment #: _____



Happy New Year!

Crosswords

Across:

- 2. Small pieces of colored paper
- 5. Hope
- 6. Start of the calendar year
- 7. Important event
- 10. Cold, white stuff
- 12. First month
- 13. Two-section gloves

Down:

- 1. Heated chocolate beverage
- 2. White sparkling drink
- 3. Spectacular explosions
- 4. Firm decision
- 8. Annual anniversary of a person's life
- 9. Low temperature
- 11. Beginning

