



Chaparral Winds

Retirement Community

16617 N West Point Pkwy • Surprise, AZ 85374 • (623) 544-4777

Staff Directory

Lisa	Director
Cathy	Administrative Assistant
Melissa	Marketer
Keveline	Activities Coordinator
Arthur	Maintenance
Steve	Maintenance
Russ	Transportation
Jake	Transportation
Margie	Home Care
Ashley	Chef
Liz	Dining Room Manager
Kathleen, Toni, Amy,	Receptionists
Danielle, Natalia	
Carmen	Housekeeper
Karen	Housekeeper
Veve	Housekeeper

November Birthdays!

Kathleen Young 11/2
 Clela Deobler 11/7
 Dorothy Reppert 11/11
 Christine Mouret 11/15
 Angelia Pallini 11/18
 Janice Larson 11/23
 Louis Bentsen 11/29
 Inis Clark 11/29

Welcome, Glad You're Here!

Susan Jenkins - 114



November 2024



City of Surprise Police - Safety Awareness on Friday, November 8th, 10:00am-11:00am, Activities Room. Get a take-home gift for all who attend.

November Gratitude

A few things to be thankful for this month:

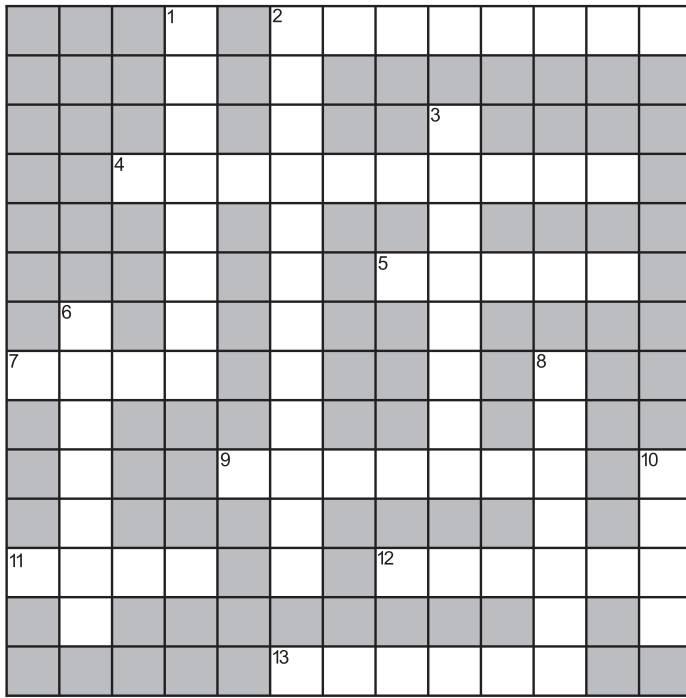
- The beauty of the changing leaves.
- Time with loved ones during the holiday season.
- The service of veterans and current military members.

What else can you add?

To Your Health: Don't Forget D

Sunlight helps our bodies produce vitamin D, a nutrient important for mental and emotional health. If chilly weather keeps you indoors, be sure to eat foods that are good sources of vitamin D, such as salmon, tuna, milk, eggs and fortified cereals. Vitamin D supplements are also an option.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Monday, November 4th, 9:00am-12:00pm</p> 	<p>Veterans Day Ceremony Monday, November 11th, 9:00am</p> 	<p>World Kindness Day! Wednesday, November 13th, 1pm-3pm</p> 	<p>City of Surprise Safety Awareness November 8th, 10am-11am</p> 	<p>We LOVE Our Furry Babies</p> 	<p>1</p> <p>9:30 S Surprise Walmart Shopping</p> <p>11:00 AR Southwest Mobility</p> <p>6:00 TL Movie and Popcorn</p>	<p>2</p> <p>9:30 O Brunch Cruise at Lake Pleasant\$</p> <p>10:30 AR Christian Service w/Communion</p> <p>2:00 AR -3:00 Rummikub w/Keveline 🎮</p> <p>3:00 MP -4:00 Pokeno w/Keveline 🎮</p> <p>6:00 TL Movie</p>
<p>3</p> <p>10:45 AL Roman Catholic Communion Service in AL Bistro</p> <p>6:00 TL Movie</p>	<p>4</p> <p>9:00 S -12:00 Tanger Outlet Mall Shopping</p> <p>9:30 AR -10:30 Fitness w/ Alison ⇄</p> <p>1:00 AR Bridge 🎮</p> <p>2:00 B -3:00 Bistro ☕</p> <p>5:30 MP 5 Crown Card Game 🎮</p> <p>6:00 MR Hand and Foot 🎮</p>	<p>5</p> <p>9:30 S Surprise Marketplace</p> <p>10:00 AR -10:45 Stretching DVD ⇄</p> <p>10:00 SS -11:00 Short Shop Store</p> <p>10:00 AR -11:00 The Key- Mindfit Series</p> <p>11:00 AR -11:30 Active for Life Fitness Tap Time⇄</p> <p>1:00 AR -3:00 Mahjong 🎮</p> <p>2:00 MP -3:00 Pokeno (w/Keveline)\$</p> <p>2:00 MR -3:30 Hand and Foot 🎮</p>	<p>6</p> <p>Waffle Wednesday 7:00 - 9:00 am DR</p> <p>9:30 S Trader Joe's Shopping</p> <p>9:45 TL Catholic Confessions</p> <p>10:00 AR Catholic Mass</p> <p>11:00 AR Wii Bowling w/Keveline</p> <p>12:00 AR -1:00 Rummikub w/Keveline 🎮</p> <p>1:00 MR -2:00 Women's Devotion and Prayer</p> <p>2:00 B -3:00 Bistro ☕</p> <p>3:00 DO Maple & Rye Dinner Outing⇄</p> <p>6:00 MP Dime Bingo \$</p>	<p>7</p> <p>9:30 AR -10:30 Fitness w/Alison⇄</p> <p>9:30 S Surprise Walmart Shopping</p> <p>10:00 FP -12 Mary Kay</p> <p>1:30 MR Mexican Train 🎮</p> <p>2:00 SS -3:00 Short Stop Store</p> <p>5:45 AR Sing along w/Esther</p> <p>6:00 MP Jackpot Bingo\$</p>	<p>8</p> <p>9:30 S Surprise Walmart Shopping</p> <p>10:00 AR -11:00 City of Surprise Safety Awareness</p> <p>12:00 AR -1:00 Target Toss w/Keveline★</p> <p>2:30 MP -3:30 Happy Hour</p> <p>6:00 FP Entertainment - The Swingin Gypsy Sisters🎵</p> <p>6:00 TL Movie and Popcorn</p>	<p>9</p> <p>6:00 TL Movie</p>
<p>10</p> <p>10:45 AL Roman Catholic Communion Service in AL Bistro</p> <p>6:00 TL Movie</p>	<p>11</p> <p>Veterans Day</p> <p>9:00 Veterans Day Ceremony</p> <p>9:30 AR -10:30 Fitness w/ Alison ⇄</p> <p>11:00 FP -2:00 Amway</p> <p>1:00 AR Bridge 🎮</p> <p>2:00 B -3:00 Bistro ☕</p> <p>5:30 MP 5 Crown Card Game 🎮</p> <p>6:00 MR Hand and Foot 🎮</p>	<p>12</p> <p>9:30 S Surprise Marketplace</p> <p>10:00 AR -10:45 Stretching DVD ⇄</p> <p>10:00 SS -11:00 Short Shop Store</p> <p>10:00 AR -11:00 The Key- Mindfit Series</p> <p>10:00 FP Snap Jewelry</p> <p>11:00 AR -11:30 Senior Drumming Fitness ⇄</p> <p>1:00 AR -3:00 Mahjong 🎮</p> <p>2:00 MP -3:00 Pokeno (w/Keveline)\$</p> <p>2:00 MR -3:30 Hand and Foot 🎮</p> <p>6:00 FP Entertainment - Bruce Donaldson🎵</p>	<p>13</p> <p>9:30 S Dollar Tree Shopping</p> <p>11:00 AR Wii Bowling w/Keveline</p> <p>12:00 MR -1:00 Yahtzee w/Keveline 🎮</p> <p>1:00 MR -2:00 Women's Devotion and Prayer</p> <p>1:00 -3:00 World Kindness Day- Find a Positive Rock and bring to desk for gift</p> <p>2:00 B -3:00 Bistro ☕</p> <p>6:00 MP Dime Bingo \$</p>	<p>14</p> <p>9:00 FP -2:00 Mai's Jewelry</p> <p>9:30 AR -10:30 Fitness w/Alison⇄</p> <p>9:30 S Surprise Walmart Shopping</p> <p>10:00 MP -11:00 Crafting Time</p> <p>11:00 TL -12:00 Book Club 📖</p> <p>1:30 MR Mexican Train 🎮</p> <p>2:00 SS -3:00 Short Stop Store</p> <p>2:00 MP -3:30 Classic Bingo w/Keveline 🎮</p> <p>6:00 MP Jackpot Bingo\$</p>	<p>15</p> <p>9:30 S Surprise Walmart Shopping</p> <p>11:00 LO Lucky House Lunch Outing⇄</p> <p>2:00 AR -3:00 Corn Hole★</p> <p>6:00 FP Entertainment - Julius Aguilar🎵</p> <p>6:00 TL Movie and Popcorn</p>	<p>16</p> <p>6:00 TL Movie</p>
<p>17</p> <p>10:45 AL Roman Catholic Communion Service in AL Bistro</p> <p>6:00 TL Movie</p>	<p>18</p> <p>9:00 O -12:00 Casino Outing</p> <p>9:30 AR -10:30 Fitness w/ Alison ⇄</p> <p>1:00 AR Bridge 🎮</p> <p>2:00 B -3:00 Bistro ☕</p> <p>5:30 MP 5 Crown Card Game 🎮</p> <p>6:00 MR Hand and Foot 🎮</p>	<p>19</p> <p>9:30 S Surprise Marketplace</p> <p>10:00 AR -10:45 Stretching DVD ⇄</p> <p>10:00 SS -11:00 Short Shop Store</p> <p>10:00 AR -11:00 The Key- Mindfit Series</p> <p>11:00 AR -11:30 Strong & Active (Resistance Band Training)⇄</p> <p>12:00 MP -1:00 Uno game w/Keveline 🎮</p> <p>1:00 AR -3:00 Mahjong 🎮</p> <p>2:00 MP -3:00 Pokeno (w/Keveline)\$</p> <p>2:00 MR -3:30 Hand and Foot 🎮</p> <p>2:30 FP -3:30 Entertainment - John Dudzik🎵</p>	<p>20</p> <p>9:30 MP -10:30 Birthday Breakfast</p> <p>9:30 S Trader Joe's Shopping</p> <p>11:00 AR Wii Bowling w/Keveline</p> <p>12:00 AR -1:00 Rummikub w/Keveline 🎮</p> <p>1:00 MR -2:00 Women's Devotion and Prayer</p> <p>2:00 B -3:00 Bistro ☕</p> <p>6:00 MP Dime Bingo \$</p>	<p>21</p> <p>9:30 AR -10:30 Fitness w/Alison⇄</p> <p>9:30 S Surprise Walmart Shopping</p> <p>10:00 MP -12:00 Crafting Time</p> <p>1:30 MR Mexican Train 🎮</p> <p>2:00 SS -3:00 Short Stop Store</p> <p>2:00 MP -3:30 Classic Bingo w/Keveline 🎮</p> <p>5:45 AR Gospel sing along w/Esther</p> <p>6:00 MP Jackpot Bingo (Jackpot Prize)\$</p>	<p>22</p> <p>9:30 S Surprise Walmart Shopping</p> <p>12:00 BP -2:00 Howdy Neighbor BBQ</p> <p>2:30 MP -3:30 Happy Hour</p> <p>6:00 TL Movie and Popcorn</p>	<p>23</p> <p>6:00 TL Movie</p>
<p>24</p> <p>10:45 AL Roman Catholic Communion Service in AL Bistro</p> <p>6:00 TL Movie</p>	<p>25</p> <p>9:30 AR -10:30 Fitness w/ Alison ⇄</p> <p>1:00 AR Bridge 🎮</p> <p>2:00 B -3:00 Bistro ☕</p> <p>3:00 DO Kimble's Kitchen Dinner Outing⇄</p> <p>5:30 MP 5 Crown Card Game 🎮</p> <p>6:00 MR Hand and Foot 🎮</p>	<p>26</p> <p>9:30 S Surprise Marketplace</p> <p>10:00 AR -10:45 Stretching DVD ⇄</p> <p>10:00 SS -11:00 Short Shop Store</p> <p>10:00 AR -11:00 The Key- Mindfit Series</p> <p>1:00 AR -3:00 Mahjong 🎮</p> <p>2:00 MP -3:00 Pokeno (w/Keveline)\$</p> <p>2:00 MR -3:30 Hand and Foot 🎮</p>	<p>27</p> <p>9:30 Dollar Tree Shopping</p> <p>11:00 AR Wii Bowling w/Keveline</p> <p>1:00 MR -2:00 Women's Devotion and Prayer</p> <p>2:00 B -3:00 Bistro ☕</p> <p>6:00 MP Dime Bingo \$</p>	<p>28</p> <p>Thanksgiving</p> <p>9:30 AR -10:30 Fitness w/Alison⇄</p> <p>1:30 MR Mexican Train 🎮</p> <p>2:00 SS -3:00 Short Stop Store</p> <p>6:00 MP Jackpot Bingo\$</p>	<p>29</p> <p>9:30 S Surprise Walmart Shopping</p> <p>6:00 TL Movie and Popcorn</p>	<p>30</p> <p>6:00 TL Movie</p>



November

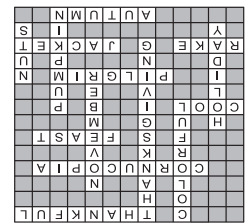
Crosswords

Down:

1. Having a lot of color
2. Gratitude holiday
3. Eleventh month
6. Day of festivity
8. Large orange fruit
10. Hard-shell fruits

Across:

2. Grateful
4. Symbol of plenty
5. Large meal
7. Low temperature
9. Wayfarer
11. To gather leaves
12. Blazer
13. Third season



30-Second Mysteries Where

The Case

Years ago, two men spent every day and night together. A third man waited for them nearby. Going outside could kill the men, but they went for short walks and drives nonetheless. Now the men lead normal lives and can go outside as often as they like.

The Mystery

Where were the men and what was their profession?

Clues

The men were experts in their field.

The men's job required travel.

The men worked for the government and were selected from many applicants.

The men did not travel in a car or boat.

The men made history.

The men's careers really took off in 1969.

October's answer to the 30-second mystery - The Lab is a darkroom run by Wilma's ex-boss, who is a photographer.

Congratulations to our October winner - Richard Lester.