



Vista Winds

Retirement Community

28783 N Vistancia Blvd • Peoria, AZ 85383 • Phone: (623) 253-6690

Staff Directory

Tara Wallace Executive Director
 Ted Powers Marketing Director
 Sann Caballero Nursing Director
 Paul Landrock Resident Care Coordinator
 Leah Lynch AL Activities Director
 Jimena Vasquez MC Activities Director

Dining Room Hours

Breakfast 7:30AM-9:30AM
 Lunch 11:30AM-2:30PM
 Dinner 3:30PM-6:30PM

Resident April Birthdays!

Chester K. 04/19
 Andra F. 04/22
 June S. 04/23
 Ellen D. 04/24
 Burt S. 04/26



Plant Seeds of Kindness

"We are on Earth to take care of life. We are on Earth to take care of each other." — Xiye Bastida

April 2024



Brain Bender: Grow a Garden





Using the clues provided, make the word "flower" grow into "garden" by changing one letter at a time to form a different word.

FLOWER

- _____ Moved like water
- _____ Imperfect
- _____ Burned
- _____ Created bubbles
- _____ Sculpted shapes
- _____ Grew crops
- _____ Heated up
- _____ Protected from danger
- _____ Person in charge

GARDEN

(Answer: flower, flowed, flawed, flamed, foamed, formed, farmed, warmed, warded, warden, garden)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>9:30 T Sunday Devotion w/ Les 10:30 AR Kings in the Corner 1:30 T Resident Movie Pick 2:30 AR Card Games</p>	<p>Happy April Fools' Day! 1</p> <p>9:00 AR Coffee Chat- History's Biggest Pranksters 10:30 AR Bingo 12:30 CY Cornhole in the Courtyard 1:00 AR Manicure Monday 2:00 AR Happy Hour 3:00 AR Life Stories Reminiscing Group</p>	<p>9:00 AR Farkle 10:30 AR Kings in the Corner 11:00 FR Paloma Park Picnic Outing 2:00 AR Exercise Class 2:30 AR Craft Corner- Beaded Bracelets 3:00 T Bible Study Group</p>	<p>8:30 LY Fry's Shopping Outing 10:30 AR Bingo 1:00 AR Cooking Class- Fresh Fruit Smoothies 2:00 CY Cornhole in the Courtyard 3:00 AR Relaxing Art</p>	<p>9:00 AR Uno Attack 10:00 T Catholic Mass 10:30 AR Resident Council Meeting/ Election 1:00 SL Balloon Volleyball 1:00 T Docuseries: Night on Earth- Moonlit Plains 2:30 AR Dime Bingo</p>	<p>9:00 AR Donuts and Coffee 9:00 AR Fun Fact Friday 9:30 AR Mexican Train 1:00 AR Cooking Class- April Showers Rainbow Cookies 2:30 AR Poker</p>	<p>10:30 AR Bingo 1:00 AR Craft Corner 1:30 T Resident Movie Pick 2:30 AR Poker</p>
<p>9:30 T Sunday Devotion w/ Les 10:30 AR Kings in the Corner 1:30 T Resident Movie Pick 2:30 AR Card Games</p>	<p>8:30 FR Target Shopping Outing 10:30 AR Bingo 12:30 CY Cornhole in the Courtyard 1:00 AR Manicure Monday 2:00 AR Happy Hour 3:00 AR Life Stories Reminiscing Group</p>	<p>9:00 AR Farkle 10:30 AR Kings in the Corner 1:00 AR Zumba Dancing Exercise 2:00 AR Craft Corner- Paper Thistle Bouquets 3:00 T Bible Study Group</p>	<p>9:00 AR Muffins and Mimosas 10:30 AR Bingo 1:00 AR Paint By Number- Spring Flowers 2:00 AR Do You Know Your Neighbor? Game</p>	<p>9:00 AR Uno 11:00 FR Kohl's Shopping Outing 1:00 AR Chef's Chat 1:00 T Docuseries: Night on Earth- Frozen Nights 2:30 AR Dime Bingo</p>	<p>9:00 AR Donuts and Coffee 9:00 AR Fun Fact Friday 9:30 T Catholic Communion Service 9:30 AR Mexican Train 1:00 AR Cooking Class- Milkshakes 2:30 AR Poker 4:00 DR Friends and Family Sock Hop w/ Music by Come Back Buddy!</p>	<p>10:30 AR Bingo 1:00 AR Craft Corner 1:30 T Resident Movie Pick 2:30 AR Poker</p>
<p>9:30 T Sunday Devotion w/ Les 10:30 AR Kings in the Corner 1:30 T Resident Movie Pick 2:30 AR Card Games</p>	<p>8:30 FR Trader Joe's Shopping Outing 10:30 AR Bingo 12:30 CY Cornhole in the Courtyard 1:00 AR Manicure Monday 2:00 AR Happy Hour 3:00 AR Life Stories Reminiscing Group</p>	<p>9:00 AR Farkle 10:30 AR Kings in the Corner 11:00 FR Oregano's Lunch Outing 2:00 AR Veteran Chat 3:00 T Bible Study Group</p>	<p>9:00 AR Cooking Class- Fresh Fruit Smoothies 10:30 AR Bingo 1:00 AR Fall Prevention Class 2:00 AR Flower Pot Painting</p>	<p>9:00 AR Uno Attack 10:30 AR Balloon Volleyball 1:00 AR Dime Bingo 1:00 T Docuseries: Night on Earth- Jungle Nights 2:30 AR Town Hall Meeting</p>	<p>Happy Birthday Chester! 9:00 AR Donuts and Coffee 9:00 AR Fun Fact Friday 9:30 T Catholic Communion Service 9:30 AR Mexican Train 1:00 AR Cooking Class- Cinnamon Sugar Blondies 2:30 AR Poker</p>	<p>10:30 AR Bingo 1:00 AR Craft Corner 1:30 T Resident Movie Pick 2:30 AR Poker</p>
<p>9:30 T Sunday Devotion w/ Les 10:30 AR Kings in the Corner 1:30 T Resident Movie Pick 2:30 AR Card Games</p>	<p>Happy Earth Day/ Happy Birthday Andra! 22 8:30 FR Safeway Shopping Outing 10:30 AR Bingo 1:00 CY Garden Corner- Planting Dandelions 2:00 CY Earth Day Happy Hour in the Courtyard 3:00 AR Manicure Monday</p>	<p>Happy Birthday June! 23 9:00 AR Farkle 10:30 AR Kings in the Corner 1:00 AR Scam and Fraud Protection & Awareness Presentation 2:00 AR Craft Corner 3:00 T Bible Study Group</p>	<p>Happy Birthday Ellen! 24 9:00 AR Muffins and Mimosas 10:30 AR Bingo 1:00 AR Relaxing Art 4:00 DR Friends and Family Dinner</p>	<p>9:00 FR Men's Fishing Trip at Paloma Park 10:30 AR Relaxing Art 1:00 AR Balloon Volleyball 1:00 T Docuseries: Night on Earth- Dark Seas 2:30 AR Dime Bingo</p>	<p>Arbor Day/ Happy Birthday Burt! 26 9:00 AR Donuts and Coffee 9:00 AR Fun Fact Friday 9:30 T Catholic Communion Service 9:30 AR Mexican Train 1:00 AR Cooking Class- Spring Cupcake Decorating 2:30 AR Poker</p>	<p>10:30 AR Bingo 1:00 AR Craft Corner 1:30 T Resident Movie Pick 2:30 AR Poker</p>
<p>9:30 T Sunday Devotion w/ Les 10:30 AR Kings in the Corner 1:30 T Resident Movie Pick 2:30 AR Card Games</p>	<p>8:30 FR Dollar Tree Shopping Outing 10:30 AR Bingo 12:30 CY Cornhole in the Courtyard 1:00 AR Manicure Monday 2:00 AR April Birthdays Happy Hour w/ Live Music</p>	<p>9:00 AR Farkle 10:30 AR Kings in the Corner 1:00 SL Sing-along with Ginny 2:00 AR Craft Corner 3:00 T Bible Study Group</p>	<p>Daily Activity Sheet Posted in Elevators as Well!</p> <p>All Events Are Subject to Change</p>			<p>HAPPY EARTH DAY APRIL 22</p> 



Word Search

Category: Major League Baseball Teams

A	D	T	I	G	E	R	S	P	G	D	M
S	W	C	U	B	S	N	I	K	H	O	M
T	S	H	D	D	S	R	S	P	R	D	D
R	T	G	I	Y	A	N	K	O	E	G	R
O	N	H	A	T	I	K	C	S	D	E	O
S	A	R	E	L	E	K	M	T	S	R	Y
E	I	S	R	D	I	S	B	E	O	S	A
L	G	A	K	E	C	C	O	M	X	N	L
O	M	D	S	R	E	D	S	X	G	G	S
I	D	G	C	P	A	D	R	E	S	V	D
R	A	N	G	E	R	S	L	G	G	C	C
O	B	R	A	V	E	S	N	I	W	T	E

- Dodgers _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

- Word Search Solution:
- Angels
 - Astros
 - Braves
 - Cubs
 - Dodgers
 - Giants
 - Marlins
 - Mets
 - Orioles
 - Padres
 - Pirates
 - Rangers
 - Rays
 - Reds
 - Red Sox
 - Rockies
 - Royals
 - Tigers
 - Twins
 - White Sox