



Ventana Winds

Retirement Community

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MEMORY CARE NEWSLETTER

Homemade Bird Feeder

With spring upon us, flowers begin to bloom and birds begin to tweet. Give those birds a delicious treat with a homemade bird feeder. Simply grab a box of unflavored gelatin and a bag of birdseed at your local grocery store. Mix 1/2 cup hot water and one packet gelatin; once the gelatin is dissolved, pour 1 cup birdseed into the liquid and mix to evenly coat. Next, fill a muffin tin or other fun-shaped molds with the concoction, and allow the mix to harden before “throwing” the snacks to the birds.

Memorable Melody: ‘Take Me Out to the Ball Game’

Baseball fans who have sung this catchy tune during the seventh inning stretch may be surprised to learn that the writers had never been to a ballgame when they composed the song in 1908. Actor Jack Norworth wrote the lyrics after seeing an ad for Polo Grounds, home of the New York Giants, and Albert Von Tilzer set the words to music. The first recording by Edward Meeker was a hit, but it wasn’t until the 1950s that the chorus became a staple at baseball games.



April 2024






Chasing Rainbows

A rainbow is one of the most wondrous sights in nature. Here’s how you can spot one!

Rainbows are caused by light shining through water, so the best time to look for them is during a break in a rainstorm, when the sun is peeking out. Early mornings and late afternoons are better. Look for the sun in the sky and then turn your back to it—rainbows only appear across from the sun.

The sky beneath a rainbow is brighter than the sky above it, so if you see a bright patch of sky, look closely. There may be a faint rainbow! When a rainbow itself is especially vibrant, there may be a double rainbow reflected from the top of the arc. The colors of this rainbow will be in reverse.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
APRIL FOOLS' DAY	1 9:00 Sing & Stretch (MC) 9:30 Morning Stretch (P) 10:00 Active Games (P) 10:30 Animal Trivia (MC) 2:00 Fun & Friendship (P) 4:30 Music with Dinner	2 8:30 Catholic Communion (P) 8:30 Surprise Bags (MC) 9:00 Sensational Motions (P) 10:00 Cardo Game (P) 1:00 Games (MC) 2:30 BIBLE STUDY with FARA 4:30 Music with Dinner	3 9:00 Greet the Day with Music & Movement! (MC) 10:00 Reading Group (P) 1:00 Life Skills (MC) 3:00 Movie (Both) 4:00 Music with Dinner	4 9:00 Theme Bag (MC) 10:00 Educational Time (P) 12:30 1:1 Time (MC) 1:30 Bingo (P) 4:30 Music with Dinner	5 8:30 Sensory / Theme Bags (MC) 9:00 Cardo Game (P) 10:00 Life Skills (MC) 12:30 Puzzles/trivia (MC) 1:30 Active Games (P) 2:30 Crafts (P) 4:30 Music with Dinner	6 8:30 Patriotic Time (P) 9:30 Sing-Along (MC) 10:00 Coloring Activity (Both) 1:30 Praise & Prayers (P) 3:00 Reminiscing (MC) 4:00 Music with Dinner (Both)
7 10:00 Virtual Church- YouTube (Both) 12:30 Bingo (P) 1:30 Games of Choice (MC) 2:30 Movie (Both)	8 9:00 Sing & Stretch (MC) 9:30 Morning Stretch (P) 10:00 Active Games (P) 10:30 Animal Trivia (MC) 2:00 Fun & Friendship (P) 4:30 Music with Dinner	9 8:30 Catholic Communion (P) 8:30 Surprise Bags (MC) 9:00 Sensational Motions (P) 10:00 Cardo Game (P) 1:00 Games (MC) 2:30 BIBLE STUDY with FARA 4:30 Music with Dinner	10 9:00 Greet the Day with Music & Movement! (MC) 10:00 Nature Fun (P) 1:30 Music with Zach & Mom (L) 3:00 Movie (Both) 4:00 Music with Dinner (both)	11 9:00 Theme Bag (MC) 10:00 Educational Time (P) 12:30 1:1 Time 1:30 BIRTHDAY PARTY with Tom -Lobby 4:30 Music with Dinner	12 8:30 Sensory / Theme Bags (MC) 9:00 Cardo Game (P) 10:00 Life Skills (MC) 12:30 Puzzles/trivia (MC) 1:30 Active Games (P) 2:30 Crafts (P) 4:30 Music with Dinner	13 8:30 Patriotic Time (P) 9:30 Sing-Along (MC) 10:00 Coloring Activity (Both) 1:30 Praise & Prayers (P) 3:00 Reminiscing (MC) 4:00 Music with Dinner (Both)
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Home Field Advantage

From historic fields to modern spaces, fans of Major League Baseball can see the action play out in 30 different ballparks. Here's a partial lineup of those venues and when they were unveiled.

Year Built	Stadium	Team
1912	Fenway Park	Boston Red Sox
1914	Wrigley Field	Chicago Cubs
1962	Dodger Stadium	Los Angeles Dodgers
1973	Kauffman Stadium	Kansas City Royals
1992	Camden Yards	Baltimore Orioles
2003	Great American Ball Park	Cincinnati Reds
2012	LoanDepot Park	Miami Marlins
2020	Globe Life Field	Texas Rangers

"This Month In History"

APRIL

1860: The first Pony Express rider leaves St. Joseph, Mo.

1908: Home to large sandstone pathways formed over time by flowing water, the Natural Bridges National Monument is established in southeast Utah.

1932: Dr. Charles Glen King, a chemistry professor at the University of Pittsburgh, isolates vitamin C from lemon juice. This breakthrough made it possible to accurately study the nutrient's properties and benefits in medicine.

1956: Daytime soap opera "As the World Turns" premieres on television. It was the first soap to have a half-hour runtime, rather than just 15 minutes.

1970: Almost 56 hours into a mission to the moon, Apollo 13 commander Jim Lovell reports to ground control, "Houston, we've had a problem." Days later, after a gripping rescue mission, millions around the world watched the spacecraft splash down safely in the Pacific Ocean.

1994: South Africa holds its first multiracial elections, with Nelson Mandela earning 62% of the popular vote to become the country's first Black president.

2010: Apple debuts its tablet computer, the iPad. Consumers purchased 300,000 units on the first day.

2021: A rare copy of "Action Comics #1," featuring the debut of Superman, sells for a record-breaking \$3.25 million.