



Desert Winds

Retirement Community

20545 N Lake Pleasant Rd • Peoria, AZ 85382 • (623) 322-0600

Staff Directory

Nora Dartoe.....Executive Director
 Courtney Brogdon.....Marketing Director
 Jessie WilkinsNurse
 Miatta Anderson....Resident Care Coordinator
 Joy Bennett.....Activities Director
 Damien Shaffer.....Maintenance Director
 Raul Ramos.....Executive Chef

Dining Room Hours

Breakfast 7:30am - 8:30am
 Lunch 11:00am - 12:30pm
 Dinner 4:00pm - 5:30pm

Resident May Birthdays!

Marlene G. 5/4
 Peggy L. 5/18
 Linda A. 5/27

It's Taco Time!

For Cinco de Mayo, Taco Tuesday, breakfast, lunch and dinner, this Mexican staple has become a mealtime favorite in America, where people eat more than 4.5 billion tacos each year.

Very Cherry

Cobbler, cheesecake, jubilee ... there's enough cherry sweets for you and me! Celebrate National Cherry Dessert Day on May 26.

Remember and Appreciate

Memorial Day is a time for remembrance and appreciation. We remember those who have gone before us and appreciate the friends and family who surround us as a new season is set to begin.

May 2024



Buttoned Up

Many folks have memories of opening up a box or tin at Grandma's house and finding a bunch of buttons! These little accessories are popular items to collect, not only to use in sewing and crafting, but also for their window into history. Like jewelry, buttons were often status symbols, and both the material and style of button can indicate what era it's from and who might have worn it. With buttons in every size, shape and color, plus endless ways to display them, button collecting is a hobby anyone can pick up.

Reasons To Reminisce

Recalling your past achievements can boost your confidence, researchers say. Looking back and remembering how you overcame an obstacle or learned a new skill builds self-esteem and helps you tackle new challenges.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>• EVENTS ARE SUBJECT TO CHANGE.</p>			<p>8:00 Resident Walking★ 8:30 FRY'S Shopping Outing - Sign Up 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 2:00 LB Wine Wednesday w/ Entertainment 2:30 GR Phase 10 & Card Games★</p>	<p>8:00 Resident Walking★ 8:30 MT Resident Chair Tai Chi ★ 9:00 BR Resident Coffee Social ★ 9:30 MT COMMUNION W/ LINDA R 10:00 AR Crafting 1:00 MT Nintendo Wii Games 2:00 LB SUNDAE BAR</p>	<p>HAPPY BIRTHDAY MARLENE! 8:00 Resident Walking★ 9:00 BR Resident Coffee Social ★ 10:30 AR Crafts 12:30 AR DIME BINGO 2:00 LB Happy Hour 2:30 GR Phase 10 & Card Games★</p>	<p>STAR WARS DAY! 8:00 Resident Walking★ 9:00 BR Resident Coffee Social ★ 9:00 GR Resident Puzzles★ 10:30 LB TV Trivia 12:30 AR DIME BINGO 2:00 LB Movie Matinee-STAR WARS 3:30 GR Cards: Uno, Phase 10, Rummy★</p>
<p>HAPPY CINCO DE MAYO! 8:00 Resident Walking★ 9:00 BR Resident Coffee Social ★ 10:00 LB CCV Church Streaming Live on TV 10:30 GR Card Games - Uno, Phase 10, 12:30 LB Sunday Movie 1:30 MT Balloon Games</p>	<p>8:00 Resident Walking★ 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 2:00 AR GARDENING 2:30 GR Phase 10 & Card Games★</p>	<p>8:00 Resident Walking★ 8:30 MT Resident Chair Tai Chi ★ 9:00 MT Exercises & Stretching 9:00 BR Resident Coffee Social ★ 10:00 AR Mother's Day Crafting 1:00 LB Lobby Games 2:30 GR Puzzles & Games ★</p>	<p>8:00 Resident Walking★ 8:30 WALMART SHOPPING - Sign up at Front Desk 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 2:00 LB Wine Wednesday w/ Entertainment 2:30 GR Phase 10 & Card Games★</p>	<p>8:00 Resident Walking★ 8:30 MT Resident Chair Tai Chi ★ 9:00 BR Resident Coffee Social ★ 9:30 MT BIBLE STUDY W/ LINDA R 1:00 LB Movie Time 2:00 LB ROOT BEER FLOATS 3:00 LB TV Trivia</p>	<p>8:00 Resident Walking★ 9:00 BR Resident Coffee Social ★ 10:00 LB MOTHER'S DAY TEA 12:30 AR DIME BINGO 2:00 LB Happy Hour 2:30 GR Phase 10 & Card Games★</p>	<p>8:00 Resident Walking★ 9:00 BR Resident Coffee Social ★ 9:00 GR Resident Puzzles★ 10:30 LB TV Trivia 12:30 AR DIME BINGO 2:00 LB Saturday Movie Matinee 3:30 GR Cards: Uno, Phase 10, Rummy★</p>
<p>HAPPY MOTHER'S DAY! 8:00 Resident Walking★ 9:00 BR Resident Coffee Social ★ 10:00 LB CCV Church Streaming Live on TV 10:30 GR Card Games - Uno, Phase 10, 12:30 LB Sunday Movie 1:30 MT Games</p>	<p>8:00 Resident Walking★ 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 2:00 AR BAKING TIME 2:30 GR Phase 10 & Card Games★</p>	<p>8:00 Resident Walking★ 8:30 MT Resident Chair Tai Chi ★ 9:00 BR Resident Coffee Social ★ 10:00 AR Nails / Spa Social 10:30 LB Building Tour for Residents 1:00 LB Lobby Games 2:00 LB Chris - Haas Medical Equip Tune Up 2:30 GR Puzzles & Games ★</p>	<p>8:00 Resident Walking★ 8:30 FIVE BELOW OUTING-Sign up at Front Desk 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 2:00 LB Wine Wednesday w/ Entertainment 2:30 GR Phase 10 & Card Games★</p>	<p>8:00 Resident Walking★ 8:30 MT Resident Chair Tai Chi ★ 9:00 BR Resident Coffee Social ★ 9:30 MT BIBLE STUDY W/ LINDA R 10:00 AR Crafting 1:00 MT Nintendo Wii Games 2:00 LB MILKSHAKES</p>	<p>8:00 Resident Walking★ 9:00 BR Resident Coffee Social ★ 10:30 AR Crafts 12:30 AR DIME BINGO 2:00 LB Happy Hour 2:30 GR Phase 10 & Card Games★</p>	<p>HAPPY BIRTHDAY PEGGY!! 8:00 Resident Walking★ 9:00 BR Resident Coffee Social ★ 9:00 GR Resident Puzzles★ 10:30 LB TV Trivia 12:30 AR DIME BINGO 2:00 LB Saturday Movie Matinee 3:30 GR Cards: Uno, Phase 10, Rummy★</p>
<p>NASCAR DAY 8:00 Resident Walking★ 9:00 BR Resident Coffee Social ★ 10:00 LB CCV Church Streaming Live on TV 10:30 GR Card Games - Uno, Phase 10, 12:30 LB Sunday Movie 1:30 MT Balloon Games</p>	<p>ARMED FORCES DAY 8:00 Resident Walking★ 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 2:00 LB Veteran Chat & Treats 2:30 GR Phase 10 & Card Games★</p>	<p>8:00 Resident Walking★ 8:30 MT Resident Chair Tai Chi ★ 9:00 MT Exercises & Stretching 9:00 BR Resident Coffee Social ★ 10:00 AR Crafting 1:00 LB Lobby Games 2:00 AR Resident Council Meeting 2:30 GR Puzzles & Games ★</p>	<p>8:00 Resident Walking★ 8:30 WALMART SHOPPING - Sign up at Front Desk 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 2:00 LB Wine Wednesday w/ Entertainment 2:30 GR Phase 10 & Card Games★</p>	<p>8:00 Resident Walking★ 8:30 MT Resident Chair Tai Chi ★ 9:00 BR Resident Coffee Social ★ 9:30 MT BIBLE STUDY W/ LINDA R 1:00 LB Movie Time 2:00 LB FROZEN TREATS 3:00 LB TV Trivia</p>	<p>8:00 Resident Walking★ 9:00 BR Resident Coffee Social ★ 10:30 AR Crafts 12:30 AR DIME BINGO 2:00 LB Happy Hour 2:30 GR Phase 10 & Card Games★</p>	<p>8:00 Resident Walking★ 9:00 BR Resident Coffee Social ★ 9:00 GR Resident Puzzles★ 10:30 LB TV Trivia 12:30 AR DIME BINGO 2:00 LB Saturday Movie Matinee 3:30 GR Cards: Uno, Phase 10, Rummy★</p>
<p>8:00 Resident Walking★ 9:00 BR Resident Coffee Social ★ 10:00 LB CCV Church Streaming Live on TV 10:30 GR Card Games - Uno, Phase 10, 12:30 LB Sunday Movie 1:30 MT Games</p>	<p>MEMORIAL DAY / HAPPY BIRTHDAY LINDA A.!! 8:00 Resident Walking★ 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 2:00 AR BAKING TIME 2:30 GR Phase 10 & Card Games★</p>	<p>8:00 Resident Walking★ 8:30 MT Resident Chair Tai Chi ★ 9:00 BR Resident Coffee Social ★ 10:00 AR Nails / Spa Social 10:30 LB Building Tour for Residents 1:00 LB Lobby Games 1:00 LB Meet & Greet New Residents 2:30 GR Puzzles & Games ★</p>	<p>8:00 Resident Walking★ 8:30 COSTCO OUTING - Sign Up at Front Desk 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 2:00 LB Wine Wednesday w/ Entertainment 2:30 GR Phase 10 & Card Games★</p>	<p>8:00 Resident Walking★ 8:30 MT Resident Chair Tai Chi ★ 9:00 BR Resident Coffee Social ★ 9:30 MT BIBLE STUDY W/ LINDA R 10:00 AR Crafting 10:00 LB ZUMBA -With Nora & Patience 1:00 MT Nintendo Wii Games 2:00 LB ICE CREAM SUNDAES</p>	<p>8:00 Resident Walking★ 9:00 BR Resident Coffee Social ★ 10:30 AR Crafts 11:30 DR MAY BIRTHDAYS!!!!!! 12:30 AR DIME BINGO 2:00 LB Happy Hour 2:30 GR Phase 10 & Card Games★</p>	

Word Search

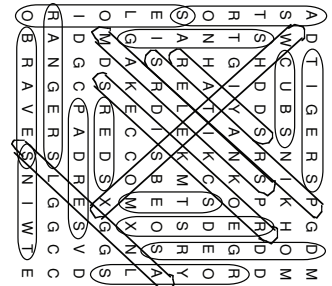
Category: Major League Baseball Teams

A D T I G E R S P G D M
 S W C U B S N I K H O M
 T S H D D S R S P R D D
 R T G I Y A N K O E G R
 O N H A T I K C S D E O
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1. Dodgers _____
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Word Search Solution:

1. Angels
2. Astros
3. Braves
4. Cubs
5. Dodgers
6. Giants
7. Marlins
8. Mets
9. Orioles
10. Padres
11. Pirates
12. Rangers
13. Rays
14. Reds
15. Red Sox
16. Rockies
17. Royals
18. Tigers
19. Twins
20. White Sox



CHOCOLATE BANANA CREAM TRIFLE



Ingredients:

- 18 whole graham crackers (5 x 2 inches)
- 3/4 c. semi-sweet chocolate morsels
- 1 (12-ounce) container whipped topping
- 1 (3.4-ounce) package banana cream or vanilla instant pudding and pie filling
- 1 c. milk
- 4 large bananas, peeled
- 2 T. lemon juice

Directions:

Chop graham crackers; set aside.

For ganache, place chocolate morsels and 1 1/2 c. whipped topping in small bowl. Microwave on high until melted and smooth, stirring every 15 seconds. Combine pudding mix and milk in separate bowl; whisk until thickened. Fold in remaining whipped topping.

Slice bananas. Sprinkle with lemon juice and toss gently. Set aside 10-12 slices for garnish.

To assemble trifle, place half the graham cracker crumbs over bottom of trifle bowl. Place half of the bananas on crackers and top with one-third of the ganache. Spread half of the pudding filling over ganache. Repeat layer. Decorate with remaining ganache and sprinkle with graham cracker crumbs. Arrange reserved banana slices around edges.

Source: The Pampered Chef. Find additional recipes or a consultant in your area at www.PamperedChef.com.