



Canyon Winds

Retirement Community

7311 E Oasis St • Mesa, AZ 85207 • (480) 948-0600



Sending You a Springtime Smile!

The season is in full bloom, and so are our best wishes for all of our residents. Here's to a happy spring full of smiles, laughter and beautiful weather!

Remember When: Clotheslines

Before many homes had clothes dryers, laundry often dried in the breeze on backyard clotheslines. After garments were washed, they were hauled in baskets to the line and hung with wooden clothespins to dry. Fresh air and sunshine created a distinctive scent that lingered on the clothes long after they were taken down. Clotheslines were also meeting spots for neighborhood women to chat, give advice and share news.

Reading Challenge: From Page to Screen

Many popular movies and TV series were books first. Whether a classic or a newly released title, choose a book with a screen adaptation. Read the story first, then watch the film or show. Invite friends to join you in this challenge so you can discuss the differences between the book and the adaptation.

Spread Some Spring

"A kind word is like a spring day." —Russian proverb

April 2024



Welcome to April

The world is remembering its roots this month as spring starts turning everything green! No matter how fickle the weather may be, we always anticipate the new beginnings this freshest of months brings. Of course, April is full of other celebrations, like April Fools' Day (1st), Earth Day (22nd) and even National Velociraptor Awareness Day (18th). However you choose to have fun this month, we hope you enjoy the brightening days!

Happy Birthday to Our Canyon Winds Residents

Ginny 4/3
Pat H. 4/4
Helen M. 4/13
Judy S. 4/18
Esther 4/20

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	APRIL FOOLS' DAY! 1 6:30 COFFEE BAR - DINING ROOM 9:30 ■ EXERCISE - ACTIVITY ROOM 10:00 ARTS & CRAFTS - ACTIVITY ROOM 1:00 BRIDGE 1:00 ■ MUSIC THERAPY with HALLIE HARDY ♪ 2:00 ■ MOVIE - THEATER ROOM	AUTISM AWARENESS 2 6:30 COFFEE BAR - DINING ROOM 8:45 ■ EXERCISE 9:30 Wii BOWLING - THEATER ROOM 11:00 ■ LUNCH @ BARRO'S PIZZA 12:30 MEXICAN TRAIN or RUMMIKUB - ACTIVITY ROOM 2:00 ■ BINGO 3:00 BINGO SHOPPING	HAPPY BIRTHDAY, GINNY NATIONAL WALKING DAY 3 6:30 COFFEE BAR - DINING ROOM 8:45 ■ EXERCISE 10:00 CORN HOLE 1:00 ■ BIBLE STUDY with CAROL DENADEL 2:30 BALLOON TENNIS 2:30 ■ MOVIE - THEATER ROOM	NATIONAL HUG A PERSON DAY! 4 6:30 COFFEE BAR - DINING ROOM 8:45 ■ EXERCISE 10:00 CATHOLIC SERVICES - HOSTED by THOM and CAROL with ALL SAINTS CATHOLIC CHURCH 10:00 NONDENOMINATIONAL SERVICE 1:00 ■ SHOPPING @ WALMART	DEEP DISH PIZZA DAY! 5 6:30 COFFEE BAR - DINING ROOM 9:30 ■ EXERCISE - ACTIVITY ROOM 10:00 CORN HOLE 1:00 ■ MOVIE 2:30 ■ HAPPY HOUR with LIVE MUSIC by BILLY FREDERICK	10:00 CARD GAMES 1:30 ■ BINGO - ACTIVITY ROOM 1:30 ■ MOVIE 2:30 MEXICAN TRAIN - ACTIVITY ROOM 5:30 ■ SATURDAY NIGHT AT THE MOVIES
CMT AWARDS 7 9:00 CARD GAMES 10:00 VIRTUAL CATHOLIC SERVICES 1:00 BRIDGE 1:30 ■ MOVIE - THEATER ROOM 2:00 MEXICAN TRAIN - ACTIVITY ROOM 5:30 ■ MOVIE	NATIONAL GRILLED CHEESE DAY 12 6:30 COFFEE BAR - DINING ROOM 9:30 ■ EXERCISE - ACTIVITY ROOM 10:00 CORN HOLE 1:00 ■ MOVIE 2:00 ■ BINGO 3:30 BINGO SHOPPING 4:00 ■ DINNER ENTERTAINMENT - ROLF WEST MUSIC	NATIONAL UNICORN DAY! 9 6:30 COFFEE BAR - DINING ROOM 8:45 ■ EXERCISE 9:30 Wii BOWLING - THEATER ROOM 11:00 ■ LUNCH @ MORENOS (MEXICAN) 12:30 MEXICAN TRAIN or RUMMIKUB - ACTIVITY ROOM 2:00 ■ BINGO 3:00 BINGO SHOPPING	NATIONAL SIBLINGS DAY 10 6:30 COFFEE BAR - DINING ROOM 8:45 ■ EXERCISE 10:00 CORN HOLE 1:00 ■ BIBLE STUDY with CHAPLAIN DAVID 1:00 ■ HAND BELLS - ACTIVITY ROOM 2:30 ■ MOVIE - THEATER ROOM	WORLD PARKINSON'S DAY 11 6:30 COFFEE BAR - DINING ROOM 8:45 ■ EXERCISE 10:00 CATHOLIC SERVICES - HOSTED by THOM and CAROL with ALL SAINTS CATHOLIC CHURCH 10:00 NONDENOMINATIONAL SERVICE 1:00 ■ SHOPPING @ MICHAELS 2:30 TRIVIA or GAMES	10:00 CARD GAMES 1:30 ■ BINGO - ACTIVITY ROOM 1:30 ■ MOVIE 2:30 MEXICAN TRAIN - ACTIVITY ROOM 5:30 ■ SATURDAY NIGHT AT THE MOVIES	
9:00 CARD GAMES 10:00 VIRTUAL CATHOLIC SERVICES 1:00 BRIDGE 1:30 ■ MOVIE - THEATER ROOM 2:00 MEXICAN TRAIN - ACTIVITY ROOM 5:30 ■ MOVIE	TAX DAY (TAXES DUE) 15 6:30 COFFEE BAR - DINING ROOM 9:30 ■ EXERCISE - ACTIVITY ROOM 10:00 ARTS & CRAFTS - ACTIVITY ROOM 1:00 BRIDGE 1:00 ■ MUSIC THERAPY with HALLIE HARDY ♪ 2:00 ■ MOVIE - THEATER ROOM 2:30 RESIDENT COUNCIL MEETING	6:30 COFFEE BAR - DINING ROOM 8:45 ■ EXERCISE 9:30 Wii BOWLING - THEATER ROOM 11:00 ■ LUNCH @ ZUSHI 12:30 MEXICAN TRAIN or RUMMIKUB - ACTIVITY ROOM 2:00 ■ BINGO 3:00 BINGO SHOPPING	6:30 COFFEE BAR - DINING ROOM 8:45 ■ EXERCISE 10:00 CORN HOLE 1:00 ■ BIBLE STUDY with CAROL DENADEL 2:30 ■ MOVIE - THEATER ROOM	HAPPY BIRTHDAY, JUDY S. NATIONAL HIGH FIVE DAY 18 6:30 COFFEE BAR - DINING ROOM 8:45 ■ EXERCISE 10:00 CATHOLIC SERVICES - HOSTED by THOM and CAROL with ALL SAINTS CATHOLIC CHURCH 10:00 NONDENOMINATIONAL SERVICE 1:00 ■ SHOPPING @ TARGET 2:30 ■ MIX & MINGLE - GET TO KNOW YOUR NEIGHBOR: ACTIVITY ROOM	6:30 COFFEE BAR - DINING ROOM 9:30 ■ EXERCISE - ACTIVITY ROOM 10:00 CORN HOLE 1:00 FITNESS SCREENING HOSTED by ALECA 1:00 ■ MOVIE 2:30 ■ HAPPY HOUR with LIVE MUSIC by BILLY FREDERICK	10:00 CARD GAMES 1:30 ■ BINGO - ACTIVITY ROOM 1:30 ■ MOVIE 2:30 MEXICAN TRAIN - ACTIVITY ROOM 5:30 ■ SATURDAY NIGHT AT THE MOVIES
9:00 CARD GAMES 10:00 VIRTUAL CATHOLIC SERVICES 1:00 BRIDGE 1:30 ■ MOVIE - THEATER ROOM 2:00 MEXICAN TRAIN - ACTIVITY ROOM 5:30 ■ MOVIE	PASSOVER STARTS AND EARTH DAY 22 6:30 COFFEE BAR - DINING ROOM 9:30 ■ EXERCISE - ACTIVITY ROOM 10:00 ARTS & CRAFTS - ACTIVITY ROOM 1:00 BRIDGE 1:00 MOVIE 2:30 ■ TRIVIA hosted by DALE LIKENS ♪	6:30 COFFEE BAR - DINING ROOM 8:45 ■ EXERCISE 9:30 Wii BOWLING - THEATER ROOM 11:00 ■ LUNCH @ DENNY'S 12:30 MEXICAN TRAIN or RUMMIKUB - ACTIVITY ROOM 2:00 ■ BINGO 3:00 BINGO SHOPPING	DENIM DAY 24 6:30 COFFEE BAR - DINING ROOM 8:45 ■ EXERCISE 10:00 CORN HOLE 1:00 ■ BIBLE STUDY with CHAPLAIN DAVID 2:30 ■ MOVIE - THEATER ROOM 2:30 TIME FOR UNFINISHED ARTS & CRAFTS	NFL DRAFT STARTS & TAKE CHILD TO WORK DAY 25 6:30 COFFEE BAR - DINING ROOM 8:45 ■ EXERCISE 10:00 CATHOLIC SERVICES - HOSTED by THOM and CAROL with ALL SAINTS CATHOLIC CHURCH 10:00 NONDENOMINATIONAL SERVICE 1:00 ■ SHOPPING @ ALBERTSONS 7:00 ■ LADIES' GAME NIGHT - ACTIVITY ROOM	ARBOR DAY 26 6:30 COFFEE BAR - DINING ROOM 9:30 ■ EXERCISE - ACTIVITY ROOM 10:00 CORN HOLE 1:00 ■ MOVIE 2:00 ■ BINGO 3:30 BINGO SHOPPING 4:00 ■ DINNER ENTERTAINMENT LEE FORD, GUITAR & VOCALS	10:00 CARD GAMES 1:30 ■ BINGO - ACTIVITY ROOM 1:30 ■ MOVIE 2:30 MEXICAN TRAIN - ACTIVITY ROOM 5:30 ■ SATURDAY NIGHT AT THE MOVIES
WORLD DAY FOR SAFETY & HEALTH AT WORK 28 9:00 CARD GAMES 10:00 VIRTUAL CATHOLIC SERVICES 1:00 BRIDGE 1:30 ■ MOVIE - THEATER ROOM 2:00 MEXICAN TRAIN - ACTIVITY ROOM 5:30 ■ MOVIE	PASSOVER ENDS 30 6:30 COFFEE BAR - DINING ROOM 9:30 ■ EXERCISE - ACTIVITY ROOM 10:00 ARTS & CRAFTS - ACTIVITY ROOM 1:00 ■ ARMCHAIR TRAVEL 1:00 BRIDGE 2:00 ■ MOVIE - THEATER ROOM	6:30 COFFEE BAR - DINING ROOM 8:45 ■ EXERCISE 9:30 Wii BOWLING - THEATER ROOM 11:00 ■ LUNCH @ TOM'S BBQ 12:30 MEXICAN TRAIN or RUMMIKUB - ACTIVITY ROOM 2:00 ■ BINGO 3:00 BINGO SHOPPING				

HAPPY EARTH DAY APRIL 22



Word Search

Category: Major League Baseball Teams

A D T I G E R S P G D M	1. Dodgers
S W C U B S N I K H O M	2. _____
T S H D D S R S P R D D	3. _____
R T G I Y A N K O E G R	4. _____
O N H A T I K C S D E O	5. _____
S A R E L E K M T S R Y	6. _____
E I S R D I S B E O S A	7. _____
L G A K E C C O M X N L	8. _____
O M D S R E D S X G G S	9. _____
I D G C P A D R E S V D	10. _____
R A N G E R S L G G C C	11. _____
O B R A V E S N I W T E	12. _____
	13. _____
	14. _____
	15. _____
	16. _____
	17. _____
	18. _____
	19. _____
	20. _____

- Word Search Solution:
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|------------|---------------|
| 1. Angels | 11. Pirates |
| 2. Astros | 12. Rangers |
| 3. Braves | 13. Rays |
| 4. Cubs | 14. Reds |
| 5. Dodgers | 15. Red Sox |
| 6. Giants | 16. Rockies |
| 7. Marlins | 17. Royals |
| 8. Mets | 18. Tigers |
| 9. Orioles | 19. Twins |
| 10. Padres | 20. White Sox |

