



Sedona Winds

Retirement Community

475 Jacks Canyon Rd • Sedona, AZ 86351 • (928) 284-9077

Love Is in the Air!

With Valentine's this month we would like to take a moment to recognize the couples who live here at Sedona Winds! Please help us celebrate their love over the years!

Jessie and Robert Coons married February 24, 1951, will be celebrating 73 years of marriage this month!

Jo and Audrey Skidmore married August 29, 1953, will be celebrating 71 years of marriage this year!

Gil and Jean Sechrist married June 10, 1956, will be celebrating 68 years!

Bill and Justine Kusner married December 26, 1966, just celebrated 57 years of marriage and will be adding to it this December!

Larry and Madonna Nero were married June 14, 1986, and will celebrate 38 years of marriage this June!

Join us in wishing each of these couples a very Special Valentine's Day and the Happiest of Anniversaries this year!!!



Awaiting the Season's Change

"While it is February, one can taste the full joys of anticipation. Spring stands at the gate with her finger on the latch." —Patience Strong

February 2024

Happy New Year!!



We brought in 2024 with a bang! Champagne bubbles flowed as we danced and sang the night away with our host, The Sedona Women and Sedona Kind. A very big Thank You to the ladies and their husbands for joining us in our New Year's Celebration!



Happy New Years! Cora, her daughter, Joa and Audrey take a break from celebrating for a photo.



John Neville, Jawn McKinley, Ken and Barbara Quyle who joined us from Sedona Kind and The Sedona Women for an amazing New Year's Eve Party!! A very big Thank You to these 2 groups of amazing people!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<div>1</div> <div>9:30 Fitness and Balance 🏃 10:00 Coffee and Treats 1:30 Arts and Crafts- Valentines!! 3:30 1 On 1 Time w/ Activities Staff</div>	<div>2</div> <div>9:30 Fitness and Balance 🏃 10:00 Puppy Pop-in With Jasper 10:30 Bingo 1:30 Card Games</div>	<div>3</div> <div>9:30 Rise & Shine Exercise🏃 10:30 Bingo 2:00 Story Book Club with Carol 6:15 Movie & Popcorn🎬</div>
<div>4</div> <div>9:30 Rise & Shine Exercise🏃 10:30 Sunday Documentary Series 1:00 Church Service & Singing! 2:00 Fun with the Interact Club!! 3:30 Trivia & Laughs</div>	<div>5</div> <div>9:00 Clarks Outing 9:30 Fitness and Balance 🏃 10:30 Bingo 1:30 Bridge 3:30 Uno Card Game</div>	<div>6</div> <div>9:30 Fitness and Balance 10:00 Activity w/ Ann from Maggie's 2:00 Dominos 3:00 1 On 1 Time W/ Activities Staff</div>	<div>7</div> <div>9:30 Fitness and Balance 🏃 10:00 Coffee Social 12:00 Bobby Myhre Classic Sinatra & Jazz Entertainment During Lunch 2:00 Bridge</div>	<div>8</div> <div>9:30 Fitness and Balance 🏃 10:00 Bible Study w/ Miss Janie 2:00 Hypnotherapy Clinic 3:30 1 On 1 Time w/ Activities Staff</div>	<div>9</div> <div>9:30 Fitness and Balance 🏃 10:00 Puppy Pop-In With Augie 10:30 Bingo 1:30 Card Games</div>	<div>10</div> <div>Chinese New Year! 9:30 Rise & Shine Exercise🏃 10:30 Bingo 2:00 Story Book Club with Carol 6:15 Movie & Popcorn🎬</div>
<div>11</div> <div>9:30 Rise & Shine Exercise🏃 10:30 Sunday Documentary Series 2:00 Super Bowl Sunday Party!! 3:30 Trivia & Laughs</div>	<div>12</div> <div>9:30 Fitness and Balance 🏃 10:30 Bingo 1:30 Bridge 3:30 Words with Friends: Scrabble</div>	<div>13</div> <div>Mardi Gras!! 9:00 Red Cross Blood Drive!! 9:30 Fitness and Balance 10:00 Tech Help With Marcy Young 3:00 1 On 1 Time W/ Activities Staff</div>	<div>14</div> <div>Valentine's Day!! 9:30 Fitness and Balance 🏃 10:00 Coffee Social 10:30 Community Meeting 12:00 Sweethearts Luncheon!! 2:00 Bridge</div>	<div>15</div> <div>Happy Birthday Joseph Skidmore!! 9:30 Fitness and Balance 🏃 10:00 Bible Study w/ Miss Janie 1:30 Arts and Crafts- Wreaths 3:30 1 On 1 Time w/ Activities Staff</div>	<div>16</div> <div>National Caregivers Day!!! 9:30 Fitness and Balance 🏃 10:00 Puppy Pop-in With Jasper 10:30 Bingo 1:30 Card Games</div>	<div>17</div> <div>9:30 Rise & Shine Exercise🏃 10:30 Bingo 2:00 Story Book Club with Carol 6:15 Movie & Popcorn🎬</div>
<div>18</div> <div>9:30 Rise & Shine Exercise🏃 10:30 Sunday Documentary Series 2:00 Making Chocolate Covered Strawberries!! 3:30 Trivia & Laughs</div>	<div>19</div> <div>Presidents Day Happy Birthday Jessie Coons!! 8:30 Walmart Outing 9:30 Fitness and Balance 🏃 10:30 Bingo 1:30 Bridge 3:30 Uno Card Games</div>	<div>20</div> <div>9:30 Fitness and Balance 10:00 Activity w/ Ann from Maggie's 12:15 Birthday Cake Celebration with Compassus 1:30 Pet Therapy W/ Nita & Julip 2:00 Dominos 3:00 1 On 1 Time W/ Activities Staff</div>	<div>21</div> <div>9:30 Fitness and Balance 🏃 10:00 Coffee Social 1:00 Caregiver's Meeting 2:30 Bridge</div>	<div>22</div> <div>9:30 Fitness and Balance 🏃 10:00 Bible Study w/ Miss Janie 1:30 Arts and Crafts- Sip and Paint!! 3:30 1 On 1 Time w/ Activities Staff</div>	<div>23</div> <div>9:30 Fitness and Balance 🏃 10:00 Puppy Pop-In With Augie 10:30 Bingo 1:30 Card Games</div>	<div>24</div> <div>9:30 Rise & Shine Exercise🏃 10:30 Bingo 2:00 Story Book Club with Carol 6:15 Movie & Popcorn🎬</div>
<div>25</div> <div>9:30 Rise & Shine Exercise🏃 10:30 Sunday Documentary Series 2:00 Piano Recital by Students of Candace!! 3:30 Trivia & Laughs</div>	<div>26</div> <div>9:30 Fitness and Balance 🏃 10:30 Bingo 1:30 Bridge 3:30 Words with Friends: Scrabble</div>	<div>27</div> <div>9:30 Exercise/ Chair Yoga With Carolyn of NAz Hospice 🏃 10:00 Fingernail Care With AJ from Centerwell 2:00 Dominos 3:00 1 On 1 Time W/ Activities Staff</div>	<div>28</div> <div>9:30 Fitness and Balance 🏃 10:00 Coffee Social 1:30 Ice Cream Social 2:30 Bridge 🎬</div>	<div>29</div> <div>9:30 Fitness and Balance 🏃 10:00 Bible Study w/ Miss Janie 1:30 Arts and Crafts- Scrapbooking! 3:30 1 On 1 Time w/ Activities Staff</div>		<div>Calendar Subject to Change</div>

Announcements

Happy Birthday

Joseph Skidmore 2/15

Jessie Coons 2/19

Welcome

Cora Seginski

Rosalie Martinez

Elsie Barnett

Adrienne Knight

Lorrayne Kilpatrick

In Loving Memory of Those no Longer with Us

John Luetjohann

Josephine Parrish

Jill Bartlett

Transportation

For transportation, it is based on availability and medical appointments do take priority; however, please keep in mind doctor appointments can and do run over, traffic, staff illnesses, construction, and emergencies do happen, and we are constantly working with things like these that are out of our control.

Thank you for understanding!

