



# Desert Winds

## Retirement Community

20554 N 101st Ave • Peoria, AZ 85382 • (623) 362-1200

### Take a Leap

2024 is a leap year, when February has an extra day. Take inspiration from Leap Day on Feb. 29 to “take a leap” and try something new in your life, such as joining a club or taking a class.

### Making a Splash

If you watch sports, then you probably know about the famed Gatorade shower, also known as the Gatorade dunk or bath. This tradition of dumping a cooler full of liquid onto the head coach—or star player—began with New York Giants defensive tackle Jim Burt in 1984. After some grueling practices that resulted in a winning game, Burt, linebacker Harry Carson and team dumped the icy drink all over head coach Bill Parcells. This bit of fun has since become a beloved tradition for victorious teams.

### Memorable Melody: 'You've Got a Friend'

This beloved folk ballad was written and recorded by Carole King in 1971, but her close friend and collaborator James Taylor was the one who took it to the top of the charts that same year. Though King didn't write the tune specifically for Taylor, she was inspired by a line in his hit song “Fire and Rain”—“I've seen lonely times when I could not find a friend”—and penned a heartfelt response, reassuring the listener that “All you have to do is call, and I'll be there.” Both artists earned Grammys for “You've Got a Friend”—song of the year for King and best male pop vocal for Taylor—and it's a signature song for each that they've often performed together.

## February 2024



### Awaiting the Season's Change

“While it is February, one can taste the full joys of anticipation. Spring stands at the gate with her finger on the latch.” —Patience Strong

### Beloved Rom-Com

The first film to sweep the Oscars, winning all five major categories (best picture, director, actor, actress and screenplay), “It Happened One Night” premiered in February 1934. Celebrate the movie's 90th birthday with a screening of the romantic comedy starring Clark Gable and Claudette Colbert.

### Year of the Dragon

Happy Lunar New Year! The Year of the Dragon begins on Feb. 10. Of the 12 animals in the Chinese zodiac, the dragon is the only mythological creature, and it's associated with power, intelligence, confidence and prosperity.



# February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthstone - Amethyst Flower - Violet or Primrose Color - Light Blue or Yellow	bh - Bingo Hall lb - Lobby l - Library dr - Dining Room	m - Meeting Room 1nl - 1st Floor North Lounge t - Theater 1sl - 1st Floor South Lounge	<b>All Events            Are Subject            to Change</b>	8:45 Groceries at Fry's or Bashas' (lb) 10:00 Chair Exercise with Lynn (fr) 10:00 Hand and Foot Card Game (1nl) 11:30 Bus to Arrowhead Mall (lb) 2:00 "Golf" Card Game (m) 2:00 It's Smoothie Time (lb)	<b>No Transportation Groundhog Day</b> 9:00 Bus to Desert Diamond Casino (lb) 2:00 Scrabble (bh) 5:00 Texas Hold 'em Poker (1nl)	10:00 Knitting and Loom Ladies (m) 1:00 Pokeno (m) 2:00 Blood Pressure Check (l) 6:00 Movie (cc) (t)
9:15 Bus Pickup from Church of the Palms for Church Service (lb) 2:00 Bingo (bh) 5:00 Billiards (l)	9:00 Mini Manicures (m) 2:00 Bingo (bh) 5:00 Texas Hold 'em Poker (1nl)	10:00 Chair Exercise with Lynn (bh) 10:00 Hand and Foot Card Game (1nl) 10:30 Only The Best Jewelry (lb) 11:00 Southwest Mobility (bh) 12:00 Groceries at Fry's or Bashas' (lb) 1:00 Mexican Train (1sl) 2:00 Skip-Bo Card Game (m)	10:00 Coloring with Lynn (m) 10:30 Bible Fellowship (t) 12:00 Groceries at Fry's or Bashas' (lb) 2:00 Bingo (bh) 4:00 Red Hat Ladies Dinner (lb) 6:00 Movie (cc) (t)	8:45 Groceries at Fry's or Bashas' (lb) 9:30 Men's Coffee (m) 10:00 Avon with Josie/Cards by Anita (lb) 10:00 Hand and Foot Card Game (1nl) 11:30 Bus to Walmart (lb) 2:00 "Golf" Card Game (m)	10:00 Chair Exercise with Lynn (bh) 2:00 Happy Hour (lb) 2:00 Scrabble (bh) 5:00 Texas Hold 'em Poker (1nl)	10:00 Knitting and Loom Ladies (m) 1:00 Pokeno (m) 2:00 Blood Pressure Check (l) 6:00 Movie (cc) (t)
9:15 Bus Pickup from Church of the Palms for Church Service (lb) 2:00 Bingo (bh) 5:00 Billiards (l)	10:00 Breakfast at IHOP (lb) 1:00 Community Rosary (t) 5:00 Texas Hold 'em Poker (1nl)	10:00 Hand and Foot Card Game (1nl) 12:00 Groceries at Fry's or Bashas' (lb) 1:00 Mexican Train (1sl) 2:00 Live Jeopardy (lb) 2:00 Skip-Bo Card Game (m)	<b>Valentine's Day Ash Wednesday</b> 10:00 Paparazzi \$5.00 Jewelry (lb) 12:00 Groceries at Fry's or Bashas' (lb) 6:00 Movie (cc) (t)	8:45 Groceries at Fry's or Bashas' (lb) 10:00 Hand and Foot Card Game (1nl) 11:30 Bus to 99cent Store/Sprouts (lb) 1:00 Sunrise Mountain Library (lb) 2:00 "Golf" Card Game (m)	<b>No Transportation</b> 10:15 Tour of Ripley's Believe it or Not Exhibit (lb) 2:00 Scrabble (bh) 5:00 Texas Hold 'em Poker (1nl)	10:00 Knitting and Loom Ladies (m) 1:00 Pokeno (m) 2:00 Blood Pressure Check (l) 6:00 Movie (cc) (t)
9:15 Bus Pickup from Church of the Palms for Church Service (lb) 2:00 Bingo (bh) 5:00 Billiards (l)	<b>Presidents Day - No Transportation</b> 5:00 Texas Hold 'em Poker (1nl)	10:00 Chair Exercise with Lynn (bh) 10:00 Hand and Foot Card Game (1nl) 12:00 Groceries at Fry's or Bashas' (lb) 12:30 Red Hat Ladies Luncheon (dr) 1:00 Mexican Train (1sl) 2:00 Skip-Bo Card Game (m)	10:00 Trivia with Lynn (m) 10:30 Bible Fellowship (t) 12:00 Groceries at Fry's or Bashas' (lb) 2:00 Bingo (bh) 6:00 Movie (cc) (t)	8:45 Groceries at Fry's or Bashas' (lb) 10:00 Chair Exercise with Lynn (bh) 10:00 Hand and Foot Card Game (1nl) 11:30 Bus to Walmart (lb) 2:00 "Golf" Card Game (m) 2:00 Winter Warm-up Social (lb)	10:00 Bean Bag Toss (l) 10:00 Bus to Aldi (lb) 2:00 Scrabble (bh) 5:00 Texas Hold 'em Poker (1nl)	10:00 Knitting and Loom Ladies (m) 1:00 Pokeno (m) 2:00 Blood Pressure Check (l) 6:00 Movie (cc) (t)
9:15 Bus Pickup from Church of the Palms for Church Service (lb) 2:00 Bingo (bh) 5:00 Billiards (l)	9:00 Mini Manicures (m) 2:00 Bingo (bh) 5:00 Texas Hold 'em Poker (1nl)	10:00 Chair Exercise with Lynn (bh) 10:00 Hand and Foot Card Game (1nl) 12:00 Groceries at Fry's or Bashas' (lb) 1:00 Mexican Train (1sl) 2:00 Entertainment by Accordionist John Dudzik (lb) 2:00 Skip-Bo Card Game (m) 2:30 Catholic Mass (t)	12:00 February Birthday Luncheon (dr) 12:00 Groceries at Fry's or Bashas' (lb) 2:00 Bingo (bh) 6:00 Movie (cc) (t)	8:45 Groceries at Fry's or Bashas' (lb) 10:00 Hand and Foot Card Game (1nl) 10:00 Ladies Social (bh) 11:30 Bus to Dollar Tree (lb) 2:00 "Golf" Card Game (m)	Beauty Salon is open Wednesday and Thursday	Postage Stamps are Sold at the Front Desk



## The Grand Slam of Showbiz

Only a handful of people have achieved EGOT status, which is winning all four major entertainment awards—the Emmy, Grammy, Oscar and Tony. View this cast of EGOT winners and the decade in which they earned the honor.

<u>Decade</u>	<u>EGOT Winners</u>
1960s	Richard Rodgers
1970s	Helen Hayes, Rita Moreno
1990s	John Gielgud, Audrey Hepburn, Marvin Hamlisch, Jonathan Tunick
2000s	Mel Brooks, Mike Nichols, Whoopi Goldberg
2010s	Scott Rudin, Robert Lopez, Andrew Lloyd Webber, Tim Rice, John Legend
2020s	Alan Menken, Jennifer Hudson, Viola Davis, Elton John

"Then & Now"

## "This Month In History" FEBRUARY

**1942:** Year-round daylight saving time, called "war time," is signed into U.S. law by President Franklin D. Roosevelt. To save energy, all time zones moved ahead one hour until the end of World War II.

**1950:** Disney's animated fairy tale feature "Cinderella" delights audiences when it opens in movie theaters.

**1960:** In a civil rights movement milestone, four Black college students begin a sit-in protest at a lunch counter in Greensboro, N.C., where they had been denied service.

**1972:** With over 15 million manufactured, the Volkswagen Beetle becomes the world's bestselling car.

**1989:** A network of 24 GPS satellites is launched into orbit over Earth, revolutionizing navigation and everyday technology.

**1998:** British singer-songwriter Elton John is knighted by Queen Elizabeth II for his contributions to music and his charity work.

**2006:** A blizzard buries the Northeast. New York City received a record-setting 26.9 inches of snow.

**2020:** At the Oscars, the South Korean thriller "Parasite" is named best picture. It was the first foreign-language film to win the top honor.