



Chaparral Winds

Retirement Community

16623 N West Point Pkwy • Surprise, AZ 85374 • (623) 975-0880

Staff Directory

Janet Tena	Executive Director
Wendi Minor	Nurse
Alex Osorno	Marketing Consultant
Venessa Gutierrez	Resident Care Coordinator
Annalisa Silva	AL Activity Director
Malena Falcon	MC Activity Coordinator
Alma Ramirez	Housekeeping
Jennifer	Housekeeping
Arthur Guillory	Maintenance Director
John watson	Maintenance



Happy Birthday to You!

2/3	Wesley S
2/8	Marjorie H
2/12	Milly D
2/22	Jeanette F
2/23	Joyce M

If you're having a birthday this month, we hope it's the beginning of a year full of happy memories and wonderful moments. And we'd like to celebrate! February Birthdays are invited to our monthly birthday party for cake, ice cream and fun! Check our calendar for the time and place.

February 2024

Family Valentine's Bingo

Valentine's Family Bingo event on February 14, 2024, with treats and prizes will be a wonderful way to bring friends and family together for Valentine's Day!

Let's Get Crafty With Kelli

February 8, 2024, at 1 p.m. in the Activity Room

We're making Valentine's card crafts this month, and we invite all of you to join us for a love-ly time!

Please RSVP to Activities.

February 14, 2024, Sweet Scrub Valentine's Day Craft

This do-it-yourself sugar scrub makes a sweet Valentine's Day gift for a friend—or yourself!

Materials:

- 1/2 cup coconut oil
- Microwave-safe glass bowl
- 1 1/2 cups white sugar
- Red food coloring
- Essential oil of your choice (optional)
- Spoon
- Glass jar with lid

Directions:

To soften the coconut oil, place in bowl and microwave for 15 seconds. Remove bowl from microwave. Add sugar and 5 drops of food coloring. If desired, add 5 to 10 drops of essential oil for fragrance. Stir mixture with spoon, then transfer to glass jar.

The sugar scrub can be stored for several months. Use it as a body scrub during bath time, or keep it at the sink to help exfoliate and moisturize dry hands and elbows.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>february</div>	<div>Celebrate BLACK HISTORY Month</div>	<div>HAPPY Valentine's DAY</div>	<div>AR- Activity Room L- Lounge T- Theater Room CY- Courtyard LB- Library PDR- Private Dining Room DR- Dining Room</div>	<div>1 9:00 Gardening CY 10:00 Bingo AR 12:00 Chair Yoga T 1:00 Sip & Paint AR 2:15 Blackjack L 3:30 Relaxing Art AR</div>	<div>2 Groundhog Day 9:00 Donuts & Coffee AR 10:00 Bingo AR 10:00 Southwest Mobility FR 12:00 Poker (5 Card Draw) 2:30 Armchair Travel T 4:00 Puzzles LB 5:00 Movie Night T</div>	<div>3 10:00 Bingo with David AR 12:00 Table Games AR 1:00 Wii Bowling AR</div>
<div>4 12:00 Crosswords AR 1:00 Matinee Movie T 4:00 Puzzles LB</div>	<div>5 9:00 Walmart 10:00 Bingo AR 12:00 Manicure Monday AR (By Appointment) 1:00 Exercise w/ Kellan 2:00 Hand & Foot L 4:00 Popcorn Cart AR</div>	<div>6 Find the Football & Win a Prize 10:00 Bingo AR 12:00 Cooking / Baking AR 12:00 Scrabble AR 2:15 Blackjack L 4:00 Wii Bowling L</div>	<div>7 9:00 Bible Study w/ Tony L 9:30 Catholic Confessions IL 10:00 Bingo AR 10:00 Catholic Mass IL 11:00 Casa de Papa Lunch Outing 2:30 Hand & Foot L 5:00 Western Movie Wednesday T</div>	<div>8 Find the Football & Win a Prize 9:00 Gardening CY 10:00 Bingo AR 12:00 Chair Yoga T 1:00 Valentine's Cards w/ Kelli AR 2:15 Blackjack L 3:30 Relaxing Art AR</div>	<div>9 9:00 Donuts & Coffee AR 10:00 Bingo AR 1:00 Matinee Movie & Popcorn (42) 4:00 Puzzles LB 5:00 Movie Night T</div>	<div>10 10:00 Bingo with David AR 12:00 Table Games AR 1:00 Wii Bowling AR</div>
<div>11 12:00 Crosswords AR 1:00 Matinee Movie T 4:00 Puzzles LB</div>	<div>12 9:00 Walmart 10:00 Bingo AR 1:00 Exercise w/ Kellan 2:00 Hand & Foot L</div>	<div>13 10:00 Bingo AR 12:00 Scrabble AR 2:00 Veterans Coffee PDR 4:00 Wii Bowling L</div>	<div>14 9:00 Bible Study w/ Tony L 10:00 Valentine's Craft AR 1:30 Family Valentine's Bingo DR 2:30 Hand & Foot L 5:00 Western Movie Wednesday T</div>	<div>15 9:00 Gardening CY 10:00 Bingo AR 12:00 Chair Yoga T 2:15 Blackjack L 3:30 Relaxing Art AR</div>	<div>16 9:00 Donuts & Coffee AR 10:00 Bingo AR 12:00 Poker (5 Card Draw) 2:30 Armchair Travel T 4:00 Puzzles LB 5:00 Movie Night T</div>	<div>17 10:00 Bingo with David AR 12:00 Table Games AR 1:00 Wii Bowling AR</div>
<div>18 12:00 Crosswords AR 1:00 Matinee Movie T 4:00 Puzzles LB</div>	<div>19 <div>HAPPY Presidents DAY</div></div>	<div>20 9:00 Resident Council PDR 10:00 Bingo AR 12:00 Cooking / Baking AR 12:00 Scrabble AR 2:15 Blackjack L 4:00 Wii Bowling L</div>	<div>21 9:00 Bible Study w/ Tony L 10:00 Bingo AR 11:00 Casino Outing 2:30 Hand & Foot L 5:00 Western Movie Wednesday T</div>	<div>22 9:00 Gardening CY 10:00 Bingo AR 12:00 Chair Yoga T 1:00 Arts & Crafts AR 2:15 Blackjack L 3:30 Relaxing Art AR</div>	<div>23 9:00 Donuts & Coffee AR 10:00 Bingo AR 11:00 AMC Outing 3:30 Armchair Travel T 4:00 Puzzles LB 5:00 Movie Night T</div>	<div>24 10:00 Bingo with David AR 12:00 Table Games AR 1:00 Wii Bowling AR</div>
<div>25 12:00 Crosswords AR 1:00 Matinee Movie T 4:00 Puzzles LB</div>	<div>26 9:00 Walmart 10:00 Bingo AR 12:00 Manicure Monday AR (By Appointment) 1:00 Exercise w/ Kellan 2:00 Hand & Foot L</div>	<div>27 10:00 Bingo AR 11:00 Target Outing (Sign-up) 12:00 Scrabble AR 2:15 Blackjack L 4:00 Wii Bowling L</div>	<div>28 9:00 Bible Study w/ Tony L 10:00 Bingo AR 11:00 Cracker Barrel Lunch Outing 2:30 Hand & Foot L 5:00 Western Movie Wednesday T</div>	<div>29 9:00 Gardening CY 10:00 Bingo AR 12:00 Chair Yoga T 1:00 Arts & Crafts AR 2:15 Blackjack L 3:30 Relaxing Art AR</div>	<div><div>SUPER BOWL</div></div>	<div>All Events Are Subject to Change</div>

Word Search

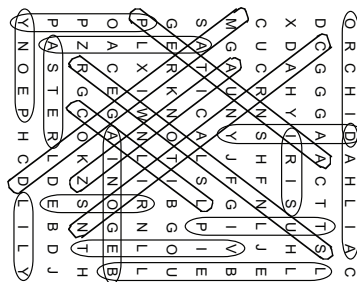
Category: Flowers

O R C H I D A H L I A C
D C G G G A A C T T S L
X D A H Y I R I S U H L
C U C R N S H F N L J E
M G A U N Y J F G I V B
S A T I C A L S L P I E
G E R K N O T I B G O U
P L X I W N L I R N L L
O A C E G A I N O G E B
P Z R G C O K Z S N T H
P A S T E R L D E B D J
Y N O E P H C D L I L Y

1. Aster
2. _____
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20. _____

Word Search Solution:

1. Aster
2. Azalea
3. Begonia
4. Bluebell
5. Carnation
6. Dahlia
7. Daisy
8. Iris
9. Lilac
10. Lily
11. Marigold
12. Orchid
13. Peony
14. Petunia
15. Poppy
16. Rose
17. Sunflower
18. Tulip
19. Violet
20. Zinnia



• FEBRUARY •

A CELEBRATION OF

BLACK
History
MONTH

"I have learned that success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed."

—Booker T. Washington