



# Chaparral Winds

## Retirement Community

16617 N West Point Pkwy • Surprise, AZ 85374 • (623) 544-4777

### Staff Directory

Stephanie Dodson	Director
Jill Hayes	Marketer
Sarah Martinez	Activities Coordinator
Arthur Guillory	Maintenance
Angela Boyd	Caregiver
Walter Mummel	Transportation
Gary Heath	Transportation
Ashley Rodrigues	Chef
Jasmine, Keveline, Mireya	
Amy, Kathi	Receptionists
Rebeca Bennett	Housekeeper
Cathy Jarrel	Housekeeper
Maria Deleon	Housekeeping

### Upcoming Events

- 08/01 "Only The Best" Jewelry Vendor FP
- 08/02 Water Aerobics with Sarah Main Pool
- 08/03 Waffle Wednesday DR
- 08/03 Polish Nails with Sarah MP
- 08/04 Mary Kay FP
- 08/05 East Coast Audiology Testing CR
- 08/05 Southwest Mobility TL
- 08/08 Sun City West Dental Talk FP
- 08/09 How to use your phone,computer,etc CR
- 08/10 Carraba's Dinner Outing
- 08/10 Paparazzi Jewelry Vendor FP
- 08/15 State 48 Brewery Lunch Outing
- 08/16 Donations for Community Yard Sale CR
- 08/17 Birthday Breakfast MP
- 08/19 Community Yard Sale FP
- 08/20 Come and Play Games MP
- 08/22 Casino Outing
- 08/25 Make Monkey Bread with Sarah MP
- 08/26 Happy Hour MP
- 08/29 Don Scott Fashion Vendor FP
- 08/31 Biscuits Cafe Lunch Outing

### August 2022



**Welcome, We're Glad You're Here!**

Martha Bleyl

### Celebrating Older Adults

National Senior Citizens Day on Aug. 21 celebrates the older generation and their contributions to their families, communities and country.

### Write It Down

Need help remembering something? Write it down. Handwriting engages more parts of the brain than typing, and it is easier to recall something once you've written it on paper.

### Fur-nancial Advice

Q: Why did the Labrador retriever beg his master to invest in tennis balls?

A: Because they have such a high rate of return!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>MP-Multipurpose Room</b> <b>TL-Theatre Lounge</b> <b>CR-Conference Room</b> <b>FP-Fireplace Room</b> <b>DR-Dining Room</b> <b>1MR-First Floor Meeting Room</b> <b>2MR-Second Floor Meeting Room</b></p>	<p>1 7:00 Wii Bowling TL 9:30 Fitness Focus w/Alison TL <b>12:00 -2:00 "Only The Best" Jewelry Vendor FP</b> 1:00 Catholic Bible Study TL 2:00 -3:00 Bistro Open <b>2:30 Book Club TL</b> 5:30 5 Crown Card Game MP 6:00 Hand and Foot 1MR</p>	<p>2 7:00 Wii Bowling TL <b>9:00 Water Aerobics with Sarah Pool</b> 9:50 Surprise Marketplace Out 10:00 -11:00 Mens Social Hour CR 10:00 -11:00 Short Stop Store 1:00 Mahjong TL 1:15 Bridge 1MR 2:00 Po.Ke.No MP</p>	<p>3 <b>7:00 -9:00 Waffle Wednesday DR</b> 7:00 Wii Bowling TL <b>10:00 -1:00 Polish your Nails with Sarah MP</b> 10:00 Stretch Class TL 10:50 Fry's Shopping Out 11:00 Wii Bowling TL 1:00 -2:00 Devotion and Prayer MP <b>2:00 -3:00 Bistro Open</b> 6:00 Dime Bingo TL</p>	<p>4 9:30 Chair Exercise TL 9:30 Walmart Shopping Out <b>10:00 Mary Kay FP</b> <b>10:30 Knit, Crochet, etc. TL</b> 1:30 Mexican Train 1MR 2:00 -3:00 Short Stop Store 5:30 Jackpot Bingo MP 6:00 Comedy Movie TL</p>	<p>5 7:00 Wii Bowling TL 9:30 Fitness Focus w/Alison TL <b>10:30 -1:00 East Coast Audiology testing CR</b> <b>11:00 Southwest Mobility TL</b> <b>2:30 Hot Topics in the News MP</b> 6:00 Action Movie TL 6:00 Poker 1MR</p>	<p>6 7:00 Wii Bowling TL 9:00 Tai Chi TL 10:30 Lutheran Service TL 6:00 Romantic Movie TL</p>
<p>7 1:30 Bunco TL 1:30 Catholic Communion, Rosary, and Chaplet CR 2:00 Bible Study with Tony MP 6:00 Family Movie TL</p>	<p>8 7:00 Wii Bowling TL 9:30 Fitness Focus w/Alison TL <b>11:00 -1:00 Sun City West Dental Talk FP</b> 1:00 Catholic Bible Study TL 2:00 -3:00 Bistro Open <b>2:30 Book Club TL</b> 5:30 5 Crown Card Game MP 6:00 Hand and Foot 1MR</p>	<p>9 7:00 Wii Bowling TL <b>9:00 Water Aerobics with Sarah Pool</b> 9:50 Surprise Marketplace Out 10:00 -11:00 Mens Social Hour CR 10:00 -11:00 Short Stop Store <b>12:30 1:30 How to use your phone, computer, tablet CR</b> 1:00 Mahjong TL 1:15 Bridge 1MR 2:00 Po.Ke.No MP</p>	<p>10 7:00 Wii Bowling TL <b>10:00 -2:00 Papparazzi Accessories Jewelry FP</b> 10:00 Stretch Class TL 10:50 Safeway Shopping Out 11:00 Wii Bowling TL 1:00 -2:00 Devotion and Prayer MP <b>2:00 -3:00 Bistro Open</b> <b>3:00 Carrabba's Dinner Outing</b> 6:00 Dime Bingo TL</p>	<p>11 9:30 Chair Exercise TL 9:30 Walmart Shopping Out <b>10:30 Knit, Crochet, etc. TL</b> 1:30 Mexican Train 1MR 2:00 -3:00 Short Stop Store 5:30 Jackpot Bingo MP 6:00 Comedy Movie TL</p>	<p>12 7:00 Wii Bowling TL 9:30 Fitness Focus w/Alison TL <b>2:30 Hot Topics in the News MP</b> 6:00 Action Movie TL <b>6:00 Peter Davis Performance FP</b> 6:00 Poker 1MR</p>	<p>13 7:00 Wii Bowling TL 9:00 Tai Chi TL 6:00 Romantic Movie TL</p>
<p>14 1:30 Bunco TL 1:30 Catholic Communion, Rosary, and Chaplet CR 2:00 Bible Study with Tony MP 6:00 Family Movie TL</p>	<p>15 7:00 Wii Bowling TL 9:30 Fitness Focus w/Alison TL <b>11:30 State 48 Brewery Lunch Outing</b> 1:00 Catholic Bible Study TL 2:00 -3:00 Bistro Open <b>2:30 Book Club TL</b> 5:30 5 Crown Card Game MP 6:00 Hand and Foot 1MR</p>	<p>16 7:00 Wii Bowling TL <b>9:00 Water Aerobics with Sarah Pool</b> 9:50 Surprise Marketplace Out 10:00 -11:00 Mens Social Hour CR 10:00 -11:00 Short Stop Store 1:00 Mahjong TL 1:15 Bridge 1MR <b>1:30 -2:30 Donations for Community Yard Sale CR</b> 2:00 Po.Ke.No MP</p>	<p>17 7:00 Wii Bowling TL <b>9:30 Birthday Breakfast MP</b> 10:00 Stretch Class TL 10:50 Fry's Shopping Out 11:00 Wii Bowling TL 1:00 -2:00 Devotion and Prayer MP <b>1:30 -2:30 Donations for Community Yard Sale CR</b> <b>2:00 -3:00 Bistro Open</b> 6:00 Dime Bingo TL</p>	<p>18 9:30 Chair Exercise TL 9:30 Walmart Shopping Out <b>10:30 Knit, Crochet, etc. TL</b> 1:30 Mexican Train 1MR 2:00 -3:00 Short Stop Store 5:30 Jackpot Bingo MP 6:00 Comedy Movie TL</p>	<p>19 7:00 Wii Bowling TL <b>8:00 -1:00 Community Yard Sale FP</b> 9:30 Fitness Focus w/Alison TL <b>2:30 Hot Topics in the News MP</b> 6:00 Action Movie TL 6:00 Poker 1MR</p>	<p>20 7:00 Wii Bowling TL 9:00 Tai Chi TL 6:00 Romantic Movie TL</p>
<p>21 1:30 Bunco TL 1:30 Catholic Communion, Rosary, and Chaplet CR 2:00 Bible Study with Tony MP 6:00 Family Movie TL</p>	<p>22 7:00 Wii Bowling TL <b>9:00 -12:00 Casino Outing</b> 9:30 Fitness Focus w/Alison TL 1:00 Catholic Bible Study TL 2:00 -3:00 Bistro Open <b>2:30 Book Club TL</b> 5:30 5 Crown Card Game MP 6:00 Hand and Foot 1MR</p>	<p>23 7:00 Wii Bowling TL <b>9:00 Water Aerobics with Sarah Pool</b> 9:50 Surprise Marketplace Out 10:00 -11:00 Mens Social Hour CR 10:00 -11:00 Short Stop Store 1:00 Mahjong TL 1:15 Bridge 1MR 2:00 Po.Ke.No MP</p>	<p>24 7:00 Wii Bowling TL 10:00 Stretch Class TL 10:50 Safeway Shopping Out 11:00 Wii Bowling TL 1:00 -2:00 Devotion and Prayer MP <b>2:00 -3:00 Bistro Open</b> 6:00 Dime Bingo TL</p>	<p>25 9:30 Chair Exercise TL 9:30 Walmart Shopping Out <b>10:30 Knit, Crochet, etc. TL</b> <b>12:00 Make Monkey Bread with Sarah MP</b> 1:30 Mexican Train 1MR 2:00 -3:00 Short Stop Store 5:30 Jackpot Bingo MP 6:00 Comedy Movie TL</p>	<p>26 7:00 Wii Bowling TL 9:30 Fitness Focus w/Alison TL <b>2:30 Happy Hour MP</b> 6:00 Action Movie TL 6:00 Poker 1MR</p>	<p>27 7:00 Wii Bowling TL 9:00 Tai Chi TL 6:00 Romantic Movie TL</p>
<p>28 1:30 Bunco TL 1:30 Catholic Communion, Rosary, and Chaplet CR 2:00 Bible Study with Tony MP 6:00 Family Movie TL</p>	<p>29 7:00 Wii Bowling TL 9:30 Fitness Focus w/Alison TL <b>10:00 -2:00 Don Scott Fashion Vendor FP</b> 1:00 Catholic Bible Study TL 2:00 -3:00 Bistro Open <b>2:30 Book Club TL</b> 5:30 5 Crown Card Game MP 6:00 Hand and Foot 1MR</p>	<p>30 7:00 Wii Bowling TL <b>9:00 Water Aerobics with Sarah Pool</b> 9:50 Surprise Marketplace Out 10:00 -11:00 Mens Social Hour CR 10:00 -11:00 Short Stop Store 1:00 Mahjong TL 1:15 Bridge 1MR 2:00 Po.Ke.No MP</p>	<p>31 7:00 Wii Bowling TL 10:00 Stretch Class TL 10:50 Fry's Shopping Out <b>11:00 Biscuits Cafe Lunch Outing</b> 11:00 Wii Bowling TL 1:00 -2:00 Devotion and Prayer MP <b>2:00 -3:00 Bistro Open</b> 6:00 Dime Bingo TL</p>			

## August Birthdays!



Tom Reemtsma 08/01  
 Nancy Sanders 08/01  
 Betty Currie 08/01  
 Jane Linville 08/13  
 Theresa Wright 08/17  
 Jeannette Ransom 08/26

# SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

Solution

1	2	9	5	9	7	4	8	3
3	7	6	9	8	1	4	8	5
8	4	8	2	1	5	4	7	6
4	9	3	8	5	7	1	6	2
5	8	5	6	3	9	7	1	4
6	5	8	1	4	2	3	9	7
8	7	6	5	1	4	2	3	9
9	3	5	2	6	8	7	1	4
1	4	2	9	7	3	8	5	6

1	4		9		3			6
		5		6				
8							3	
	5		1	4				7
		7	6		9	4		
4				5	7			
	6							8
				8		9		
3			7		5		2	1