



Vista Winds

Retirement Community

28783 N Vistancia Blvd • Peoria, AZ 85383 • Phone: (623) 253-6690

Staff Directory

Donna Zawodniak Executive Director
 Joseph Hayes Marketing Director
 Sharon Zigan Nursing Director
 Mary Hayes Activities Director
 Kenny Thompson Chef

Dining Room Hours

Breakfast 7:30AM-9:30AM
 Lunch 11:30AM-2:30PM
 Dinner 3:30PM-6:30PM



June Birthdays

6/2 Walter Ludke

A Day for Dads

Father's Day is celebrated on the third Sunday in June. It is a time to honor fathers, celebrate fatherhood and appreciate the influence of fathers in society. Let all the fathers in your life know how special they are on this day just for them.

June 2022



Favorite Frosty Treats

With a clanging bell or a happy tune to announce their arrival, ice cream trucks have served frozen novelties for generations. Sample some of these time-tested favorites:

Ice cream sandwiches. A New York City pushcart peddler is credited with inventing the ice cream sandwich in 1899. For a penny, the vendor placed a scoop of vanilla ice cream between two graham wafers, offering a new way to enjoy the frozen treat on the go.

Popsicles. An 11-year-old California boy named Frank Epperson accidentally made culinary history in 1905 by leaving a cup of water with powdered soda and a stirring stick out overnight. The concoction froze, and the Popsicle was born. About two decades later, Epperson sold his patent for the "frozen drink on a stick," and it took off across the country.

Ice cream bars. In 1920, a young boy walked into the Iowa shop of Christian Kent Nelson and couldn't decide whether to spend his nickel on ice cream or a chocolate bar. So Nelson began working on a way to combine the two, and after weeks of work, he created the chocolate-coated ice cream bar.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 S1 Puzzles 10:00 AR Bingo 11:00 LY Lunch Outing- Chili's 1:30 AR Relaxing Art 2:30 AR Hand & Foot	2 9:00 S2 Mexican Train 10:00 AR Chair Exercise 1:00 PR Paint With Mary 2:30 S2 Poker	3 9:00 AR Coffee Chat 10:00 AR Uno 1:30 AR Manicures 2:30 AR Hand & Foot	4 9:45 T Movie Marathon 10:00 AR Phase 10 1:00 AR Relaxing Art 1:30 T Movie Marathon 2:00 S1 Puzzles
5 9:45 T Movie Marathon 10:00 AR Bingo 1:30 T Movie Marathon 2:00 AR Card Games 2:30 CY Let's kick it in the courtyard	6 9:00 AR Bowling 9:00 FR Safeway Shopping Trip 10:00 AR Bingo 2:00 AR Ice Cream Social 3:00 S1 Puzzles	7 9:30 LY Walking Club 10:15 AR Kings in the Corner 1:00 IL Bridge on Independent Living 1:00 AR Chair Exercise 3:00 AR Prayer Group	8 9:00 S1 Puzzles 10:00 AR Bingo 11:00 LY Lunch Outing- IHOP 1:30 AR Relaxing Art 2:30 AR Hand & Foot	9 9:00 S2 Mexican Train 10:00 AR Chair Exercise 1:00 AR Arts & Crafts 2:30 S2 Canasta	10 9:00 AR Coffee Chat 10:00 AR Uno 1:30 AR Hand & Foot	11 9:45 T Movie Marathon 10:00 AR Phase 10 1:00 AR Relaxing Art 1:30 T Movie Marathon 2:00 S1 Puzzles
12 9:45 T Movie Marathon 10:00 AR Bingo 1:30 T Movie Marathon 2:00 AR Card Games 2:30 CY Let's kick it in the courtyard	13 9:00 AR Bowling 9:00 FR Safeway Shopping Trip 10:00 AR Bingo 2:00 AR Happy Hour 3:00 S1 Puzzles	14 9:30 LY Walking Club 10:15 AR Kings in the Corner 1:00 IL Bridge on Independent Living 1:00 AR Chair Exercise 3:00 AR Prayer Group	15 9:00 S1 Puzzles 10:00 AR Bingo 1:30 AR Relaxing Art 2:30 Sing Along with Ginny Entertainment	16 9:00 S2 Mexican Train 10:00 AR Chair Exercise 11:15 Resident Council Meeting 1:00 PR Paint With Mary 2:30 S2 Poker	17 11:30 Father's Day Brunch 1:30 AR Manicures 2:30 AR Hand & Foot	18 9:45 T Movie Marathon 10:00 AR Phase 10 1:00 AR Relaxing Art 1:30 T Movie Marathon 2:00 S1 Puzzles
19 Happy Father's Day 9:45 T Movie Marathon 10:00 AR Bingo 1:30 T Movie Marathon 2:00 AR Card Games 2:30 CY Let's kick it in the courtyard	20 Juneteenth (Observed) 9:00 AR Bowling 9:00 FR Safeway Shopping Trip 10:00 AR Bingo 2:00 AR Root Beer Float Social 3:00 S1 Puzzles	21 9:30 LY Walking Club 10:15 AR Kings in the Corner 1:00 IL Bridge on Independent Living 1:00 AR Chair Exercise 3:00 AR Prayer Group	22 9:00 S1 Puzzles 10:00 AR Bingo 1:30 AR Relaxing Art 2:30 AR Hand & Foot	23 9:00 S2 Mexican Train 10:00 AR Chair Exercise 1:00 AR Arts & Crafts 2:30 S2 Canasta	24 9:00 AR Coffee Chat 10:00 AR Uno 1:30 AR Hand & Foot	25 9:45 T Movie Marathon 10:00 AR Phase 10 1:00 AR Relaxing Art 1:30 T Movie Marathon 2:00 S1 Puzzles
26 9:45 T Movie Marathon 10:00 AR Bingo 1:30 T Movie Marathon 2:00 AR Card Games 2:30 CY Let's kick it in the courtyard	27 9:00 AR Bowling 9:00 FR Safeway Shopping Trip 10:00 AR Bingo 2:00 AR Happy Hour 3:00 S1 Puzzles	28 9:30 LY Walking Club 10:15 AR Kings in the Corner 1:00 IL Bridge on Independent Living 1:00 AR Chair Exercise 3:00 AR Prayer Group	29 9:00 S1 Puzzles 10:00 AR Bingo 11:00 Outing Desert Diamond Casino 1:30 AR Relaxing Art 2:30 AR Hand & Foot	30 9:00 S2 Mexican Train 10:00 AR Chair Exercise 1:00 PR Paint With Mary 2:30 S2 Poker		

Word Search

Category: Nations of Europe

K R A A M N E D I I T A L L Y A	Y A D W I R E L A G D L T C P I N O A R A E A Z C E O N E N F R W N E R S L R Y D D I S D R C X Y A T N I A B E L G I U M N U A T D N A L E R I S D G M A I N A B L A T V I A R L D N A L T O C S S L E Y A U S T R I A X C S G	1. Belgium 2. _____ 3. _____ 4. _____ 5. _____ 6. _____ 7. _____ 8. _____ 9. _____ 10. _____ 11. _____ 12. _____ 13. _____ 14. _____ 15. _____ 16. _____ 17. _____ 18. _____ 19. _____ 20. _____
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Word Search Solution:

- Albania
- Austria
- Belgium
- Bulgaria
- Denmark
- Finland
- France
- Germany
- Hungary
- Iceland
- Ireland
- Italy
- Latvia
- Norway
- Poland
- Portugal
- Scotland
- Spain
- Sweden
- Switzerland

