



Desert Winds

Retirement Community

20554 N 101st Ave • Peoria, AZ 85382 • (623) 362-1200

Find Your Inner Hero

"Hard times don't create heroes. It is during the hard times when the hero within us is revealed." —Bob Riley

Women in the Army

After the U.S. joined World War II, the Women's Army Auxiliary Corps was formed in May 1942, allowing women to enlist in the Army to serve in noncombat roles. Just a year later, the word "auxiliary" was dropped, giving WAC members full military benefits and paving the way for women to officially serve in all branches of the armed forces.

Hats and Horses

Hats off to those who sport special headwear at the Kentucky Derby. The hat tradition—with options ranging from sublime to silly—dates back to 1875. At that time, those attending the Derby considered it a social affair. As a result, race organizers invited women's clubs, whose members dressed in their finest attire.

Memorable Melody: 'Pomp and Circumstance'

For more than a century, school graduates have walked into the future to the tune of Edward Elgar's famous march "Pomp and Circumstance." The piece, which has an air of both ceremony and sentiment, was written in 1901 for the coronation of England's King Edward VII. It first became associated with graduations in 1905, when it was played at Yale University's commencement ceremony, where Elgar was awarded an honorary degree.

May 2022



Florists on Wheels

Sharing the streets with food trucks are members of the latest mobile business trend: flower trucks! Bringing fresh-cut blooms to farmers' markets, craft fairs, private parties and other public events, these floral fleets allow customers to assemble their own unique bouquets on the spot. Since many flower trucks are refurbished from vintage vans, campers, pickup trucks and buses, they offer additional aesthetic appeal for folks wanting to snap a springtime photo for social media.

Call of Remembrance

The 24 notes that sound out the bugle call known as taps will be played at numerous events this Memorial Day. The solemn melody has been around since the Civil War, when it was adapted from existing bugle calls that signaled the end of the day. Upon hearing the call, soldiers knew to extinguish their lamps and get ready for bed.



May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:15 Bus Pickup from Church of the Palms for Church Service (lb) 2:00 Bingo (bh) 5:00 Billiards (2fn)</p>	<p>2</p> <p>9:00 Mini Manicures (m) 10:30 Chair Exercise with Lynn (bh) 2:00 Bingo (bh) 5:00 Texas Hold 'Em Poker (1nl)</p>	<p>3</p> <p>9:00 Aqua Aerobics (pl) 10:00 Hand and Foot Card Game (1nl) 10:00 Trivia with Lynn (m) 12:00 Groceries at Fry's or Bashas' (lb) 2:00 Skip-Bo Card Game (m) 5:00 Mexican Train (m)</p>	<p>4</p> <p>10:00 Chair Exercise with Lynn (bh) 10:30 Bible Fellowship (t) 12:00 Groceries at Fry's or Bashas' (lb) 2:00 Bingo (bh) 6:00 Movie (cc) (t)</p>	<p>5</p> <p>8:45 Groceries at Fry's or Bashas' (lb) 9:00 Aqua Aerobics (pl) 10:00 Hand and Foot Card Game (1nl) 11:30 Bus to Arrowhead Mall (lb) 2:00 "Golf" Card Game (m) 2:00 It's Smoothie Time (lb)</p>	<p>6</p> <p>No Transportation 10:00 Tour of the Martin Auto Museum and Lunch at Bobby-Q BBQ Restaurant and Steakhouse (lb) 2:00 Scrabble (bh) 5:00 Texas Hold 'Em Poker (1nl)</p>	<p>7</p> <p>10:00 Knitting and Loom Ladies (bh) 10:00 Wii Bowling/Golf (t) 1:00 Pokeno (m) 3:00 Blood Pressure Check (l) 6:00 Movie (cc) (t)</p>
<p>8</p> <p>Mother's Day 9:15 Bus Pickup from Church of the Palms for Church Service (lb) 2:00 Bingo (bh) 5:00 Billiards (2fn)</p>	<p>9</p> <p>9:00 Mini Manicures (m) 11:30 Red Hat Ladies Luncheon (dr) 2:00 Bingo (bh) 5:00 Texas Hold 'Em Poker (1nl)</p>	<p>10</p> <p>9:00 Aqua Aerobics (pl) 10:00 Chair Exercise with Lynn (bh) 10:00 Hand and Foot Card Game (1nl) 12:00 Groceries at Fry's or Bashas' (lb) 2:00 Skip-Bo Card Game (m) 5:00 Mexican Train (m)</p>	<p>11</p> <p>9:30 Tai Chi with Diane (bh) 12:00 Groceries at Fry's or Bashas' (lb) 2:00 Bingo (bh) 6:00 Movie (cc) (t)</p>	<p>12</p> <p>8:45 Groceries at Fry's or Bashas' (lb) 9:00 Aqua Aerobics (pl) 9:30 Men's Coffee (m) 10:00 Chair Exercise with Lynn (bh) 10:00 Hand and Foot Card Game (1nl) 11:30 Bus to Walmart (lb) 1:30 Live Jeopardy (lb) 2:00 "Golf" Card Game (m)</p>	<p>13</p> <p>9:30 Bean Bag Toss (p) 11:00 Lunch at Abuelo's Mexican Restaurant (lb) 2:00 Scrabble (bh) 5:00 Texas Hold 'Em Poker (1nl)</p>	<p>14</p> <p>10:00 Knitting and Loom Ladies (bh) 10:00 Wii Bowling/Golf (t) 1:00 Pokeno (m) 3:00 Blood Pressure Check (l) 6:00 Movie (cc) (t)</p>
<p>15</p> <p>9:15 Bus Pickup from Church of the Palms for Church Service (lb) 2:00 Bingo (bh) 5:00 Billiards (2fn)</p>	<p>16</p> <p>Full Moon 9:00 Harkins Movie Day (lb) 2:00 Bingo (bh) 5:00 Texas Hold 'Em Poker (1nl)</p>	<p>17</p> <p>9:00 Aqua Aerobics (pl) 10:00 Chair Exercise with Lynn (bh) 10:00 Hand and Foot Card Game (1nl) 12:00 Groceries at Fry's or Bashas' (lb) 2:00 Skip-Bo Card Game (m) 5:00 Mexican Train (m)</p>	<p>18</p> <p>9:30 Tai Chi with Diane (bh) 10:30 Bible Fellowship (t) 10:30 Chair Exercise with Lynn (bh) 12:00 Groceries at Fry's or Bashas' (lb) 2:00 Bingo (bh) 6:00 Movie (cc) (t)</p>	<p>19</p> <p>8:45 Groceries at Fry's or Bashas' (lb) 9:00 Aqua Aerobics (pl) 10:00 Hand and Foot Card Game (1nl) 11:30 Bus to 99cent Store/Sprouts (lb) 2:00 "Golf" Card Game (m)</p>	<p>20</p> <p>No Transportation 9:00 Bus to Vee Quiva Casino (lb) 2:00 Scrabble (bh) 5:00 Texas Hold 'Em Poker (1nl)</p>	<p>21</p> <p>Armed Forces Day 10:00 Knitting and Loom Ladies (bh) 10:00 Wii Bowling/Golf (t) 1:00 Pokeno (m) 3:00 Blood Pressure Check (l) 6:00 Movie (cc) (t)</p>
<p>22</p> <p>9:15 Bus Pickup from Church of the Palms for Church Service (lb) 2:00 Bingo (bh) 5:00 Billiards (2fn)</p>	<p>23</p> <p>9:00 Mini Manicures (m) 11:00 Red Hat Ladies Lunch at Shanghai Grill (lb) 2:00 Bingo (bh) 5:00 Texas Hold 'Em Poker (1nl)</p>	<p>24</p> <p>9:00 Aqua Aerobics (pl) 10:00 Breakfast at Mimi's Cafe (lb) 10:00 Chair Exercise with Lynn (bh) 10:00 Hand and Foot Card Game (1nl) 12:00 Groceries at Fry's or Bashas' (lb) 2:00 Skip-Bo Card Game (m) 2:30 Catholic Mass (t) 5:00 Mexican Train (m)</p>	<p>25</p> <p>9:30 Tai Chi with Diane (bh) 10:30 Chair Exercise with Lynn (bh) 12:00 Groceries at Fry's or Bashas' (lb) 12:00 May Birthday Luncheon (dr) 2:00 Bingo (bh) 6:00 Movie (cc) (t)</p>	<p>26</p> <p>8:45 Groceries at Fry's or Bashas' (lb) 9:00 Aqua Aerobics (pl) 10:00 Hand and Foot Card Game (1nl) 10:00 Ladies' Social (bh) 11:30 Bus to Walmart (lb) 2:00 "Golf" Card Game (m) 2:00 Spring Fling Social (lb)</p>	<p>27</p> <p>11:30 Memorial Day BBQ on the Patio with Entertainment by Singer Alesa (p) 2:00 Scrabble (bh) 5:00 Texas Hold 'Em Poker (1nl)</p>	<p>28</p> <p>10:00 Knitting and Loom Ladies (bh) 10:00 Wii Bowling/Golf (t) 1:00 Pokeno (m) 3:00 Blood Pressure Check (l) 6:00 Movie (cc) (t)</p>
<p>29</p> <p>9:15 Bus Pickup from Church of the Palms for Church Service (lb) 2:00 Bingo (bh) 5:00 Billiards (2fn)</p>	<p>30</p> <p>Memorial Day No Transportation 5:00 Texas Hold 'Em Poker (1nl)</p>	<p>31</p> <p>9:00 Aqua Aerobics (pl) 10:00 Coloring with Lynn (m) 10:00 Hand and Foot Card Game (1nl) 12:00 Groceries at Fry's or Bashas' (lb) 2:00 Skip-Bo Card Game (m) 5:00 Mexican Train (m)</p>	<p>All Events Are Subject to Change</p>		<p>Birthstone: Emerald Flowers: Lily of the Valley or Hawthorn Colors: Yellow and Red</p>	<p>bh - Bingo Hall l - Library 1nl - 1st Floor North Lounge t - Theater pdr - Private Dining Room p - pool</p>

m - Meeting Room
dr - Dining Room
lb - Lobby
p - Patio
2fn - 2nd Floor North



Fragrances of the Famous

Many celebrities have put their names on perfume bottles and released their own fragrances. Sniff out these popular scents from some of the world's biggest stars.

<u>Year</u>	<u>Fragrance Name</u>	<u>Celebrity</u>
1957	Teddy Bear	Elvis Presley
1957	L'Interdit	Audrey Hepburn
1981	Sophia	Sophia Loren
1987	Uninhibited	Cher
1991	White Diamonds	Elizabeth Taylor
1997	Legend	Michael Jordan
2002	Glow	Jennifer Lopez
2005	Instinct	David Beckham
2014	Rise	Beyoncé

"This Month In History"

MAY

1908: The first Mother's Day celebrations are held at gatherings in Grafton, W.Va., and Philadelphia.

1936: Joe DiMaggio makes his MLB debut, taking the field as a New York Yankee.

1942: To help the American war effort, gas rationing begins in 17 eastern states. By the end of the year, it was in effect in all 48 states.

1963: The first James Bond film, "Dr. No," premieres in the U.S. Scottish actor Sean Connery portrayed the fictional secret agent.

1973: Stevie Wonder's "You Are the Sunshine of My Life" is the No. 1 song played across the U.S.

1980: An earthquake triggers the volcanic eruption of Washington's Mount St. Helens.

1999: Discovery becomes the first space shuttle to dock with the International Space Station.

2003: After a 16-year run on Broadway, the musical "Les Miserables" closes.

2013: An 80-year-old Japanese man becomes the oldest person to climb Mount Everest, the world's highest mountain.

2018: England's Prince Harry marries American actress Meghan Markle in a ceremony broadcast around the world. The pair received the titles Duke and Duchess of Sussex.